

# Mild to moderate claudication: the cost-effectiveness of supervised exercise programmes in patient management.

<b>Submission date</b> 25/04/2003	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 25/04/2003	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/08/2009	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

HTA 99/22/08

# Study information

## Scientific Title

## Acronym

EXACT

## Study objectives

The main objectives of the study are as follows:

1. To compare outcomes for the following treatment strategies for patients with mild to moderate claudication:
  - 1.1. Angioplasty (i.e. status quo treatment)
  - 1.2. Supervised exercise programme
  - 1.3. Exercise and lifestyle advice only (control)
2. To measure the cost of each strategy, including treatment and subsequent health care costs, over 3 years
3. To compare costs and short-term to medium-term (6 months - 3 year) outcomes in different patient groups

Please note that, as of 21/08/2009, the start date of this trial has been updated from 1/09/2001 to 01/12/2001.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Cardiovascular diseases: peripheral arterial disease

### **Interventions**

1. Angioplasty (i.e. status quo treatment)
2. Supervised exercise programme.
3. Exercise and lifestyle advice only (control)

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome measure**

Not provided at time of registration

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/12/2001

### **Completion date**

31/05/2005

## **Eligibility**

### **Key inclusion criteria**

Patients with claudication

### **Participant type(s)**

Patient

### **Age group**

Not Specified

### **Sex**

Not Specified

### **Target number of participants**

Not provided at time of registration

### **Key exclusion criteria**

Not provided at time of registration

### **Date of first enrolment**

01/12/2001

### **Date of final enrolment**

31/05/2005

# Locations

## Countries of recruitment

England

United Kingdom

## Study participating centre

### Department of Psychology

Worcester

United Kingdom

WR2 6AJ

# Sponsor information

## Organisation

Department of Health (UK)

## Sponsor details

Quarry House

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## Sponsor type

Government

## Website

<http://www.dh.gov.uk/en/index.htm>

## ROR

<https://ror.org/03sbpja79>

# Funder(s)

## Funder type

Government

**Funder Name**

NIHR Health Technology Assessment Programme - HTA (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2006		Yes	No