

A randomised trial assessing weight loss and quadriceps strengthening exercises as interventions for reducing knee pain in the community in overweight people

Submission date 05/02/2002	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
Registration date 05/02/2002	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 25/08/2009	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

M0646

Study information

Scientific Title

Acronym

LIKP

Study objectives

Not provided at time of registration

Please note that the target number of participants was added as of 25/08/2009.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Screening

Participant information sheet

Health condition(s) or problem(s) studied

Knee pain, obesity

Interventions

Participants will be randomised to a weight loss programme or an advice leaflet. In addition participants in the treatment arm will be randomised to a quadriceps exercise programme or no exercise programme.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/07/2002

Completion date

30/06/2006

Eligibility

Key inclusion criteria

Participants with knee pain will be identified in the community.

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

389

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/07/2002

Date of final enrolment

30/06/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
Public Health Medicine & Epidemiology
Nottingham
United Kingdom
NG7 2UH

Sponsor information

Organisation

Arthritis Research Campaign (ARC) (UK)

Sponsor details

Copeman House
St Mary's Court
St Mary's Gate
Chesterfield
Derbyshire
United Kingdom
S41 7TD

-
info@arc.org.uk

Sponsor type

Charity

Website

<http://www.arc.org.uk>

ROR

<https://ror.org/02jkpm469>

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	main results	18/08/2009		Yes	No
Results article	results of economic evaluation	18/08/2009		Yes	No