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Depression in chronically ill elderly

Submission date	Recruitment status	[_] Prospectively registered
12/09/2005	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
12/09/2005	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
01/05/2012	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
ZONMW registration number: 945-03-047; NTR70

Study information

Scientific Title

Acronym
DELTA (Depression in Elderly with Long-Term Afflictions)

Study objectives
Minimal psychological intervention (MPI) will reduce levels of depression and will increase their quality of life, while reducing health care-related costs in chronically ill elderly people with a depressed mood.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised open label active controlled parallel group trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Prevention

Participant information sheet
Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied
Depression

Interventions
Minimal psychological intervention (MPI) versus care as usual.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
1. Beck Depression Inventory (BDI) assessed at baseline and at 3, 6 and 12 months after inclusion
2. Cost-effectiveness and cost-utility assessed using cost-diaries
3. EuroQol at baseline and at 3, 6, 9 and 12 months after inclusion

Secondary outcome measures
1. Quality of life (SF-36) assessed at baseline and at 3, 6 and 12 months after inclusion
2. Daily functioning
3. Self-efficacy
4. Autonomy
5. Participation

Overall study start date
15/07/2003

Completion date
15/11/2006

Eligibility

Key inclusion criteria
1. Established diagnosis of Diabetes Mellitus Type II or chronic obstructive pulmonary disease (COPD)
2. Age 60 years and over
3. Community dwelling
4. Minor depression or mild and moderate categories of major depression according to MINI and Hamilton-criteria (DSM-IV)
5. Completed informed consent.

Participant type(s)
Patient

Age group
Senior

Sex
Both

Target number of participants
360

Key exclusion criteria
1. Treatment with antidepressants
2. Major depression
3. Major psychiatric problems
4. Current psychosocial/psychiatric treatment
5. Serious cognitive problems (demential syndrome)
6. On waiting list for nursing home

7. Bedridden
8. Recent loss of spouse (<3 months)
9. Non Dutch-speaking

Date of first enrolment
15/07/2003

Date of final enrolment
15/11/2006

Locations

Countries of recruitment
Netherlands

Study participating centre
Universiteit Maastricht
Maastricht
Netherlands
6200 MD

Sponsor information

Organisation
University Maastricht (The Netherlands)

Sponsor details
CAPHRI Research Institute
PO Box 616
Maastricht
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6200 MD

Sponsor type
University/education

Website
http://www.caphri.nl/

ROR
https://ror.org/02jz4aj89

Funder(s)

Funder type
Government

Funder Name
The Netherlands Organization for Health Research and Development (ZonMw) (Netherlands)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	21/06/2006		Yes	No
Results article	results	01/10/2009		Yes	No
Results article	results	01/12/2010		Yes	No
Results article	results	01/02/2012		Yes	No