A study to measure the health gain from providing GPs with training in the assessment and management of depression.

Submission date 23/01/2004	Recruitment status No longer recruiting	Prospectively registered	
		[] Protocol	
Registration date	Overall study status	[] Statistical analysis plan	
23/01/2004	Completed	[X] Results	
Last Edited	Condition category Mental and Behavioural Disorders	[] Individual participant data	
18/11/2010			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

Contact name Dr Linda Gask

Contact details

National Primary Care Research and Development Centre (NPCRDC) 5th Floor Williamson Building University of Manchester Oxford Road Manchester United Kingdom M13 9PL +44 (0)161 275 1848 Linda.Gask@man.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers NMH11C

Study information

Scientific Title

Study objectives Not provided at time of registration

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) GP practice

Study type(s) Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Depression, anxiety, neuroses

Interventions

A randomised controlled trial involving 40 principals in general practice and a sample of their depressed patients. Half of the general practitioners will undergo training at the beginning of the study and the other half will receive this later. General practitioners will be randomly allocated to each group. Patients will not be randomised. Specific baseline and follow-up (3 months, 6 months and 12 months after recruitment) measures will be made on 400 patients being treated for depression by the general practitioners (i.e. approximately 10 per general practitioner).

Intervention Type

Other

Phase

Not Specified

Primary outcome measure Not provided at time of registration

Secondary outcome measures Not provided at time of registration

Overall study start date 01/04/2003

Completion date 30/04/2004

Eligibility

Key inclusion criteria

Consecutive GP surgery attenders fulfilling the following criteria: aged 16-65 years; GP intention to treat for depression or currently being treated for depression; duration of symptoms not more than six months.

Participant type(s) Patient

Age group Adult

Sex Not Specified

Target number of participants Not provided at time of registration

Key exclusion criteria

Those suffering from psychotic illness, and those in the recovery phase of an illness.

Date of first enrolment 01/04/2003

Date of final enrolment 30/04/2004

Locations

Countries of recruitment England

United Kingdom

Study participating centre National Primary Care Research and Development Centre (NPCRDC) Manchester United Kingdom M13 9PL

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL

Sponsor type Government

Website http://www.doh.gov.uk

Funder(s)

Funder type Government

Funder Name NHS Mental Health National Research and Development Programme

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	01/01/2004		Yes	No