

# Effectiveness of orthodontic mini-implant covers

<b>Submission date</b> 04/05/2020	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 06/05/2020	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 06/05/2020	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Orthodontic mini-implants are very small (1.5 – 2 mm wide) customised titanium alloy screws which acts as an anchor point in the jaw. Mini-implants are frequently placed between the roots of teeth, but may also be sited in the roof of the mouth. They are then connected to a fixed brace to help move the teeth.

Orthodontic Mini implants is a procedure which is currently popular and commonly used to reinforce anchorage need in an orthodontic treatment. Despite it resulting in absolute anchorage, there are issues (of varying percentages) related to its usage such as pain due to insertion and impingement of the MI head to the buccal mucosa and ulceration, implantitis and failure of the MI to name a few.

Thus the aim of this study is to look further into this matter by means of RCT. The main aim of this study is to evaluate the pain score of patients who are treated with different methods.

### Who can participate?

Adult orthodontic patients aged 18 - 30 years, requiring MI placement as part of anchorage reinforcement of their orthodontic treatment, and in good health.

### What does the study involve?

Participants will be randomly allocated to receive orthodontic mini implants using three different methods and will be followed up for 30 days.

### What are the possible benefits and risks of participating?

The use of the MI covers have shown to help reduce the pain levels in the subjects. The MI covers can be used as a method to help reduce pain and discomfort for patients, by protecting the tongue, cheek and lips from mucosal injury and trauma which could lead to ulceration.

Risks: none

### Where is the study run from?

University Teknologi MARA (UiTM), Jalan Hospital Postgraduate Orthodontic Clinic (Malaysia)

### When is the study starting and how long is it expected to run for?

Who is funding the study?  
Universiti Teknologi MARA (Malaysia)

Who is the main contact?  
Dr Nor Dayana Mohd Ali, nordayana03@gmail.com

## Contact information

### Type(s)

Public

### Contact name

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### ClinicalTrials.gov (NCT)

Nil known

### Protocol serial number

600-IRMI 5/1/6

## Study information

### Scientific Title

Clinical assessment of orthodontic mini-implant covers and their effect on oral health quality of life: a randomised controlled trial

### Study objectives

1. There will be a difference in the pain level and discomfort in all the three groups (Control, Soft Flow and Composite resin)
2. There will be a difference in the occurrence of ulceration in all the three groups (Control, Soft

Flow and Composite resin)

3. There will be a difference between the subject's Oral health-related quality of life (OHRQoL) in all the three groups with or without the MI covers (Control, Soft Flow and Composite resin)
4. There will be a difference in the cost-effectiveness between the mini implant covers used (Soft Flow and Composite resin groups)

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 02/11/2017, The Research and Ethics Committee of UiTM (Universiti Teknologi MARA, Aras 3, Bangunan Wawasan, 40450 Shah Alam, Selangor, Malaysia; +603-55442094; irmiuitm@salam.uitm.edu.my), ref: REC/294/17

### **Study design**

Prospective single centred randomised clinical trial with three-arm parallel groups of a prospective 1:1:1 allocation ratio

### **Primary study design**

Interventional

### **Study type(s)**

Quality of life

### **Health condition(s) or problem(s) studied**

Oral health (orthodontic)

### **Interventions**

The patients will be allocated randomly by stratified block randomisation. Recruited patients will be active orthodontic patients that require orthodontic mini implants (MIs) as part of their orthodontic treatment plan.

Three groups involved will be:

1. Control group
2. Soft flow group (SF)
3. Composite resin (CR) group

Only the SF and CR groups receive interventions in which the Soft flow material or the Composite resin material will be placed on the MI head after the MI insertion. The parameters observed will be the Pain score, oral health impact profile and cost-effectiveness of the MI covers as well as the MI failure. The nine different time points are: B0 (baseline- before MI insertion for Control group) and T0 (immediately after MI insertion fr SF and CR groups); T1 (1 hour after MI insertion); T12 (12 Hours after MI insertion); T24 (24 hours after MI insertion); TD2 (2 days after MI insertion); TD3 (3 days after MI insertion); TD7 (7 days after MI insertion); TD14 (14days after MI insertion) and TD30 (30 days after MI insertion).

### **Intervention Type**

Other

### **Primary outcome(s)**

Pain score (Numeric Rating Scale) at T0-TD30 at B0 (baseline- before MI insertion for Control group) and T0 (immediately after MI insertion fr SF and CR groups); T1 (1 hour after MI

insertion); T12 (12 Hours after MI insertion); T24 (24 hours after MI insertion); TD2 (2 days after MI insertion); TD3 (3 days after MI insertion); TD7 (7 days after MI insertion); TD14 (14days after MI insertion) and TD30 (30 days after MI insertion)

### **Key secondary outcome(s)**

1. Oral health-related quality of life using the Modified Short Oral Health Impact profile -14 (at T0 and TD30)
2. Cost-Effectiveness of the MI covers calculated by comparing the current the cost of each material (per syringe) and the amount of MI covers that are produced by a single syringe

### **Completion date**

30/04/2019

## **Eligibility**

### **Key inclusion criteria**

1. Orthodontic patients requiring MI placement as part of anchorage reinforcement of their orthodontic treatment
2. Age 18 years up to 30 years old
3. Healthy patients with no underlying systemic diseases or illness
4. Requiring posteriorly and buccally placed MI on the maxilla or mandible (distal to the canines)
5. Healthy periodontium and good oral hygiene

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Total final enrolment**

39

### **Key exclusion criteria**

1. Pre-existing oral soft tissue conditions (such as Recurrent Aphthous Stomatitis)
2. Previously failed MI or reinsertion of MI
3. On medications that may alter the oral health status
4. Underlying medical conditions such as diabetes
5. Cleft lip and palate patients
6. Smokers
7. Allergies to metals such as stainless steel or titanium

**Date of first enrolment**

10/11/2017

**Date of final enrolment**

30/04/2019

## Locations

**Countries of recruitment**

Malaysia

**Study participating centre**

**University Teknologi MARA (UiTM)**

Postgraduate Orthodontic Clinic

Faculty of Dentistry

Jalan Hospital

Sungai Buloh Campus

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## Sponsor information

**Organisation**

Universiti Teknologi MARA

**ROR**

<https://ror.org/05n8tts92>

## Funder(s)

**Funder type**

University/education

**Funder Name**

Universiti Teknologi MARA

## Results and Publications

Individual participant data (IPD) sharing plan

The current data sharing plans for this study are unknown and will be available at a later date.

**IPD sharing plan summary**

Data sharing statement to be made available at a later date