# Pilot study of Cognitive Behaviour Therapy (CBT) versus usual treatment in those with Antisocial Personality Disorder (ASPD) with aggressive behaviour

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
16/08/2005		☐ Protocol		
Registration date 07/10/2005	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 20/08/2009	Condition category  Mental and Behavioural Disorders	Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

Protocol serial number G0400922 ID: 71697

# Study information

#### Scientific Title

#### Acronym

**ASCOT** 

#### Study objectives

This pilot study has four specific and related aims.

- 1. Development of treatment
- 2. Chart treatment as usual
- 3. Test out standardised measures and different modes of delivery if levels of literacy are found to be poor
- 4. Determine a preliminary efficacy estimate for CBT in this group

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Added as of 13/08/2007:

1. Ethics Board for lead site: NHS Greater Glasgow Primary Care Trust (Community and Mental Health), approved on 16/05/2005 (ref: 05/S0701/46)

#### Other sites:

- 2. St Mary's Research Ethics Committee, approved on 10/06/2005
- 3. Ealing and West London Mental Health Trust (WLMHT) Local Research Ethics Committee, approved on 17/11/2005

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Antisocial Personality Disorder

#### **Interventions**

Cognitive behaviour therapy versus usual treatment

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Aggression & offending behaviour

#### Key secondary outcome(s))

- 1. Social functioning
- 2. Anxiety and depression
- 3. Anger
- 4. Cost effectiveness

#### Completion date

12/09/2007

# Eligibility

#### Key inclusion criteria

- 1. A diagnosis of ASPD with aggressive behaviour
- 2. Aged 18 or above
- 3. Affirmation of any item on the Amended MacArthur Community Violence Screening Instrument (MCVSI)\* interview (\*3 months prior to baseline)

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Those who are currently receiving inpatient treatment for a mental state disorder
- 2. Those currently receiving a systematic psychological therapy
- 3. Those who have insufficient knowledge of English to enable them to be assessed adequately and to understand the treatment approach

#### Date of first enrolment

13/09/2005

#### Date of final enrolment

12/09/2007

### Locations

#### Countries of recruitment

United Kingdom

Scotland

# **Study participating centre Psychological Medicine**Glasgow

United Kingdom G12 0XH

# Sponsor information

#### Organisation

Greater Glasgow NHS (UK)

#### **ROR**

https://ror.org/05kdz4d87

# Funder(s)

#### Funder type

Research council

#### **Funder Name**

Medical Research Council (MRC) (UK) (G0400922)

#### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

United Kingdom

# **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2009		Yes	No