

# Care for older persons on the emergency department: does a transitional geriatric care model (URGENT care model) prevent unplanned emergency department readmissions?

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<b>Registration date</b> 28/07/2017	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 09/08/2019	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

One out of three older adults who are discharged from hospital after an episode of emergency department (ED) care end up back in the ED within three months. Several factors can lead to these events such as a new medical condition, unsuccessful treatment of the initial medical condition, poor patient compliance (keeping up with the treatment or medication), inappropriate discharge, and poor out-of-hospital follow-up. To improve the care for older ED patients and especially prevent unplanned ED readmissions, the URGENT care model was developed. The key components of this care model are geriatric (medical care for older people) screening, comprehensive geriatric assessment (CGA) of at-risk patients, interdisciplinary care planning and follow-up. Inpatient follow-up is coordinated by nurses of the inpatient geriatric consultation team. Outpatient follow-up is organized by case managers in home care through telephone calls and home visits if indicated. The care model provides a dedicated geriatric nurse, additionally available on the ED during office hours, to deliver and initiate URGENT procedures. The aim of this study is to examine if the URGENT care model can prevent unplanned emergency department readmissions as compared the standard level of care model.

### Who can participate?

Patients aged 70 and older who are admitted to the ED department

### What does the study involve?

Participants are allocated to one or two groups. Those in the first group receive the standard ED care and follow up. Those in the second group receive the URGENT care model which includes examination of risks, full geriatric assessment, care planning and follow up. Participants are followed up to see if there are unplanned readmissions within 90 days after hospitalisation and to see if the URGENT care model improved the ED at being able to detect problems and use referrals to other care such as occupational therapy better.

What are the possible benefits and risks of participating?

There are no direct benefits with participating; however participants receive personalised advice towards their needs of their patients. There are no risks with participating.

Where is the study run from?

University Hospitals Leuven (Belgium)

When is the study starting and how long is it expected to run for?

December 2014 to September 2016

Who is funding the study?

1. Pyxima NV (Belgium)
2. Wit-Gele Kruis Vlaams-Brabant (Belgium)
3. Christelijke Mutualiteit Leuven (Belgium)

Who is the main contact?

Dr Koen Milisen (Scientific)  
Miss Els Devriendt (Public)

## Contact information

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Scientific

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## **Additional identifiers**

### **Protocol serial number**

B322201422910

## **Study information**

### **Scientific Title**

URGENT - Unplanned Readmission prevention by Geriatric Emergency Network for Transitional care

### **Acronym**

URGENT

### **Study objectives**

The URGENT care model prevents unplanned emergency department readmissions within 90 days among older adults in comparison to conventional care.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

The Medical Ethics Committee of the Leuven University Hospitals, 15/07/2015, ref: B322201422910

### **Study design**

This study is designed as a single centre quasi-experimental study (sequential design with two cohorts) where the standard care on the ED in the control cohort is compared with the implementation of the new URGENT care model in the intervention cohort

### **Primary study design**

Interventional

### **Study type(s)**

Prevention

### **Health condition(s) or problem(s) studied**

Geriatric care models

### **Interventions**

The URGENT study is a single centre quasi-experimental study (sequential design with two cohorts) where the standard care on the emergency department in the control cohort is

compared with the implementation of the new URGENT care model in the intervention cohort. Although randomisation could theoretically offer a more powerful design, the complex environment of the emergency department doesn't allow this method.

Patients in the control cohort receive standard ED care from all healthcare workers involved in their management on the ED. The control cohort is composed from month one to month six.

Participants in the intervention cohort receive the intervention. The intervention cohort will be composed from month 11 to month 18. A dedicated geriatric nurse is available on the emergency department during office hours to deliver a newly developed geriatric care model. This care model comprises four steps:

1. Risk stratification of older emergency department patients
2. Comprehensive geriatric assessment of patients at risk
3. Interdisciplinary care planning
4. Follow-up

This intervention aims at improving problem detection and better use of conventional referrals and interventions (e.g. occupational therapy). The hospital follow-up is done by casemanagers was a newly developed patient approach.

Between these two time-periods there is a gap of four months in which the feasibility of the URGENT care model is tested.

## **Intervention Type**

Other

## **Primary outcome(s)**

Unplanned remissions is measured using the patient chart review and telephone calls at 30 and 90 days after hospital discharge

## **Key secondary outcome(s)**

1. Need for hospitalization during index ED visit is measured using chart review at discharge from the ED
2. Length of index emergency department stay is measured using chart review and is calculated as the time between admission to the ED and discharge from the ED
3. Length of in-hospital stay measured using chart review and is calculated as the time between discharge from the ED and discharge from the hospital
4. Mortality within 30 and 90 days after hospital discharge is measured using chart review and telephone calls at 30 and 90 days after hospital discharge
5. Functional decline 30 and 90 days after ED discharge is measured using using telephone calls at 30 and 90 days after ED discharge
6. Higher level of care (at the moment of hospital discharge) is measured using chart review and telephone calls at discharge, 30 and 90 days after discharge

## **Completion date**

01/09/2016

## **Eligibility**

### **Key inclusion criteria**

1. Dutch-speaking
2. Community-dwelling patients aged 70 years or older
3. Patients admitted to the emergency department were included if their medical condition allowed being interviewed

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Senior

**Sex**

All

**Total final enrolment**

1654

**Key exclusion criteria**

Patients, transferred from other wards, other hospitals or care facilities.

**Date of first enrolment**

09/12/2014

**Date of final enrolment**

31/05/2016

**Locations****Countries of recruitment**

Belgium

**Study participating centre**

University Hospitals Leuven

Herestraat 49

Leuven

Belgium

3000

**Sponsor information****Organisation**

Flanders Innovation and Entrepreneurship

ROR

<https://ror.org/032xdry56>

## Funder(s)

**Funder type**

Hospital/treatment centre

**Funder Name**

University Hospitals Leuven

**Funder Name**

Pyxima NV

**Funder Name**

Wit-Gele Kruis Vlaams-Brabant

**Funder Name**

Christelijke Mutualiteit Leuven

## Results and Publications

**Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study will be available upon request from [koen.milisen@kuleuven.be](mailto:koen.milisen@kuleuven.be)

**IPD sharing plan summary**

Available on request

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	07/08/2019	09/08/2019	Yes	No
<a href="#">Protocol article</a>	protocol	16/10/2018		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes