

# A randomised controlled pilot study of weight-bearing standing programmes on bone mineral density in non-ambulant cerebral palsy children.

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 08/12/2009	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Zulficar Mughal

### Contact details

Department of Paediatrics  
St Mary's Hospital for Women and Children  
Hathersage Road  
Manchester  
United Kingdom  
M13 0JH  
+44 (0)161 276 6501

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

### Secondary identifying numbers

PCD2/A1/306

# Study information

## Scientific Title

### Study objectives

The overall objective of this randomised pilot intervention study is to determine whether participation in a weight-bearing standing programme (approximately 50% increase in vertical or prone standing for one year) will lead to an improvement in volumetric bone mineral density of non-ambulant children with cerebral palsy.

Please note that as of 26/11/09 this record has been updated. All updates can be found in the relevant field with the above update date. Updated information was taken from 2004 publication (link below).

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Cerebral palsy

### Interventions

Added 26/11/09

A heterogeneous group of 26 pre-pubertal children with CP (14 boys, 12 girls; age 4.3-10.8 years) participated in this randomised controlled trial. Subjects were matched into pairs using baseline vertebral vTBMD standard deviation scores. Children within the pairs were randomly allocated to either intervention (50% increase in the regular standing duration) or control (no increase in the regular standing duration) groups. Pre- and post-trial vertebral and proximal tibial vTBMD was measured by quantitative computed tomography (QCT)

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Change in volumetric bone mineral density

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/11/1997

**Completion date**

31/10/2001

**Eligibility****Key inclusion criteria**

Non-ambulant cerebral palsy children who are able to weight-bear in a standing frame.

**Participant type(s)**

Patient

**Age group**

Child

**Sex**

Both

**Target number of participants**

26

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/11/1997

**Date of final enrolment**

31/10/2001

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Department of Paediatrics**  
Manchester  
United Kingdom  
M13 0JH

## Sponsor information

### Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

### Sponsor details

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### Sponsor type

Government

### Website

<http://www.doh.gov.uk>

## Funder(s)

### Funder type

Government

### Funder Name

NHS National Physical and Complex Disabilities Programme (UK)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2004		Yes	No