

# Mild to moderate claudication: the cost-effectiveness of supervised exercise programmes in patient management.

<b>Submission date</b>	<b>Recruitment status</b>	<input type="checkbox"/> Prospectively registered
25/04/2003	Stopped	<input type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
25/04/2003	Stopped	<input checked="" type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
21/08/2009	Circulatory System	<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

HTA 99/22/08

## Study information

**Scientific Title****Acronym**

EXACT

**Study objectives**

The main objectives of the study are as follows:

1. To compare outcomes for the following treatment strategies for patients with mild to moderate claudication:
  - 1.1. Angioplasty (i.e. status quo treatment)
  - 1.2. Supervised exercise programme
  - 1.3. Exercise and lifestyle advice only (control)
2. To measure the cost of each strategy, including treatment and subsequent health care costs, over 3 years
3. To compare costs and short-term to medium-term (6 months - 3 year) outcomes in different patient groups

Please note that, as of 21/08/2009, the start date of this trial has been updated from 1/09/2001 to 01/12/2001.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Cardiovascular diseases: peripheral arterial disease

**Interventions**

1. Angioplasty (i.e. status quo treatment)
2. Supervised exercise programme.
3. Exercise and lifestyle advice only (control)

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/05/2005

## Eligibility

**Key inclusion criteria**

Patients with claudication

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/12/2001

**Date of final enrolment**

31/05/2005

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

Department of Psychology

Worcester

United Kingdom

WR2 6AJ

# Sponsor information

## Organisation

Department of Health (UK)

## ROR

<https://ror.org/03sbpja79>

## Funder(s)

### Funder type

Government

### Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2006		Yes	No