# A study to measure the health gain from providing GPs with training in the assessment and management of depression.

Submission date	Recruitment status	Prospectively registered
23/01/2004	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	[X] Results
Last Edited	Condition category	Individual participant data
18/11/2010	Mental and Behavioural Disorders	

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

Protocol serial number

NMH11C

# Study information

#### Scientific Title

#### **Study objectives**

Not provided at time of registration

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

**Not Specified** 

#### Health condition(s) or problem(s) studied

Depression, anxiety, neuroses

#### **Interventions**

A randomised controlled trial involving 40 principals in general practice and a sample of their depressed patients. Half of the general practitioners will undergo training at the beginning of the study and the other half will receive this later. General practitioners will be randomly allocated to each group. Patients will not be randomised. Specific baseline and follow-up (3 months, 6 months and 12 months after recruitment) measures will be made on 400 patients being treated for depression by the general practitioners (i.e. approximately 10 per general practitioner).

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Not provided at time of registration

#### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

30/04/2004

# Eligibility

#### Key inclusion criteria

Consecutive GP surgery attenders fulfilling the following criteria: aged 16-65 years; GP intention to treat for depression or currently being treated for depression; duration of symptoms not more than six months.

# Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

**Not Specified** 

#### Key exclusion criteria

Those suffering from psychotic illness, and those in the recovery phase of an illness.

#### Date of first enrolment

01/04/2003

#### Date of final enrolment

30/04/2004

# Locations

#### Countries of recruitment

**United Kingdom** 

England

## Study participating centre

National Primary Care Research and Development Centre (NPCRDC)

Manchester United Kingdom M13 9PL

# Sponsor information

#### Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

# Funder(s)

# Funder type

Government

#### Funder Name

NHS Mental Health National Research and Development Programme

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2004		Yes	No