# Randomised phase III study in elderly patients with a multiple myeloma on the value of Thalidomide added to Melphalan plus Prednisone

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
20/12/2005	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
20/12/2005	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
04/02/2011	Cancer	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

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### Contact details

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# Additional identifiers

Protocol serial number NTR232; Ho49

# Study information

# Scientific Title

# Acronym

**HOVON 49 MM** 

# **Study objectives**

The outcome in arm B is better than in arm A.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

METC Ziekenhuis Leyenburg on the 23rd April 2002

Ref: 02.012

# Study design

Multicentre randomised open label active controlled parallel trial

# Primary study design

Interventional

# Study type(s)

**Not Specified** 

# Health condition(s) or problem(s) studied

Multiple Myeloma

### **Interventions**

Patients will be randomized on entry between:

Arm A: 8 cycles of Melphalan + Prednisone

Arm B: 8 cycles of Melphalan + Prednisone + Thalidomide

Non responders will be taken off protocol treatment after 3 cycles of therapy. If after 8 cycles a plateau-phase is reached therapy can be stopped. If after 8 cycles a patient still shows improvement of the disease, therapy will be continued until a plateau phase has been reached. Thalidomide (50 mg/day) in arm B will be continued until disease progression.

# Intervention Type

Drug

### Phase

Phase III

# Drug/device/biological/vaccine name(s)

Thalidomide, melphalan, prednisone

# Primary outcome(s)

- 1. Event free survival (i.e. time from registration to induction failure, death, progression or relapse whichever occurs first)
- 2. Response rate (complete response [CR] or partial response [PR])

# Key secondary outcome(s))

- 1. Quality of life
- 2. Toxicity of the combination therapy
- 3. Overall survival measured from time of registration. Patients still alive or lost to follow up are censored at the date they were last known to be alive.
- 4. Progression free survival measured from the time of achievement of PR (or CR) to date of relapse, progression or death from any cause (whichever occurs first)

# Completion date

01/01/2007

# **Eligibility**

# Key inclusion criteria

- 1. Patients with a confirmed diagnosis of multiple myeloma stage Ib, II or III according to the Salmon & Durie criteria
- 2. Age >65 years
- 3. WHO performance status 0-3
- 4. Measurable tumorparameter (M-protein or Bence Jones proteïnuria)
- 5. Written informed consent

# Participant type(s)

Patient

# Healthy volunteers allowed

No

# Age group

Senior

### Sex

All

# Key exclusion criteria

- 1. Known intolerance to Thalidomide
- 2. Systemic AL amyloidosis
- 3. Polyneuropathy
- 4. Severe cardiac dysfunction (NYHA classification II-IV)
- 5. Severe pulmonary dysfunction
- 6. Significant hepatic dysfunction (serum bilirubin ≥30 mmol/l or transaminases ≥25 times normal level), unless related to myeloma
- 7. Renal failure with dependency on dialysis
- 8. Patients with active, uncontrolled infections
- 9. Pre-treatment with cytostatic drug or alpha interferon
- 10. Patients known to be HIV-positive
- 11. Patients with a history of active malignancy during the past 5 years with the exception of basal carcinoma of the skin or stage 0 cervical carcinoma

# Date of first enrolment

01/08/2002

# Date of final enrolment

01/01/2007

# Locations

# Countries of recruitment

Netherlands

Study participating centre
Haga Hospital, location Leyenburg Hospital,
Den Haag
Netherlands
2504 LN

# Sponsor information

# Organisation

Dutch Haemato-Oncology Association (Stichting Hemato-Oncologie Volwassenen Nederland) (HOVON) (Netherlands)

# **ROR**

https://ror.org/056kpdx27

# Funder(s)

# Funder type

Charity

# Funder Name

The National Cancer Fund (Koningin Wilhelmina Fonds [KWF]) (Netherlands)

# **Funder Name**

Dutch Haemato-oncology Association (Stichting Hemato-Oncologie voor Volwassenen Nederland [HOVON]) (Netherlands)

# **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2010		Yes	No
Results article	results	17/03/2011		Yes	No