# Bowel Preparation for elective Left-Sided Colonic Surgery

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
26/02/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
26/02/2007	Completed	Results
Last Edited	Condition category	Individual participant data
14/12/2007	Surgery	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

NL14234.096.06

# Study information

### Scientific Title

### **Acronym**

**BP LSCS** 

### Study objectives

The objective of this study is to ascertain the best method of bowel preparation, prior to elective left-sided colonic surgery in terms of patient comfort and surgical efficacy. Sodium phosphate enemas (Colex) and bisacodyl (tablet and suppository) are to be compared. The occurrence of infections (wound, peritonitis) and anastomotic leaks will be monitored.

### Null hypotheses are:

- 1. Patients in both groups experience pain and discomfort equally
- 2. The surgeon finds no difference in the condition of the left hemicolon intraoperatively
- 3. No difference in incidence of infection is found
- 4. No difference in incidence of anastomotic leaks is found

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approval received from the local ethics committee (Medisch Ethische Toetsingscommissie Atrium MC - Maaslandziekenhuis) on the 30th October 2006.

# Study design

Randomised, active controlled, parallel group, single blinded trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

### Participant information sheet

# Health condition(s) or problem(s) studied

Bowel preparation, sodium phosphate enema, solonic surgery, bisacodyl

#### Interventions

Interventions in the bisacodyl group:

1. Evening before surgery (8 p.m.) - bisacodyl tablet 5 mg, four tablets, oral administration

2. Morning of surgery (6 a.m.) - bisacodyl suppository 10 mg, one suppository, rectal administration

Intervention in the Colex group:

- 1. Evening before surgery (8 p.m.) Colex 133 ml, enema, rectal administration
- 2. Morning of surgery (6 a.m.) Colex 133 ml, enema, rectal administration

### Intervention Type

Drug

#### Phase

**Not Specified** 

### Drug/device/biological/vaccine name(s)

Bisacodyl, sodium phosphate (Colex)

### Primary outcome measure

Questionnaires will be used to assess the opinions of patients and surgeons. The parameters are recorded in a five point scale.

### Secondary outcome measures

The occurrence of infection (wound or peritonitis) and anastomotic leaks is determined by standard postoperative care and is established when the clinical diagnosis is made.

### Overall study start date

06/11/2006

### Completion date

01/06/2007

# **Eligibility**

### Key inclusion criteria

The study population will consist of adult patients undergoing elective left-sided colonic surgery. Left-sided colonic surgery includes the following procedures:

- 1. Left hemicolectomy
- 2. Sigmoid resection
- 3. Low anterior resection
- 4. Hartmann procedure
- 5. Reconstruction of colostomy
- 6. Abdominoperineal resection by Miles

Procedures on the transverse colon will also be included as this can result intraoperatively in a left hemicolectomy. Reasons for surgery vary, examples are malignancy, diverticulitis, Crohns disease and ulcerative colitis.

### Participant type(s)

Patient

### Age group

### Adult

#### Sex

**Not Specified** 

# Target number of participants

40

### Key exclusion criteria

Exclusion criteria are:

- 1. Use of Klean-Prep
- 2. Contra-indications for use of bisacodyl and Colex
- 3. Emergency procedures

### Date of first enrolment

06/11/2006

### Date of final enrolment

01/06/2007

# Locations

### Countries of recruitment

Netherlands

# Study participating centre Atrium Medisch Centrum Heerlen

Heerlen Netherlands 6401 CX

# Sponsor information

### Organisation

Atrium Medisch Centrum (The Netherlands)

### Sponsor details

P.O. Box 4446 Heerlen Netherlands 6401 CX

# Sponsor type

Hospital/treatment centre

### Website

http://www.atriummc.nl/

### **ROR**

https://ror.org/0367sye10

# Funder(s)

### Funder type

Hospital/treatment centre

### **Funder Name**

Atrium Medisch Centrum (The Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration