# Treating patients with dyspepsia with acupuncture and homeopathy: a randomised pilot study of effectiveness and costs.

Submission date	Recruitment status  No longer recruiting	Prospectively registered	
23/01/2004		Protocol	
Registration date	Overall study status	Statistical analysis plan	
23/01/2004	Completed	[X] Results	
Last Edited	Condition category	[] Individual participant data	
22/02/2008	Digestive System		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Charlotte Paterson

#### Contact details

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# Additional identifiers

Protocol serial number RS/08/04.98

# Study information

#### Scientific Title

#### **Study objectives**

For patients with dyspepsia who are receiving orthodox general practice care, what is the effect on outcome and on NHS costs of adding treatment by a choice of acupuncture or homeopathy?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

# Study type(s)

Quality of life

## Health condition(s) or problem(s) studied

Peptic ulcer disease

## **Interventions**

Patients chose between acupuncture and homeopathy and were then randomised to this preference or to the control group of normal GP care:

- 1. Homeopathy versus placebo
- 2. Acupuncture versus placebo

Treatment and follow-up were for six months.

# Intervention Type

Other

#### Phase

**Not Specified** 

## Primary outcome(s)

Clinical outcome will be measured by validated outcome questionnaires:

- 1. The 36-item short form health survey (SF-36)
- 2. Measure Yourself Outcome Profile (MYMOP)
- 3. The General Well-Being Index

Follow-up will be six-months.

NHS costs collected for each patient will be prescribing costs, referral costs, and number of general practitioner consultations. Complementary practitioner costs will be their fees and homeopathy prescriptions.

# Key secondary outcome(s))

Not provided at time of registration

## Completion date

12/06/2000

# **Eligibility**

# Key inclusion criteria

Sixty patients with dyspepsia presenting in one UK general practice. Participants expressed their preference for homeopathy or acupuncture before being randomised to receive their choice or be in the control group receiving normal GP care.

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

# Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

21/11/1998

#### Date of final enrolment

12/06/2000

# **Locations**

#### Countries of recruitment

United Kingdom

England

# Study participating centre Department of Social Medicine

Bristol United Kingdom BS8 2PR

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

# Funder type

Government

#### Funder Name

NHS Executive South West (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/06/2003		Yes	No