# Counselling and entry into HIV care

Submission date Prospectively registered Recruitment status 01/06/2010 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 13/07/2010 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category 17/06/2015 Infections and Infestations

### Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

Protocol serial number MUSPH 06012009

# Study information

#### Scientific Title

Assessing the effect of extended counselling on uptake and adherence to pre- antiretroviral care: A longitudinal, randomised controlled trial

#### Acronym

#### **Study objectives**

Extended counselling is associated with increased uptake and adherence to pre-antiretroviral therapy (ART)

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

- 1. Makerere University School of Public Health Higher Degrees Research and Ethics Committee, 06/01/2009
- 2. Uganda National Council for Science and Technology

#### Study design

Longitudinal double-blind multicentre randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Pre-ARV care adherence

#### **Interventions**

Newly screened HIV positive persons will be followed and monitored for uptake and adherence to the pre-ART care for a period of 5 months depending on the frequency of enrolment of eligible subjects. The HIV positive persons from three centres will be classified into two arms.

- 1. Control arm: HIV positive persons will receive the current format and text of counselling
- 2. Intervention arm: HIV positive persons will receive a specially packaged continuum of extended counselling

### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

Proportion of HIV positive persons with extended counselling who adhere to pre-ART care

#### Key secondary outcome(s))

Proportion of HIV positive persons not lost to follow up during subsequent HIV care

#### Completion date

02/06/2010

## **Eligibility**

#### Key inclusion criteria

Adult patients (>18 years) who test HIV positive at the ART centres at the start of the study (November 2009)

## Participant type(s)

**Patient** 

### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Patients undergoing Prevention of Mother-To-Child Transmission (PMTCT) therapy
- 2. Patients who are not of sound mental status
- 3. Those who are expected to leave the district during the period of follow-up

#### Date of first enrolment

02/12/2009

#### Date of final enrolment

02/06/2010

## Locations

#### Countries of recruitment

Uganda

## Study participating centre Makerere University

Kampala Uganda 256

# Sponsor information

## Organisation

Swedish International Development Authority - Department for Research Cooperation (SIDA /SAREC) (Sweden)

#### **ROR**

https://ror.org/01fn7me06

# Funder(s)

## Funder type

Government

#### **Funder Name**

Swedish International Development Authority - Department for Research Cooperation (SIDA /SAREC) (Sweden)

## **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2010	Yes	No
Results article	results	27/07/2011	Yes	No
Results article	results	01/10/2015	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes