

# The impact of COVID-19 pandemic on the assessment, management and outcomes for patients with common upper limb fractures

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 26/04/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 15/12/2022	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

The study aim is to investigate the impact of COVID-19 pandemic on wrist (distal radius) and shoulder (proximal humerus) fracture management within the UK, and investigate the impact on patient recovery.

### Who can participate?

Patients who have previously presented pre-pandemic (1 December 2019 to 14 March 2020) and during the prevalent phase of UK COVID-19 pandemic (15 March to 30 June 2020) to orthopaedic services with fractures of the wrist and shoulder.

### What does the study involve?

For patients who consent, we will collect baseline demographic data, underlying health conditions, fracture details, and preferred vs provided treatment. Follow up patient questionnaires at 12 and 24 months post injury will include questionnaires to assess outcomes. We will also collect data from hospitals on the details of treatment received; re-admissions; complications; secondary interventions; and mortality.

### What are the possible benefits and risks of participating?

The study will improve our understanding of the impact of the Covid-19 pandemic on upper limb fracture care. The results of this study are likely to generally help inform other research studies that have been suspended due to Covid-19, about the potential impact of the pandemic on participants of those studies and the impact on patient outcomes due to changes in treatment pathways during the pandemic. It may also help us design appropriate care pathways for patients with upper limb fractures if services are affected in the future as a result of a pandemic. There are no identified disadvantages or risks from taking part in this research study due to the observational nature.

### Where is the study run from?

The James Cook University Hospital (UK)

When is the study starting and how long is it expected to run for?  
January 2021 to May 2023

Who is funding the study?  
AO UK & I (UK)

Who is the main contact?  
Dr Lucksy Kottam, [lucksy.kottam@nhs.net](mailto:lucksy.kottam@nhs.net)  
Prof. Amar Rangan, [amar.rangan@york.ac.uk](mailto:amar.rangan@york.ac.uk)

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Lucksy Kottam

**ORCID ID**  
<https://orcid.org/0000-0002-7976-2416>

**Contact details**  
Room 12B04, STRIVE Academic Centre  
The James Cook University Hospital  
Marton Road  
Middlesbrough  
United Kingdom  
TS4 3BW  
+44 (0)1642854814  
[lucksy.kottam@nhs.net](mailto:lucksy.kottam@nhs.net)

**Type(s)**  
Scientific

**Contact name**  
Prof Amar Rangan

**ORCID ID**  
<https://orcid.org/0000-0002-5452-8578>

**Contact details**  
Room 12B04, STRIVE Academic Centre  
The James Cook University Hospital  
Marton Road  
Middlesbrough  
United Kingdom  
TS4 3BW  
+44 (0)1642854144  
[amar.rangan@york.ac.uk](mailto:amar.rangan@york.ac.uk)

# Additional identifiers

## Clinical Trials Information System (CTIS)

Nil known

## Integrated Research Application System (IRAS)

292033

## ClinicalTrials.gov (NCT)

Nil known

## Protocol serial number

CPMS 48040, IRAS 292033

# Study information

## Scientific Title

The impact of COVID-19 pandemic on the assessment, management and outcomes for patients with common upper limb fractures in the UK: a multi-centre observational cohort study.  
[FAMOUS-C19 (Fracture Assessment, Management and Outcomes in Upper limb Study during Covid-19)]

## Acronym

FAMOUS-C19

## Study objectives

The study aim is to investigate the impact of COVID-19 pandemic on wrist (distal radius) and shoulder (proximal humerus) fracture management within the UK, and to quantify any impact on patient outcomes.

This study has been designed to capture key information on changes in management of adults with common upper extremity fractures within orthopaedic trauma services in the UK during the COVID-19 pandemic. Patients with these fractures and their outcomes will be assessed to improve our understanding of the impact of the COVID-19 pandemic on fracture care. The results of this study are also likely to more generally help inform other clinical trials that have been suspended due to COVID-19, about the potential impact of the pandemic on trial participants. Our established and effective clinical recruiting networks for trauma and orthopaedic trials, including the trainee research collaborative CORNET (Collaborative Orthopaedic Research Network) will help deliver the project within the specified timescale.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved 07/01/2021 East Midlands - Derby Research Ethics Committee (The Old Chapel, Royal Standard Place, Nottingham, NG1 6FS, UK; +44 (0)2071048276; derby.rec@hra.nhs.uk), ref: 21/EM/0014

## Study design

Observational cohort study

## **Primary study design**

Observational

## **Study type(s)**

Other

## **Health condition(s) or problem(s) studied**

The impact of COVID-19 pandemic on patients with wrist or shoulder fracture

## **Interventions**

This is a UK-wide multi-centre observational study, including remote follow up with patient questionnaires. Up to 500 adult patients who have previously presented pre-pandemic (1 December 2019 to 14 March 2020) and during the prevalent phase of UK COVID-19 pandemic (15 March to 30 June 2020) to orthopaedic services with fractures of the wrist and shoulder will be approached to consider participating in the study.

For patients who consent, we will collect baseline demographic data, underlying health conditions, fracture details, and preferred vs provided treatment. Follow up patient questionnaires at 12 and 24 months post injury will include validated items to assess outcomes, and will include: EQ-5D-5L; other fracture specific measures (OSS, PRWE); COVID-19 status (suspected/confirmed); experiences in accessing health care; and satisfaction with treatment. We will also collect data from hospitals on the details of treatment received; re-admissions; complications; secondary interventions; and mortality.

## **Intervention Type**

Other

## **Primary outcome(s)**

Patient-reported outcomes in the management of upper extremity fractures:

1. OSS for Proximal Humeral Fractures at baseline and 24 months
2. PRWE for Wrist fractures at baseline and 24 months

## **Key secondary outcome(s)**

Collected at baseline:

1. Demographic data, underlying health conditions, fracture details, preferred vs provided treatment details.

Collected at 12 and 24 months:

2. Quality of life (EQ-5D-5L)
3. Fracture specific measures (OSS/PRWE)
4. COVID-19 status (suspected/confirmed) measured using 'Non validated Patient Reported Outcome Questionnaire'
5. Experiences in accessing health care measured using 'Numeric Rating Scale'
6. Satisfaction with treatment measured using – 'Numeric Rating Scale'
7. Loss of productivity (i.e. days off work; change in work status) measured using 'Non validated Patient Reported Outcome Questionnaire'

Collected at hospital follow-up 24 months using patient records:

8. Treatment received
9. Re-admissions

10. Complications  
11. Secondary interventions  
12. Mortality

**Completion date**

02/05/2023

## Eligibility

**Key inclusion criteria**

Adult patients who have presented to the orthopaedic trauma service within participating NHS hospitals with radiologically confirmed fractures of the proximal humerus or distal radius between 1 December 2019 to 14 March 2020 (Pre-pandemic phase) and between 15 March 2020 and 30 June 2020 (Pandemic phase).

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

Patients who lack the mental capacity to understand and complete the study procedures and pathological (other than osteoporotic/fragility related) fractures.

**Date of first enrolment**

01/04/2021

**Date of final enrolment**

31/12/2022

## Locations

**Countries of recruitment**

United Kingdom

England

Scotland

United States of America

**Study participating centre**

**The James Cook University Hospital**

South Tees Hospitals NHS Foundation Trust  
Marton Road  
Middlesbrough  
Cleveland  
United Kingdom  
TS4 3BW

**Study participating centre**

**University Hospital of North Tees**

North Tees and Hartlepool NHS Foundation Trust  
Hardwick  
Stockton on Tees  
United Kingdom  
TS19 8PE

**Study participating centre**

**Addenbrooke's Hospital**

Cambridge University Hospitals NHS Foundation Trust  
Hills Road  
Cambridge  
United Kingdom  
CB2 0QQ

**Study participating centre**

**Manchester Royal Infirmary**

Central Manchester University Hospitals NHS Foundation Trust  
Cobbett House  
Oxford Road  
Manchester  
United Kingdom  
M13 9WL

**Study participating centre**

**Royal Sussex County Hospital**

Brighton & Sussex University Hospitals  
Kemptown  
Brighton  
United Kingdom  
BN2 1ES

**Study participating centre**  
**Nottingham City Hospital**  
Nottingham University Hospitals NHS Trust  
Nottingham  
United Kingdom  
NG5 1PB

**Study participating centre**  
**The Royal London Hospital**  
Barts Health NHS Trust  
Whitechapel Road  
Whitechapel  
London  
United Kingdom  
E1 1BB

**Study participating centre**  
**Salford Royal Hospital**  
Salford Royal NHS foundation trust  
Stott Lane  
Salford  
United Kingdom  
M6 8HD

**Study participating centre**  
**Victoria Hospital**  
Blackpool Teaching Hospitals NHS Foundation Trust  
Whinney Heys Road  
Blackpool  
United Kingdom  
FY3 8NR

**Study participating centre**  
**Stepping Hill Hospital**  
Stockport NHS Foundation Trust  
Poplar Grove  
Hazel Grove  
Stockport  
United Kingdom  
SK2 7JE

**Study participating centre**  
**Tameside General Hospital**  
Tameside Hospital Integrated Care NHS Foundation Trust  
Fountain Street  
Ashton-under-Lyne  
United Kingdom  
OL6 9RW

**Study participating centre**  
**Frimley Park Hospital**  
Portsmouth Road  
Frimley  
United Kingdom  
GU16 7UJ

**Study participating centre**  
**University Hospital North Durham**  
County Durham and Darlington NHS foundation trust  
North road  
Durham  
United Kingdom  
DH1 5TW

**Study participating centre**  
**John Radcliffe Hospital**  
Oxford University Hospitals  
Kadoorie Centre  
Level 3  
Headley Way  
Oxford  
United Kingdom  
OX3 9DU

**Study participating centre**  
**Aintree University Hospital**  
Liverpool University Hospitals NHS Foundation Trust  
Lower Ln  
Liverpool  
United Kingdom  
L9 7AL



**Study participating centre**  
**Chesterfield Royal Hospital**  
Calow  
Top Road  
Chesterfield  
United Kingdom  
S44 5BL

**Study participating centre**  
**Princess Alexandra Hospital**  
The Princess Alexandra Hospital NHS Trust  
Hamstel Road  
Harlow  
United Kingdom  
CM20 1QX

**Study participating centre**  
**Leicester Royal Infirmary**  
University Hospitals of Leicester NHS Trust  
Leicester  
United Kingdom  
LE1 5WW

**Study participating centre**  
**North Manchester General Hospital**  
Pennine Acute Hospitals NHS trust  
Delaunays Road  
Crumpsall  
Manchester  
United Kingdom  
M8 5RB

**Study participating centre**  
**Norfolk & Norwich University Hospital**  
Norfolk and Norwich University Hospitals NHS Foundation Trust  
Colney Lane  
Norwich  
United Kingdom  
NR4 7UY

**Study participating centre**

**University Hospital Coventry**

University Hospitals Coventry and Warwickshire NHS Trust  
Clifford Bridge Road  
Coventry  
United Kingdom  
CV2 2DX

**Study participating centre****North Tyneside General Hospital**

Northumbria Healthcare NHS Foundation Trust  
North Shields  
United States of America  
NE29 8NH

**Study participating centre****Royal Victoria Infirmary**

The Newcastle Upon Tyne Hospitals NHS Foundation Trust  
Queen Victoria Road  
Newcastle Upon Tyne  
United Kingdom  
NE1 4LP

**Study participating centre****The Queen Elizabeth Hospital**

The Queen Elizabeth Hospital NHS Foundation Trust  
Gayton Road,  
King's Lynn  
United Kingdom  
PE30 4ET

**Study participating centre****Ipswich Hospital**

East Suffolk and North Essex NHS Foundation Trust  
Heath Road  
Ipswich  
United Kingdom  
IP4 5PD

**Study participating centre****Broomfield Hospital**

Mid and South Essex NHS Foundation Trust

Chelmsford  
United Kingdom  
CM1 7ET

**Study participating centre**

**Royal Blackburn Hospital**

East Lancashire Teaching Hospitals NHS Trust  
Haslingden Road  
Blackburn  
United Kingdom  
BB2 3HH

**Study participating centre**

**Glasgow Royal Infirmary**

NHS Greater Glasgow & Clyde  
84 Castle Street  
Glasgow  
United Kingdom  
G4 0SF

**Study participating centre**

**Aberdeen Royal Infirmary**

NHS Grampian  
Foresterhill  
Aberdeen  
United Kingdom  
AB25 2ZN

## **Sponsor information**

**Organisation**

South Tees Hospitals NHS Foundation Trust

**ROR**

<https://ror.org/02js17r36>

## **Funder(s)**

**Funder type**

Charity

## Funder Name

AO UK & I

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request. Anonymised aggregate data will be held securely at South Tees Hospitals NHS Foundation Trust and can be made available on appropriate request with clearly stated purpose. They could write to Prof Amar Rangan via email [amar.rangan@york.ac.uk](mailto:amar.rangan@york.ac.uk) with the request. Data will be available for 5 years from study completion.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Participant information sheet</a>	version V2.0	15/01/2020	26/04/2021	No	Yes
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes