

# Are SMS vouchers or posted vouchers more effective for increasing response rates in a work-related survey in people with persistent pain?

<b>Submission date</b> 13/06/2022	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 25/07/2022	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 14/05/2024	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Response rates are important in trials as high response rates mean that the sample is more likely to be reflective of the population from which it was drawn. While vouchers are known to increase response rates in trials, little work has been done to explore whether the method of delivery affects response. We will explore whether receiving vouchers by SMS message or in the post has a large effect on response rates.

### Who can participate?

Those consenting to participate in a cohort study of the impact of being unemployed with persistent pain, with the chance of being offered an intervention to help people from the population to return to work and for which NOK 200 of high street vouchers are being offered as an incentive to complete questionnaires.

### What does the study involve?

The study involves randomising participants to receive their vouchers either by SMS or by post

### What are the possible benefits and risks of participating?

This is a methods trial comparing two ways of receiving vouchers and not a health care intervention, thus no benefits or risks are identified.

### Where is the study run from?

Kristiania University College (Norway)

### When is the study starting and how long is it expected to run for?

May 2022 to April 2023

### Who is funding the study?

Research Council of Norway (Norway)

Who is the main contact?  
Professor Robert Froud (Norway)  
RobertJames.Froud@kristiania.no

## Contact information

### Type(s)

Principal investigator

### Contact name

Prof Robert Froud

### ORCID ID

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### Contact details

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### ClinicalTrials.gov (NCT)

Nil known

### Protocol serial number

NRC 326732

## Study information

### Scientific Title

Are SMS vouchers or posted vouchers more effective for increasing response rates in a work-related survey in people with persistent pain?

### Acronym

SPOST

### Study objectives

Is there a large difference between SMS vouchers or posted vouchers for increasing response rates in a work-related survey in people with persistent pain?

### Ethics approval required

Old ethics approval format

### **Ethics approval(s)**

Approval 16/05/2022, Regional Committees for Medical and Health Research Ethics (Gullhaugveien 1-3, 0484, Oslo, Norway; +47 22 84 55 22; rek-sorost@medisin.uio.no), ref: 402918.

### **Study design**

Randomized controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Quality of life

### **Health condition(s) or problem(s) studied**

Pain

### **Interventions**

Current interventions, as of 17/01/2023:

We will study the follow-up rate at three months for people enrolled in a cohort randomised study (ISRCTN85437524) and who are offered vouchers to participate. We will randomise all participants, regardless of what arm they are in, in a cohort randomised approach to receive the vouchers either by SMS or by post. The objective is to see if there is a large difference (ie of 30% or more) in follow-up rate at three months with one or other of the voucher offer methods. If no difference is detected then SMS would be preferred as it is less expensive and has a lower carbon footprint.

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Previous interventions:

We will study the follow-up rate at six months (primary) and 12 months (secondary) for people enrolled in a cohort randomised study (ISRCTN85437524) and who are offered vouchers to participate. We will randomise all participants, regardless of what arm they are in in the cohort randomised approach to receive the vouchers either by SMS or by post. The objective is to see if there is a large difference (ie of 30% or more) in follow-up rates with one or other of the voucher offer methods. If no difference is detected then SMS would be preferred as it is less expensive and has a lower carbon footprint.

### **Intervention Type**

Behavioural

### **Primary outcome(s)**

Current primary outcome measure as of 17/01/2023:

Follow-up response rate, measured using the number of three-month follow-up questionnaires received divided by the number of baseline measurements received.

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Previous primary outcome measure:

Follow-up response rate, measured using the number of three-month follow-up questionnaires received divided by the number of baseline measurements sent at three-months

### **Key secondary outcome(s)**

Current secondary outcome measures as of 17/01/2023:

Follow-up response rates, measured using the number of six- and 12-month follow-up questionnaires received divided by the number of baseline questionnaires, may be subsequently conducted.

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Previous secondary outcome measures:

Follow-up response rates, measured using the number of six- and 12-month follow-up questionnaires received divided by the number of baseline questionnaires sent at six- and 12-months

### **Completion date**

30/04/2023

## **Eligibility**

### **Key inclusion criteria**

Participants in cohort randomised trial ISRCTN85437524

### **Participant type(s)**

Other

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

### **Total final enrolment**

101

### **Key exclusion criteria**

Participants not in ISRCTN85437524

### **Date of first enrolment**

15/06/2022

**Date of final enrolment**

16/01/2023

## Locations

**Countries of recruitment**

Norway

**Study participating centre**

Kristiania University College

Prinsens gate 7-9

Oslo

Norway

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## Sponsor information

**Organisation**

Campus Kristiania

**ROR**

<https://ror.org/03gss5916>

## Funder(s)

**Funder type**

Research council

**Funder Name**

Norges Forskningsråd

**Alternative Name(s)**

Forskningsrådet, Norwegian Research Council, Research Council of Norway, The Research Council of Norway

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

## Results and Publications

### Individual participant data (IPD) sharing plan

After completion of the ReISE project and all peer-reviewed publications and disseminations will be complete and published, anonymised/de-identified data will be available upon reasonable request to the data custodian at Kristiania University College. De-identified data will be stored in a secure database for this purpose. Protocol, data from intervention, and statistical analysis plan can be delivered upon reasonable request to principal investigator.  
RobertJames.Froud@kristiania.no

### IPD sharing plan summary

Available on request

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes