

# Comparison of blood pressure measurements using an automated blood pressure device in community pharmacies and physicians offices

<b>Submission date</b> 25/07/2012	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 09/08/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 04/08/2014	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Accurate measurement of blood pressure is the foundation of appropriate diagnosis, treatment and on-going management of hypertension (high blood pressure). Automated blood pressure devices in community settings such as pharmacies provide opportunities for additional blood pressure measurement; however it is important to ensure these measurements are accurate and valid when compared to those taken in the physicians offices using the same devices. The aim of the study is to assess whether blood pressure readings assessed with an automated device differed according to the setting in which they were taken, specifically in community pharmacies compared to physicians offices.

### Who can participate?

Community dwelling adults aged 65 years and older registered with five family physicians.

### What does the study involve?

Five family physician offices mailed invitations to their patients aged 65 years and older to participate in the trial. Eligible and consenting adults are randomly allocated to one of two blood pressure measurement sequences:

1. Pharmacy, physicians office, pharmacy OR
2. Physicians office/pharmacy/physicians office

Automated blood pressure devices (BpTRU) are used in both settings.

### What are the possible benefits and risks of participating?

Participants have their blood pressure assessed at three visits. If it is high, their family physician and pharmacist are notified. There are no side effects as only blood pressure is being monitored.

### Where is the study run from?

The lead centre is the Bruyere Research Institute in Ottawa. The trial takes place in the two communities of Collingwood and Creemore, in Ontario, Canada.

When is the study starting and how long is it expected to run for?

The trial began in November 2009 and finished in July 2012. Participants were recruited from April 2010 to June 2010.

Who is funding the study?

Canadian Stroke Network, a National Centre of Excellence and the Bruyere Research Institute

Who is the main contact?

Prof Larry W Chambers  
lchambers@bruyere.org

### **Study website**

<http://chaprogram.ca>

## **Contact information**

### **Type(s)**

Scientific

### **Contact name**

Prof Larry Chambers

### **Contact details**

Bruyère Continuing Care  
43 Bruyere Street  
Ottawa  
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lchambers@bruyere.org

## **Additional identifiers**

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## **Study information**

### **Scientific Title**

Comparison of blood pressure measurements using an automated blood pressure device in community pharmacies and physicians offices: the Collingwood-Creemore randomized controlled trial

**Study objectives**

Blood pressure measurements in a community pharmacy are comparable to blood pressure measurements in a physician office.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Bruyere Continuing Care Research Ethics Board, November 2009

### **Study design**

Adults aged 65 and over randomly allocated to pharmacy/physicians office/pharmacy or physicians office/pharmacy/physicians office sequences.

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

GP practice

### **Study type(s)**

Screening

### **Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

### **Health condition(s) or problem(s) studied**

Hypertension and related diseases

### **Interventions**

Five family physician offices mailed invitations to their patients aged 65 years and older to participate in the trial. Eligible and consenting adults are randomly allocated to one of two blood pressure measurement sequences: pharmacy/physicians office/pharmacy or physicians office/pharmacy/physicians office. Automated blood pressure devices (BpTRU) are used in both settings.

### **Intervention Type**

Device

### **Phase**

Not Applicable

### **Primary outcome measure**

After trial participants attended the first session to have their blood pressure measured, they were asked to come to the next two visits with less than a week between visits. The mean time interval to complete the three BP measurements for Arm A versus Arm B did not significantly differ (Arm A = 11.1 days versus Arm B = 11.8 days ( $p=0.36$ )).

**Secondary outcome measures**

No secondary outcome measures

**Overall study start date**

01/04/2010

**Completion date**

30/09/2010

## Eligibility

**Key inclusion criteria**

Community dwelling adults aged 65 years and older registered with five family physicians

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

300

**Key exclusion criteria**

Patients in hospital or living in long-term care facilities.

**Date of first enrolment**

01/04/2010

**Date of final enrolment**

30/09/2010

## Locations

**Countries of recruitment**

Canada

**Study participating centre**

**Bruyère Continuing Care**

Ottawa

Canada

K1N5C8

# Sponsor information

## Organisation

Bruyere Research Institute (Canada)

## Sponsor details

43 Bruyere Street  
Ontario  
Ottawa  
Canada  
K1N 5C8

## Sponsor type

Research organisation

## Website

<http://www.bruyere.org>

## ROR

<https://ror.org/05bznkw77>

# Funder(s)

## Funder type

Research organisation

## Funder Name

Canadian Stroke Network (Canada)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	09/04/2013		Yes	No