

# Pilot study of Cognitive Behaviour Therapy (CBT) versus usual treatment in those with Antisocial Personality Disorder (ASPD) with aggressive behaviour

<b>Submission date</b> 16/08/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/10/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 20/08/2009	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
G0400922 ID: 71697

## Study information

## **Scientific Title**

### **Acronym**

ASCOT

### **Study objectives**

This pilot study has four specific and related aims.

1. Development of treatment
2. Chart treatment as usual
3. Test out standardised measures and different modes of delivery if levels of literacy are found to be poor
4. Determine a preliminary efficacy estimate for CBT in this group

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Added as of 13/08/2007:

1. Ethics Board for lead site: NHS Greater Glasgow Primary Care Trust (Community and Mental Health), approved on 16/05/2005 (ref: 05/S0701/46)

Other sites:

2. St Mary's Research Ethics Committee, approved on 10/06/2005
3. Ealing and West London Mental Health Trust (WLMHT) Local Research Ethics Committee, approved on 17/11/2005

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Antisocial Personality Disorder

### **Interventions**

Cognitive behaviour therapy versus usual treatment

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome(s)**

Aggression & offending behaviour

**Key secondary outcome(s)**

1. Social functioning
2. Anxiety and depression
3. Anger
4. Cost effectiveness

**Completion date**

12/09/2007

**Eligibility****Key inclusion criteria**

1. A diagnosis of ASPD with aggressive behaviour
2. Aged 18 or above
3. Affirmation of any item on the Amended MacArthur Community Violence Screening Instrument (MCVSI)\* interview (\*3 months prior to baseline)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Those who are currently receiving inpatient treatment for a mental state disorder
2. Those currently receiving a systematic psychological therapy
3. Those who have insufficient knowledge of English to enable them to be assessed adequately and to understand the treatment approach

**Date of first enrolment**

13/09/2005

**Date of final enrolment**

12/09/2007

**Locations****Countries of recruitment**

United Kingdom

Scotland

**Study participating centre**  
**Psychological Medicine**  
Glasgow  
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G12 0XH

## Sponsor information

### Organisation

Greater Glasgow NHS (UK)

### ROR

<https://ror.org/05kdz4d87>

## Funder(s)

### Funder type

Research council

### Funder Name

Medical Research Council (MRC) (UK) (G0400922)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2009		Yes	No