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Depression in chronically ill elderly

Submission date	Recruitment status	[ ] Prospectively registered
12/09/2005	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
12/09/2005	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
01/05/2012	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
ZONMW registration number: 945-03-047; NTR70

Study information

Scientific Title

Acronym
DELTA (Depression in Elderly with Long-Term Afflictions)

Study objectives
Minimal psychological intervention (MPI) will reduce levels of depression and will increase their quality of life, while reducing health care-related costs in chronically ill elderly people with a depressed mood.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised open label active controlled parallel group trial

Primary study design
Interventional

Study type(s)
Prevention

Health condition(s) or problem(s) studied
Depression

Interventions
Minimal psychological intervention (MPI) versus care as usual.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Beck Depression Inventory (BDI) assessed at baseline and at 3, 6 and 12 months after inclusion
2. Cost-effectiveness and cost-utility assessed using cost-diaries
3. EuroQol at baseline and at 3, 6, 9 and 12 months after inclusion

Key secondary outcome(s))
1. Quality of life (SF-36) assessed at baseline and at 3, 6 and 12 months after inclusion
2. Daily functioning
3. Self-efficacy
4. Autonomy
5. Participation

Completion date
15/11/2006

Eligibility

Key inclusion criteria
1. Established diagnosis of Diabetes Mellitus Type II or chronic obstructive pulmonary disease (COPD)
2. Age 60 years and over
3. Community dwelling
4. Minor depression or mild and moderate categories of major depression according to MINI and Hamilton-criteria (DSM-IV)
5. Completed informed consent.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Senior

Sex
All

Key exclusion criteria
1. Treatment with antidepressants
2. Major depression
3. Major psychiatric problems
4. Current psychosocial/psychiatric treatment
5. Serious cognitive problems (demential syndrome)
6. On waiting list for nursing home
7. Bedridden
8. Recent loss of spouse (<3 months)
9. Non Dutch-speaking

Date of first enrolment
15/07/2003

Date of final enrolment
15/11/2006

Locations

Countries of recruitment
Netherlands

Study participating centre
Universiteit Maastricht
Maastricht

Netherlands
6200 MD

Sponsor information

Organisation
University Maastricht (The Netherlands)

ROR
https://ror.org/02jz4aj89

Funder(s)

Funder type
Government

Funder Name
The Netherlands Organization for Health Research and Development (ZonMw) (Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2009		Yes	No
Results article	results	01/12/2010		Yes	No
Results article	results	01/02/2012		Yes	No
Protocol article	protocol	21/06/2006		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes