# A pilot study of the effects of applying Turkington and Kingdon's Normalizing Cognitive Behavioural Therapy Programme with mentally disordered offenders with psychosis

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 31/03/2020	<b>Condition category</b> Mental and Behavioural Disorders	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

### Plain English summary of protocol

Not provided at time of registration

### **Contact information**

**Type(s)** Scientific

Contact name

Mr Stuart Guy

#### **Contact details**

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### Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

### Study information

#### Scientific Title

A pilot study of the effects of applying Turkington and Kingdon's Normalizing Cognitive Behavioural Therapy Programme with mentally disordered offenders with psychosis

#### **Study objectives**

 To compare the benefits for patients of Turkington & Kingdon's Normalizing Cognitive Behavioural Programme delivered on a sessional basis (one to one) with normal care
 Delivered to individual mentally disordered offenders who have a case note diagnosis of psychosis

### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied Mental and Behavioural Disorders: Psychosis

#### Interventions

Patients agreeing to participate will be randomly assigned to one of two treatment conditions -Turkington & Kingdon's Normalizing Cognitive Behavioural Programme delivered on a sessional basis (one to one) or normal care.

#### Intervention Type Behavioural

Primary outcome measure

Positive and Negative Syndrome Scale (PANNS), IS, DAI, Beck Depression Inventory (BDI), Beck Anxiety Inventory (BAI), Beck Hopelessness Scale (BHS), Rosenberg Self-Esteem (RSE). Patients will be assessed on these measures at baseline and retested on all measures at the end of treatment phases.

**Secondary outcome measures** Not provided at time of registration

Overall study start date 01/05/2003

**Completion date** 31/08/2003

## Eligibility

#### Key inclusion criteria

A sample of mentally disordered offenders recruited from referrals made by consultant forensic psychiatrists and psychologists at a medium secure unit in East London

Participant type(s) Patient

Age group Not Specified

**Sex** Not Specified

**Target number of participants** Not provided at time of registration

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 01/05/2003

Date of final enrolment 31/08/2003

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre East London and The City Mental Health Trust** London United Kingdom E9 6AT

### Sponsor information

**Organisation** Department of Health

**Sponsor details** Richmond House 79 Whitehall London United Kingdom SW1A 2NL

Sponsor type Government

Website http://www.dh.gov.uk/Home/fs/en

### Funder(s)

**Funder type** Hospital/treatment centre

**Funder Name** East London and The City Mental Health NHS Trust (UK)

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration