# Newborn resuscitation study in Pumwani, Kenya

Submission date	Recruitment status  No longer recruiting	<ul><li>Prospectively registered</li></ul>		
16/01/2008		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
21/01/2008	Completed	[X] Results		
<b>Last Edited</b> 21/03/2013	Condition category Pregnancy and Childbirth	[] Individual participant data		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

### Type(s)

Scientific

#### Contact name

Dr Mike English

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

SSC Protocol No. 1045 (Revised)

# Study information

Scientific Title

An operational evaluation of introducing training in newborn resuscitation for maternity ward staff at Pumwani hospital

#### **Study objectives**

The primary research question is to examine the ability of training to change health workers' practices when providing newborn resuscitation.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the Kenya Medical Research Institute National Ethical Review Committee on the 24th January 2006 (ref. SSC Protocol No 1045 [Revised]).

#### Study design

Cluster-randomised trial with health workers as the unit of randomisation

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

## Health condition(s) or problem(s) studied

Birth asphyxia

#### **Interventions**

We intend to collect data on up to 5 resuscitation episodes for 28 health workers in the training group and more in the control group that should ensure our ability to detect a 25% absolute change in our primary outcome measure.

A list of the eligible staff will be made and 40% will be randomly selected and will comprise the early training group (i.e. intervention group). The remainder will comprise the control or late training group and will be trained after completion of data collection in the intervention group. For both intervention and control arms, we estimate that at best 3 to 5 observations could be made per health worker over a 6 to 7 weeks period.

The intervention is newborn life support (NLS) training supervised by trainers who have completed the European Resuscitation Council's Advanced Life Support Generic Instructor Course. The training will last 7 working hours and will be delivered on-site. This training comprises focused lectures aimed at understanding the modern approach to resuscitation and practical training using infant manikins to develop skills in airway opening, use of bag-valve-mask to inflate the chest and chest (cardiac) compressions. The course teaches an A (Airway), B

(Breathing), C (Circulation) approach to resuscitation laying down a clear, step by step strategy for the first minutes of resuscitation for all resuscitation episodes conducted by nurse/midwives.

#### **Intervention Type**

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Proportion of resuscitation episodes in which appropriate initial resuscitation steps were practised as recommended in the NLS training (i.e., to open airway and assess breathing).

#### Secondary outcome measures

Frequency of inappropriate and potentially harmful practices (e.g., inappropriate positioning, wrong oxygen use, etc.).

#### Overall study start date

01/01/2006

#### Completion date

31/12/2006

# **Eligibility**

#### Key inclusion criteria

All nurses/midwives (age range: 27 - 51), either sex, expected to provide delivery care and newborn resuscitation for a period of at least 3 months after the start of the trial.

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Both

#### Target number of participants

Intervention: 32; control: 58 (total: 90)

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

01/01/2006

#### Date of final enrolment

31/12/2006

# **Locations**

#### Countries of recruitment

Kenya

# Study participating centre P.O. Box 43640

Nairobi Kenya

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# Sponsor information

### Organisation

Laerdal Foundation of Acute Medicine (Norway)

### Sponsor details

P.O. Box 556 Sentrum Stavanger Norway 4003 post@laedalfoundation.org

#### Sponsor type

Research organisation

#### Website

http://www.laerdal.com

#### ROR

https://ror.org/01vacm368

# Funder(s)

### Funder type

Research organisation

#### **Funder Name**

Laerdal Foundation of Acute Medicine (Norway)

#### Funder Name

The Wellcome Trust (UK) - Senior Research Fellowship award to Dr English (ref: 076827)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	13/02/2008		Yes	No