# Transcutaneous Electrical Nerve Stimulation in the management of cancer bone pain II: a twoarm, crossover, prospective, randomised, controlled, external pilot study for patients with cancer bone pain

Submission date	Recruitment status No longer recruiting	Prospectively registered		
05/07/2007		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
03/10/2007	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
26/10/2018	Cancer			

## Plain English summary of protocol

http://cancerhelp.cancerresearchuk.org/trials/a-trial-to-see-if-a-nerve-stimulating-machine-called-tens-can-control-bone-cancer-pain

# **Contact information**

# Type(s)

Scientific

#### Contact name

Dr Mike Bennett

#### Contact details

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# Additional identifiers

EudraCT/CTIS number 2007-003902-84

#### **IRAS** number

## ClinicalTrials.gov number

## Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Transcutaneous Electrical Nerve Stimulation in the management of cancer bone pain II: a twoarm, crossover, prospective, randomised, controlled, external pilot study for patients with cancer bone pain

### Acronym

**TENS FEASIBILITY** 

## **Study objectives**

- 1. Does Transcutaneous Electrical Nerve Stimulation (TENS) have analgesic benefits in people with cancer bone pain?
- 2. In people with cancer bone pain, does TENS produce analgesic benefits at rest, on movement or both?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Leeds (west) Research Ethics Committee on 28/03/2007 (REC ref: 07/Q1205/5)

# Study design

Two-arm, crossover, prospective, randomised, controlled, external pilot study

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Cancer bone pain

#### Interventions

Active TENS versus placebo TENS.

Patients will be randomised to receive either active or sham TENS at site of pain for one hour. They will then receive the other in a second treatment. Patients and research nurses will be blinded. There are two treatment sessions each lasting 1.5 hours, the treatment sessions are separated by a minimum of 48 hours. The follow-up session is performed over the telephone 48 hours after the final treatment session.

### Intervention Type

Other

#### Phase

**Not Specified** 

### Primary outcome measure

- 1. Pain at rest one hour after starting TENS application
- 2. Pain at movement one hour after starting TENS application

### Secondary outcome measures

- 1. Recruitment and screening of patients to determine recruitment strategy for the phase III clinical trial: the timepoint measurement of this outcome is continuous; as it is a feasibility study we need to look at the barriers (if any) to palliative care research. A detailed screening and enrolment log is maintained for this purpose
- 2. Optimal electrode placement: this measurement will be performed at each treatment visit following the baseline assessment
- 3. Patients experience: this will be assessed at the end of each treatment period following 60 minutes of TENS treatment
- 4. Toxicity: this will be assessed throughout each treatment session and again at the follow up telephone review

## Overall study start date

04/06/2007

#### Completion date

01/12/2007

# **Eligibility**

#### Key inclusion criteria

Patients who:

- 1. Have a radiologically evident bone metastasis
- 2. Experience pain from a bone metastasis that affects their activities of daily living (e.g., transferring from sitting to standing, bending over, walking or dressing upper body)
- 3. Experience pain that is rated at least 3 out of 10 on a numerical pain intensity rating scale at rest or on movement on first visit
- 4. Are aged 18 years or over
- 5. Have provided written informed consent and are willing to attend St Gemmas Hospice for study periods
- 6. Are willing and able to complete patient assessments and pain scores
- 7. In the opinion of the investigator the patient will derive potential benefit from the use of TENS
- 8. Have an estimated survival of longer than four weeks

## Participant type(s)

Patient

## Age group

Adult

### Lower age limit

18 Years

#### Sex

**Not Specified** 

## Target number of participants

38

## Key exclusion criteria

Patients who:

- 1. Are unable to complete patient related information on entry
- 2. Do not have ongoing cancer
- 3. Are unable to provide informed consent (for physical or psychiatric reasons)
- 4. Are not suitable for TENS as described by the Chartered Society of Physiotherapy (CSP) Standards for the Use of Electrophysical Modalities. This includes patients fitted with pacemakers and patients who are pregnant or have epilepsy. Patients with abnormal sensation over the site of pain will also be excluded under CSP criteria
- 5. Have had changes to opioid analgesic medication (increase or decrease in opioid dose of 30%, addition or removal of opioid) within 48 hours prior to baseline assessment
- 6. Have received TENS within the previous four weeks

#### Date of first enrolment

04/06/2007

#### Date of final enrolment

01/12/2007

# Locations

## Countries of recruitment

England

United Kingdom

Study participating centre St Gemma's Hospice Leeds

United Kingdom LS17 6QD

# Sponsor information

## Organisation

University of Leeds (UK)

## Sponsor details

Room 7.11, Level 7 Worsley Building Clarendon Way Leeds England United Kingdom LS2 9NL

### Sponsor type

University/education

#### Website

http://www.leeds.ac.uk/

#### **ROR**

https://ror.org/024mrxd33

# Funder(s)

## Funder type

Charity

### **Funder Name**

Cancer Research UK (UK) (ref: C18324/A7715)

#### Alternative Name(s)

CR UK, Cancer Research UK - London, CRUK

## **Funding Body Type**

Private sector organisation

## **Funding Body Subtype**

Other non-profit organizations

### Location

**United Kingdom** 

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Plain English results				No	Yes
Results article	results	01/04/2010		Yes	No