

# A study to measure the health gain from providing GPs with training in the assessment and management of depression.

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|--|---|--|
| <b>Submission date</b><br>23/01/2004   | <b>Recruitment status</b><br>No longer recruiting             | <input type="checkbox"/> Prospectively registered    |
| <b>Registration date</b><br>23/01/2004 | <b>Overall study status</b><br>Completed                      | <input type="checkbox"/> Protocol                    |
| <b>Last Edited</b><br>18/11/2010       | <b>Condition category</b><br>Mental and Behavioural Disorders | <input type="checkbox"/> Statistical analysis plan   |
|  |   | <input checked="" type="checkbox"/> Results          |
|  |   | <input type="checkbox"/> Individual participant data |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Linda Gask

### Contact details

National Primary Care Research and Development Centre (NPCRDC)  
5th Floor Williamson Building  
University of Manchester  
Oxford Road  
Manchester  
United Kingdom  
M13 9PL  
+44 (0)161 275 1848  
[Linda.Gask@man.ac.uk](mailto:Linda.Gask@man.ac.uk)

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

NMH11C

# Study information

## Scientific Title

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Depression, anxiety, neuroses

## Interventions

A randomised controlled trial involving 40 principals in general practice and a sample of their depressed patients. Half of the general practitioners will undergo training at the beginning of the study and the other half will receive this later. General practitioners will be randomly allocated to each group. Patients will not be randomised. Specific baseline and follow-up (3 months, 6 months and 12 months after recruitment) measures will be made on 400 patients being treated for depression by the general practitioners (i.e. approximately 10 per general practitioner).

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/04/2003

**Completion date**

30/04/2004

## **Eligibility**

**Key inclusion criteria**

Consecutive GP surgery attenders fulfilling the following criteria: aged 16-65 years; GP intention to treat for depression or currently being treated for depression; duration of symptoms not more than six months.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Those suffering from psychotic illness, and those in the recovery phase of an illness.

**Date of first enrolment**

01/04/2003

**Date of final enrolment**

30/04/2004

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**National Primary Care Research and Development Centre (NPCRDC)**  
Manchester  
United Kingdom  
M13 9PL

## **Sponsor information**

### **Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

### **Sponsor details**

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

NHS Mental Health National Research and Development Programme

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/01/2004   |            | Yes            | No              |