# Effects of home visits by home nurses to elderly people with health problems

<b>Submission date</b> 30/07/2004	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li><li>[X] Protocol</li></ul>
<b>Registration date</b> 21/09/2004	<b>Overall study status</b> Completed	<ul> <li>[] Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 01/09/2009	<b>Condition category</b> Other	Individual participant data

#### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

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# Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers 2200.0115

# Study information

#### Scientific Title

#### **Study objectives**

Preventive home visits to elderly people by public health nurses aim to maintain or improve the functional status of elderly and reduce the use of institutional care services. A number of trials that investigated the effects of home visits show positive results, but others do not. The outcomes can depend on differences in characteristics of the intervention programme, but also on the selection of the target population. A risk group approach seems promising, but further evidence is needed. We decided to carry out a study to investigate the effects in a population of elderly with (perceived) poor health rather than the general population. Also, we test whether nurses who are qualified at a lower professional level (home nurses instead of public health nurses) are able to obtain convincing effects. The results of this study will contribute to the discussion on effective public health strategies for the aged.

#### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

**Study setting(s)** Other

**Study type(s)** Other

Participant information sheet

Health condition(s) or problem(s) studied Self-reported (perceived) health problems

#### Interventions

The intervention consists of (at least) 8 systematic home visits over an 18 months period. Experienced home nurses from the local home care organisation carry out the visits. The control group receives usual care.

Intervention Type Other

**Phase** Not Specified

#### Primary outcome measure

The outcome measures cover 2 domains: health status and service use. In addition a cost effectiveness analysis will be conducted.

The primary health related outcome measures are: self-rated health, functional status, quality of life and changes in self-reported problems.

The use of services relates to the frequency and duration of care from the following services: domestic and community nursing care, GP, physiotherapy, day care in institutional care settings, hospital outpatient clinics, hospital, nursing home, home for the elderly, use of aids and modifications to the home. The primary outcomes for service use are specialist medical care and hospital (re-) admission.

#### Secondary outcome measures

Secondary health related outcome measures: information will be obtained, among other things, on health complaints, medication use, and loneliness and mental health. The municipality will supply mortality data over the entire research period.

#### Overall study start date

01/05/2002

## Completion date

30/11/2006

# Eligibility

#### Key inclusion criteria

Elderly (70-84 years) living in the community with self-reported poor health status

#### Participant type(s) Patient

Age group Senior

**Sex** Both

**Target number of participants** 330

**Key exclusion criteria** Those who already receive home nursing care

# Date of first enrolment 01/05/2002

Date of final enrolment 30/11/2006

## Locations

**Countries of recruitment** Netherlands

**Study participating centre P.O.Box 616** Maastricht Netherlands 6200 MD

## Sponsor information

**Organisation** Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

Sponsor details Laan van Nieuw Oost Indië 334 P.O. Box 93245 The Hague Netherlands 2509 AE +31 (0)70 349 5111 bloemers@zonmw.nl

**Sponsor type** Research organisation

ROR https://ror.org/01yaj9a77

## Funder(s)

**Funder type** Research organisation

**Funder Name** Netherlands Organisation for Health Research and Development (ZonMw), 2200.0115

## **Results and Publications**

Publication and dissemination plan

#### Not provided at time of registration

#### Intention to publish date

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	15/12/2004		Yes	No
<u>Results article</u>	results	01/03/2008		Yes	No