# Screening and Intervention Programme for Sensible drinking - Accident and Emergency Department

Submission date Recruitment status Prospectively registered 30/04/2007 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 08/06/2007 Completed [X] Results [ ] Individual participant data Last Edited Condition category Mental and Behavioural Disorders 26/06/2014

### Plain English summary of protocol

Not provided at time of registration

### Contact information

#### Type(s)

Scientific

#### Contact name

Prof Colin Drummond

#### Contact details

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## Additional identifiers

**Protocol serial number** SIPS-AED

## Study information

Scientific Title

A randomised controlled trial of different methods of alcohol screening and brief interventions in routine accident and emergency department care

#### Acronym

SIPS (AED)

#### **Study objectives**

Brief intervention by an alcohol health worker for hazardous and harmful drinkers identified by targeted screening is more effective and cost effective than brief advice conducted by Accident and Emergency Department (AED) staff in the typical AED setting.

As of 11/03/2009 this record was updated to include an extended anticipated end date; the initial end date at the time of registration was 31/12/2008. At this time, the sponsor field was also updated to include the current sponsor of Institute of Psychiatry, King's College London (UK). The initial sponsor at the time of registration was St George's University of London (UK).

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

London Local Research Ethic Committee (LREC), 05/04/2007, ref: 07/MRE02/6

#### Study design

Cluster prospective randomised controlled trial

#### Primary study design

Interventional

### Study type(s)

Quality of life

### Health condition(s) or problem(s) studied

Alcohol use disorders/accident and emergency

#### **Interventions**

- 1. Control condition: AED staff in the control condition will be trained to apply the appropriate screening method and record the screening outcome, will feedback the result of screening to patients and offer them a Patient Information Leaflet (PIL). The PIL is from the Drink-Less Programme and has been extensively pre-tested with clinicians and patients in PHC and will be used in this trial. The PIL will also contain a number for Drinkline where the patient can access further information. The PIL to be used in this trial will be Alcohol and Sensible Drinking as in the PHC study (trial details in http://www.controlled-trials.com/ISRCTN06145674/).
- 2. Simple structured advice condition: AED staff will be trained to carry out screening and deliver up to 5 minutes of brief advice for hazardous and harmful drinkers presenting to the AED, using the Drink-Less brief intervention materials (level 1) as in the PHC study. Patients in this condition will also receive a PIL as above, including a number for Drinkline.
- 3. Alcohol Health Worker condition: This is based on the St Marys Hospital model. AED staff will be trained to carry out universal alcohol screening and to refer hazardous and harmful drinkers

identified by screening to an Alcohol Health Worker (AHW), by making an appointment usually the following day or as soon as possible after AED attendance. Before leaving the AED the patients in this condition will be given a PIL and Simple structured advice as above. The AHW will be experienced in carrying out alcohol assessment and brief interventions. The AHW will carry out a brief lifestyle counseling intervention lasting for 15-20 minutes as in the protocol for PHC lifestyle counseling intervention above (using the Drink-Less brief intervention materials [level 2]).

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Alcohol Use Disorders Identification Test (AUDIT) at baseline and 6 months.

#### Key secondary outcome(s))

The following will be assessed at baseline and 6 months:

- 1. Alcohol Problems Questionnaire
- 2. EQ-5D questionnaire (quality of life assessment)
- 3. Service utilisation
- 4. Staff attitudinal and organisational measures

#### Completion date

30/06/2010

## Eligibility

#### Key inclusion criteria

- 1. AED patients
- 2. Scoring positive on the Paddington Alcohol Test (PAT), FAST or SASQ
- 3. Patients who are alert and orientated
- 4. Aged 18 or over, either sex
- 5. Able to speak English sufficiently well to complete study questionnaires

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Already in contact with alcohol services
- 2. Those already included in the study
- 3. Those requesting help with alcohol problems at a tertiary level

#### Date of first enrolment

01/04/2007

#### Date of final enrolment

30/06/2010

### Locations

#### Countries of recruitment

**United Kingdom** 

England

Study participating centre Section of Addictive Behaviour

London United Kingdom SW17 0RE

## Sponsor information

#### Organisation

Institute of Psychiatry, Kings College London (UK)

#### **ROR**

https://ror.org/0220mzb33

## Funder(s)

#### Funder type

Government

#### **Funder Name**

Department of Health (UK) - part of an action under the governments Alcohol Harm Reduction Strategy for England (2004)

## **Results and Publications**

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	25/06/2014		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes