

# Biphasic nasal continuous positive airway pressure (CPAP) versus nasal CPAP at extubation

<b>Submission date</b> 12/07/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 06/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/08/2020	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
L09030A

## Study information

**Scientific Title**

Prospective randomised controlled trial comparing biphasic nasal continuous positive airway pressure (BiPAP) versus nasal continuous positive airway pressure (NCPAP) at extubation of preterm babies

## **Acronym**

BiPAP study

## **Study objectives**

The aim of this study is to find out whether two levels of supportive airway pressure (biphasic continuous positive airway pressure [BiPAP]) is better at preventing the baby going back to needing reintubation and mechanical ventilation (avoiding extubation failure) compared to a single level of supportive airway pressure (nasal continuous positive airway pressure [NCPAP]) in preterm babies being taken off (extubated) mechanical ventilation.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

West of Scotland Regional Ethics Committee (REC) 1, 29/04/2010, ref: 10/S0703/9

## **Study design**

Prospective open label randomised controlled trial

## **Primary study design**

Interventional

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Respiratory distress in preterm babies; Neonatology

## **Interventions**

Use of Biphasic CPAP or nasal CPAP (based on randomisation) soon after the baby is extubated from mechanical ventilation. Period of intervention first 72 hours post-extubation.

## **Intervention Type**

Other

## **Phase**

Not Specified

## **Primary outcome(s)**

Successful extubation, defined as not meeting reintubation/extubation failure criteria until 72 hours after extubation

## **Key secondary outcome(s)**

1. Gastrointestinal (GI) complications
2. Total duration on ventilatory support
3. Incidence of Chronic Lung Disease (CLD) (defined as need for oxygen support beyond 28 days

/36 weeks corrected gestational age)  
4. Incidence and severity of intraventricular haemorrhage (IVH)  
5. Time to full feeds

**Completion date**

30/08/2014

## Eligibility

**Key inclusion criteria**

Babies born between 23 weeks and 0 days and 30 weeks and 6 days gestation who are supported with mechanical ventilation for at least 6 hours in the first 28 days of life (first episode of ventilation only)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Neonate

**Sex**

All

**Total final enrolment**

122

**Key exclusion criteria**

Babies with any factor that may affect respiratory effort evident from the initial period, e.g.:

1. Neonatal encephalopathy (involvement of the brain with possible seizures, hypoxic ischaemic encephalopathy [HIE] stage 2 or 3, which is related to perinatal asphyxia)
2. Obvious major birth defects (congenital malformations)
3. Disorders of the muscular system with significant weakness (neuromuscular problems)

**Date of first enrolment**

01/09/2010

**Date of final enrolment**

30/08/2014

## Locations

**Countries of recruitment**

United Kingdom

Scotland

**Study participating centre**  
**Consultant Neonatologist**  
Wishaw  
United Kingdom  
ML2 0DP

## Sponsor information

**Organisation**  
NHS Lanarkshire (UK)

**ROR**  
<https://ror.org/049prb569>

## Funder(s)

**Funder type**  
Other

**Funder Name**  
Not provided at time of registration

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	29/05/2019	21/08/2020	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes