

# Will exposure to fire smoke at the Grenfell Tower fire cause long-term adverse health effects to firefighters of the London Fire Brigade?

<b>Submission date</b> 31/05/2019	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 31/05/2019	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 21/05/2025	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

On the 14th June 2017 a fire broke out in the 24-storey Grenfell Tower in west London, causing the deaths of over 70 occupants and becoming the worst residential fire in the United Kingdom since the second world war. The fire spread unusually rapidly and its extinction – which took 60 hours - required the labour of over 1000 firefighters from the London Fire Brigade. Because of the scale and nature of the fire, a sizeable proportion of them were subjected to unusually high exposures to fire smoke, in many cases without standard respiratory protection; we propose to establish a cohort of the Grenfell firefighters to study a range of potential adverse effects from these exposures.

### Who can participate?

Firefighters of the London Fire Brigade who attended the Grenfell fire; and a sample of those who were eligible to do so but did not.

### What does the study involve?

1. Consent for personal information (name, date of birth, NHS number) to be linked, in the future, to registries of disease.
2. Participation in a baseline survey of heart and lung health.

### What are the possible benefits and risks of participating?

1. Identification of lung and heart conditions at an early stage so they can be treated and/or prevented from getting worse.
2. More generally, an understanding of the health risks of firefighting.

### Where is the study run from?

Imperial College, London

When is the study starting and how long is it expected to run for?

Baseline survey August 2019 to April 2023

Long-term follow-up: 50+ years

Who is funding the study?

The COLT Foundation, a medical charity.

Who is the main contact?

Dr Johanna Feary

j.feary@imperial.ac.uk

## Contact information

### Type(s)

Scientific

### Contact name

Dr Johanna Feary

### Contact details

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## Additional identifiers

### EudraCT/CTIS number

Nil known

### IRAS number

265618

### ClinicalTrials.gov number

Nil known

### Secondary identifying numbers

IRAS 265618

## Study information

### Scientific Title

The Grenfell Firefighters; establishing a cohort

### Acronym

GFS

### **Study objectives**

Will exposure to firesmoke at the Grenfell Tower fire cause long-term adverse health effects to firefighters of the London Fire Brigade?

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 06/12/2020, London-Fulham Research Ethics Committee (Barlow House, 3rd Floor, 4 Minshull Street, Manchester, M1 3DZ, UK; +44 (0)2071048165; Nrescommittee.london-fulham@nhs.net), ref: 19/LO/1847

### **Study design**

Prospective cohort, with baseline cross-sectional survey, single centre

### **Primary study design**

Observational

### **Secondary study design**

Cohort study

### **Study setting(s)**

Other

### **Study type(s)**

Screening

### **Participant information sheet**

Not available in web format, please use contact details to request a participant information sheet.

### **Health condition(s) or problem(s) studied**

Respiratory and cardiovascular disease; cancers after exposure to fire smoke

### **Interventions**

No intervention. At the baseline survey we will make a series of non-invasive, physiological measurements of lung (spirometry and impulse oscillometry before and after a bronchodilator) and cardiac function (arterial stiffness) in participating firefighters. We will, at this point, invite them to enrol in a long-term study of their cardio-respiratory health and of cancer incidence; largely through data linkage.

### **Intervention Type**

Other

### **Primary outcome measure**

Airway resistance at 5Hz is measured using impulse oscillometry at baseline survey.

### **Secondary outcome measures**

1. Airway resistance and airflow are measured through impulse oscillometry and spirometry at baseline.
2. Arterial stiffness measured by Vicorder at baseline.
3. Respiratory symptoms are measured using a questionnaire at baseline.
4. The incidence of cardiorespiratory disease is measured using data linkage to national and other registers at any point in the future
5. The incidence of cancers is measured using data linkage to national and other registers at any point in the future.

**Overall study start date**

01/03/2019

**Completion date**

30/04/2023

## Eligibility

**Key inclusion criteria**

1. Firefighters who directly attended the Grenfell Tower fire in June 2017
2. A sample from those who were eligible to attend the fire but did not do so because of annual leave etc.

**Participant type(s)**

Healthy volunteer

**Age group**

Adult

**Sex**

Both

**Target number of participants**

Up to 1100 eligible participants

**Total final enrolment**

687

**Key exclusion criteria**

N/A

**Date of first enrolment**

27/02/2020

**Date of final enrolment**

19/04/2023

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Royal Brompton and Harefield NHS Foundation Trust**

Sydney Street

London

United Kingdom

SW3 6NP

## **Sponsor information**

**Organisation**

Imperial College, London

**Sponsor details**

Room 221 Level 2, Medical School Building

Norfolk Place

London

England

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020 7594 9832

cheuk-fung.wong@imperial.ac.uk

**Sponsor type**

University/education

**Website**

<https://www.imperial.ac.uk/>

**ROR**

<https://ror.org/041kmwe10>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

Colt Foundation

**Alternative Name(s)**

The Colt Foundation

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United Kingdom

## Results and Publications

**Publication and dissemination plan**

Priorities in selecting forums for publication will be given to peer-reviewed journals as well as presentations and publications of abstracts at national and international scientific meetings. The PIs will work with the study statistician to identify potential scientific papers related to both the study's primary and secondary aims, establish writing teams and manuscript authorship, and prioritize manuscript development. The PIs will write the scientific manuscripts related to the study's primary aims as lead/senior author(s). The lead author will be responsible for assuring production of the draft of the paper within three months of availability of the data. This time period should allow for review and comment of the draft by all co-authors and input from other members of the study team. For protocols that have secondary research aims, investigators other than the PIs may be assigned lead authorship of manuscripts. Investigators who accept lead authorship of manuscripts related to secondary aims will be expected to produce a manuscript of publishable quality following the principles outlined above. Abstracts reporting the preliminary or highlighted results of the research will not negate the necessity of preparing a full manuscript for publication. All papers and abstracts will be submitted to LFB for their (timely) comment prior to submission; Imperial College retains the right to publish material without requiring the permission of LFB or any other external parties.

Material – written or audiovisual – that is intended for non-scientific audiences will be prepared by the PIs in conjunction with the study statistician and in consultation with LFB and, if deemed appropriate by them, the FBU; all such material must be agreed by all parties before its use.

No publications/presentations/press releases etc arising from this research will be produced in a manner that could identify any individual participant(s).

**Intention to publish date**

01/04/2025

**Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study are not expected to be made available: consent has been obtained to share anonymised data with relevant collaborators for other studies relating to firefighter health; however, consent has not been obtained for participant data to be made publicly available.

**IPD sharing plan summary**

Not expected to be made available

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol file</a>	version v1	31/05/2019	31/05/2019	No	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Other publications</a>	Cancer biomarkers	07/05/2025	21/05/2025	Yes	No