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Training to improve analgesic prescription for chronic pain

Submission date	Recruitment status	[ ] Prospectively registered
12/05/2010	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
12/05/2010	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
20/04/2017	Signs and Symptoms	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Ms Lisa Austin

Contact details
University of Bath
Norwood house
Bath
United Kingdom
BA2 7AY

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
6840

Study information

Scientific Title

A pilot trial of training in psychological flexibility to improve analgesic prescription for chronic pain in general practice

Study objectives
Can a session of training in psychological flexibility (based on Acceptance and Commitment Therapy [ACT]) have an affect on the way GPs prescribe opioid analgesics to patients with chronic pain and their wellbeing, compared with a control condition?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Bath Research Ethics Committee, 01/09/2008, ref: 08/H0101/115

Study design
Multicentre non-randomised interventional trial

Primary study design
Interventional

Secondary study design
Non randomised controlled trial

Study setting(s)
GP practice

Study type(s)
Treatment

Participant information sheet
Not available in web format, please contact Charlotte Mounce at C.S.Mounce@bath.ac.uk to request a patient information sheet

Health condition(s) or problem(s) studied
Topic: Generic Health Relevance and Cross Cutting Themes, Primary Care Research Network for England; Subtopic: Generic Health Relevance (all Subtopics); Disease: Other

Interventions
Intervention group: half a day lecture session with exercises and group work using principles of ACT - psychological flexibility and mindfulness.
Control group: half a day lecture session on guidelines related to pain and exercises and group work based on motivational interviewing techniques.

Follow-up questionnaires two weeks later. Fifty minute lecture on prescribing opioids for persistent pain (all participants).

Intervention Type
Other

Phase

Phase II

Primary outcome measure
GP self-reported prescribing, measured at the start of the training day, and two weeks later.

Secondary outcome measures
Psychological acceptance, measured at the start of the training day, at the end of the training day, and two weeks later.

Overall study start date
01/09/2009

Completion date
01/10/2011

Eligibility

Key inclusion criteria
1. Must be a general practitioner
2. Either sex, any age

Participant type(s)
Patient

Age group
Other

Sex
Both

Target number of participants
Planned sample size: 196

Key exclusion criteria
Does not meet inclusion criteria

Date of first enrolment
01/09/2009

Date of final enrolment
01/10/2011

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
University of Bath
Bath
United Kingdom
BA2 7AY

Sponsor information

Organisation
University of Bath (UK)

Sponsor details
The Avenue
Claverton Down
Bath
England
United Kingdom
BA2 7AY

Sponsor type
University/education

Website
http://www.bath.ac.uk

ROR
https://ror.org/002h8g185

Funder(s)

Funder type
Industry

Funder Name
Reckitt Benckiser (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration