First International Randomised trial in Locally Advanced and Metastatic Adrenocortical Cancer Treatment - Etoposide, Doxorubicin, Cisplatin and Mitotane versus Streptozotocin and Mitotane

Submission date	Recruitment status No longer recruiting	Prospectively registered		
22/08/2005		Protocol		
Registration date	Overall study status	Statistical analysis plan		
16/09/2005	Completed	Results		
Last Edited	Condition category	[] Individual participant data		
20/08/2008	Cancer	Record updated in last year		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Britt Skogseid

Contact details

University Hospital Uppsala Entrance 40, 5th floor Uppsala Sweden 75185 +46 186113768 britt.skogseid@medsci.uu.se

Additional identifiers

Protocol serial number

CO-ACT-001

Study information

Scientific Title

Acronym

FIRM-ACT

Study objectives

Primary objective of this trial is to investigate whether Etoposide, Doxorubicin, Cisplatin plus Mitotane (EDP-M) as first line treatment will prolong survival as compared to Streptozotocin plus Mitotane (Sz-M) as first line treatment for advanced Adrenocortical Carcinoma (ACC).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Adrenocortical Carcinoma

Interventions

Etoposide, Doxorubicin, Cisplatin plus Mitotane (EDP/M) or Streptozotocin plus Mitotane (Sz/M) as first line treatment.

The syudy protocol is available on http://www.firm-act.org/documents/FIRM_ACT_Synopsis.pdf and http://www.firm-act.org/documents/FIRM_ACT_protocol_final.pdf

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Etoposide, Doxorubicin, Cisplatin and Mitotane versus Streptozotocin and Mitotane

Primary outcome(s)

Overall survival

Key secondary outcome(s))

- 1. Quality of life as measured by EORTC QLQ-C30
- 2. Time to progression
- 3. Best overall response rate and duration of response
- 4. Number of disease-free patients
- 5. Impact of reaching mitotane blood levels between 14-20 mg/l in both arms on survival and best overall response rate
- 6. Best overall response rate of both regimens as second line treatment in case of failure of the initial other regime

Completion date

31/12/2011

Eligibility

Key inclusion criteria

- 1. Histologically confirmed diagnosis of adrenocortical carcinoma
- 2. Locally advanced or metastatic disease not amenable to radical surgical resection (Stage III-IV)
- 3. Radiologically monitorable disease
- 4. Eastern Cooperative Oncology Group (ECOG) performance status zero to two
- 5. Life expectancy more than three months
- 6. Age above 18 years
- 7. Adequate bone marrow reserve (neutrophils more than or equal to 1500/mm³ and platelets more than or equal to 100,000/mm³)
- 8. Effective contraception in pre-menopausal female and male patients
- 9. Patients written informed consent
- 10. Ability to comply with the protocol procedures (including availability for follow-up visits)
- 11. Previous palliative surgery, radiotherapy or radiofrequency ablation is acceptable as long as radiologically monitorable disease is verifiable afterwards.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

- 1. History of prior malignancy, except for cured non-melanoma skin cancer, cured in situ cervical carcinoma, or other cancers treated with no evidence of disease for at least five years
- 2. Previous cytotoxic chemotherapy (prior therapy with mitotane is allowed) for adrenocortical carcinoma

- 3. Renal insufficiency (serum creatinine more than or equal to 2 mg/dl or creatinine clearance less than or equal to 50 ml/min)
- 4. Hepatic insufficiency (serum bilirubin more than or equal to two times the institutional upper limit of normal range and/or serum transaminases more than or equal to three times the institutional upper limit of normal range; exception: in patients on mitotane transaminase levels up to five times the institutional upper limit of normal range are acceptable)
- 5. Pregnancy or breast feeding
- 6. Known hypersensitivity to any drug included in the treatment protocol
- 7. Presence of active infection
- 8. Any other severe clinical condition that in the judgment of the local investigator would place the patient at undue risk or interfere with the study completion
- 9. Decompensated heart failure (ejection fraction less than 50%), myocardial infarction or revascularization procedure during the last six months, unstable angina pectoris, and uncontrolled cardiac arrhythmia
- 10. Current treatment with other experimental drugs and/or previous participation in clinical trials with other experimental agents for adrenocortical carcinoma
- 11. Prisoners

Date of first enrolment 01/07/2004

Date of final enrolment 31/12/2011

Locations

Countries of recruitment

Australia

France

Germany

Italv

Netherlands

Sweden

United States of America

Study participating centre University Hospital Uppsala Uppsala Sweden 75185

Sponsor information

Organisation

Collaborative group for Adrenocortical Carcinoma Therapy (CO-ACT) (Germany)

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Investigator funded trial (CO-ACT)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Study website	Study website	11/11/2025	11/11/2025	No	Yes