# Effect of low vision rehabilitation on selfreported visual disability for people with diabetic eye disease

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
10/02/2009		[X] Protocol		
Registration date	Overall study status Completed Condition category	Statistical analysis plan		
16/02/2009		Results		
Last Edited		[] Individual participant data		
05/10/2018	Eye Diseases	<ul><li>Record updated in last year</li></ul>		

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

**Prof Gary Rubin** 

### Contact details

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## Additional identifiers

**Protocol serial number** 08/H0716/70

## Study information

### Scientific Title

Effect of low vision rehabilitation on self-reported visual disability for people with diabetic eye disease: a randomised controlled trial.

### Study objectives

This study aims to determine the efficacy of low vision rehabilitation on people with diabetic eye disease using a delayed intervention randomised controlled trial.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

National Hospital for Neurology and Neurosurgery and Institute of Neurology Joint REC, 16/10 /2008, ref: 08/H0716/70

### Study design

Randomised delayed-intervention controlled trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Diabetic eye disease

### **Interventions**

The intervention is a Low Vision Assessment (LVA) and will conform to the standard care provided to all low vision patients at Moorfields Eye Hospital.

#### This includes:

- 1. Check patient's understanding of their eye condition
- 2. Discuss needs/visual requirements and set initial goals
- 3. Assess distance and near vision
- 4. Determine appropriate levels of magnification required
- 5. Demonstrate selected low vision aids based on the results of the vision assessment and patient goals
- 6. Determine which visual aids are to be prescribed and review their use and handling
- 7. Discuss lighting and other methods of enhancing vision as appropriate
- 8. Discuss other services that may be available to the patient (e.g., social services, charities)
- 9. Dispense prescribed low vision aids on loan
- 10. Arrange for follow-ups as necessary

The intervention arm will receive LVA assessment at month 0. The control arm will receive delayed intervention at month 3. Both groups will be followed up for 6 months from study enrolment.

## Intervention Type

Other

### Phase

Not Applicable

## Primary outcome(s)

Self-reported visual disability as measured by the Massof Activity Inventory questionnaire at 0, 3 and 6 months

### Key secondary outcome(s))

No secondary outcome measures

### Completion date

30/09/2011

## Eligibility

### Key inclusion criteria

- 1. Both males and females
- 2. Patients with diabetes mellitus attending Moorfields Diabetic Clinics
- 3. Patients with diabetic eye disease as defined by an ophthalmologist

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Sex

All

## Key exclusion criteria

- 1. Patients under the age of 18
- 2. Patients who are not fluent in English
- 3. Patients with serious hearing impairment
- 4. Patients with concomitant eye disease (other than mild cataract)
- 5. Patients who have previously attended a Low Vision Clinic
- 6. Patients with poor mobility or in poor general health
- 7. Patients who are hospital inpatients, living in nursing homes or who are otherwise non-independent

### Date of first enrolment

01/04/2009

### Date of final enrolment

30/09/2011

## Locations

### Countries of recruitment

**United Kingdom** 

England

Study participating centre
University College London (UCL) Institute of Ophthalmology
London
United Kingdom
EC1V 9EL

## Sponsor information

## Organisation

Moorfields Eye Hospital NHS Foundation Trust (UK)

### **ROR**

https://ror.org/03zaddr67

## Funder(s)

## Funder type

Charity

### **Funder Name**

Fight for Sight (UK) - Clinical Fellowship Grant (ref: 1775/76)

## **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	01/07/2012		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes