# Consequences from use of reminiscence: a randomised intervention study in ten Danish nursing homes

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
27/07/2009		Protocol		
Registration date	Overall study status	Statistical analysis plan		
27/08/2009	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
10/03/2011	Other			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Mr Jan Sørensen

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

2005-41-4870

# Study information

#### Scientific Title

An interventional non-blinded randomised study in ten Danish nursing homes of the benefits of reminiscence

#### Acronym

Reminiscence

### **Study objectives**

That the integration of reminiscence into daily nursing care would benefit nursing home residents and staff.

## Ethics approval required

Old ethics approval format

### Ethics approval(s)

The Danish guidelines regarding notification of studies to ethics committees specify that only trials involving the use of medicinal products, medical devices or collection of biological material should be sent for notification. As our study is based on questionnaires and interview examinations, and reminiscence is not considered a medical treatment, approval from an ethical committee was not required.

## Study design

Interventional randomised non-blinded two-armed study

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

### Study setting(s)

Other

# Study type(s)

Quality of life

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Nursing care

#### **Interventions**

Treatment arm 1:

Implementation of reminiscence: individual and group reminiscence sessions held with residents, supplemented by reminiscence boxes, posters and exhibitions. Duration: 1 year (August 2006 - August 2007). Nursing staff attended a training course to learn three forms of reminiscence:

general reminiscence (group sessions run by 1 - 2 nurses for typically 2 - 8 residents with similar backgrounds or interests), specific reminiscence (sessions for 1 - 2 residents structured around a theme and tailored to the individual residents communication needs) and spontaneous reminiscence (informal use of comments during regular daily activities).

#### Treatment arm 2:

Usual nursing care. Duration: 1 year (August 2006 - August 2007).

Total duration of follow-up for all arms: 1 year.

# Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

Nurses' attitudes towards professional role and contact with residents. Baseline measurements were undertaken in March, May and August 2006; follow-up measurements were undertaken in March and August 2007.

# Secondary outcome measures

Residents' quality of life (proxy assessment). Baseline measurements were undertaken in March, May and August 2006; follow-up measurements were undertaken in March and August 2007.

## Overall study start date

01/08/2005

# Completion date

30/09/2007

# Eligibility

# Key inclusion criteria

- 1. Nursing homes in the Mid-Jutland Region with at least 35 residents (either sex, no age limit) who were willing to participate in study
- 2. Signed informed consent from residents/relatives

#### Participant type(s)

Patient

#### Age group

Other

#### Sex

Both

# Target number of participants

350 nursing home residents

# Key exclusion criteria

Nursing homes that already used reminiscence on a systematic basis.

#### Date of first enrolment

01/08/2005

#### Date of final enrolment

30/09/2007

# Locations

#### Countries of recruitment

Denmark

#### Study participating centre

CAST - Centre for Applied Health Services Research & Technology Assessment

Odense

Denmark 5000

Sponsor information

# Organisation

Social Services Board of the Ministry for Social Affairs (Denmark)

# Sponsor details

Skibhusvej 42, 3. sal Odense Denmark 5000

# Sponsor type

Government

#### Website

http://www.servicestyrelsen.dk/wm141186

# Funder(s)

#### Funder type

Government

#### Funder Name

Social Services Board of the Ministry for Social Affairs (Denmark) (ref: j. nr. 367-14)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	06/06/2010		Yes	No