# POPAD: Physiotherapy, Outcome, Purpose, Appropriateness & Diagnosis: a study of physiotherapy in primary care

|                          | <ul><li>Prospectively registered</li></ul> |
|--------------------------|--|
| No longer recruiting     | ☐ Protocol                                 |
| Overall study status     | Statistical analysis plan                  |
| Completed                | Results                                    |
| Condition category       | Individual participant data                |
| Musculoskeletal Diseases | Record updated in last year                |
|                          | Completed  Condition category              |

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** M0001079015

# Study information

## Scientific Title

POPAD: Physiotherapy, Outcome, Purpose, Appropriateness & Diagnosis: a study of physiotherapy in primary care

## **Study objectives**

Study to compare physiotherapy treatments for low back pain.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

# Health condition(s) or problem(s) studied

Low back pain

## **Interventions**

Patients will be randomised by the researcher using envelopes containing a randomly generated number to one of two groups.

Group 1: in-house physio, physio coming to surgery on one afternoon per week.

Group 2: hospital-based physio, patients go to hospital for treatment.

The same physiotherapist to work at both sites in the pilot phase.

## Intervention Type

Other

#### Phase

**Not Specified** 

## Primary outcome measure

Patient satisfaction and physiotherapy assessment. Both outcome measures to be validated on a similar population.

## Secondary outcome measures

Not provided at time of registration

## Overall study start date

01/04/1999

# Completion date

01/06/2003

# **Eligibility**

## Key inclusion criteria

Patients with low back pain who would normally be referred for physiotherapy

## Participant type(s)

Patient

## Age group

**Not Specified** 

## Sex

**Not Specified** 

## Target number of participants

Not provided at time of registration

# Key exclusion criteria

Does not match inclusion criteria

## Date of first enrolment

01/04/1999

## Date of final enrolment

01/06/2003

# Locations

## Countries of recruitment

England

**United Kingdom** 

# Study participating centre

## **Staverton Surgery**

London United Kingdom NW2 5HA

# Sponsor information

# Organisation

Department of Health (UK)

## Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL

## Sponsor type

Government

## Website

http://www.doh.gov.uk

# Funder(s)

# Funder type

Other

#### **Funder Name**

The West London Research Network (WeLReN) (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration