# The provision of written information on the management of illness: a cluster randomised trial to examine the impact on primary care services and patient empowerment.

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
30/09/2004		Protocol		
Registration date	Overall study status	Statistical analysis plan		
30/09/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
15/08//010	CHIPI			

## Plain English summary of protocol

Not provided at time of registration

# **Contact information**

## Type(s)

Scientific

#### Contact name

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## Additional identifiers

Protocol serial number N0096067462

# Study information

#### Scientific Title

## Study objectives

To determine the impact of providing written patient information on the frequency, duration and type of patient contact with the primary healthcare team.

To establish the views of both patient and primary care staff on the implications of providing written information in terms of patient empowerment, the patients' level of self care, and the patients' confidence in deciding when to consult a health professional.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Other

## Health condition(s) or problem(s) studied

Not Applicable: Service delivery

#### **Interventions**

The study is a cluster randomised trial. Patients will be allocated to one of the intervention arms or the control arm of the trial by the relevant health professional according to the contents of a prepared unmarked envelope.

Patients in the intervention arms will receive a book describing how to best manage by self care or by contact with a health professional a wide range of common illnesses. Information on supplementary sources of health information will also be available. Those in the control group will receive usual care which may include information or other sources of health information.

## Intervention Type

Other

#### Phase

Not Applicable

## Primary outcome(s)

The primary outcome measures will be the number of contacts (consultations and telephone calls) between the patient and the primary health care team over a one year period. The length of consultation will be logged using data from the computerised appointment system.

Semi-structured interviews mine the usefulness of the self care book from both patient and practice perspectives.

## Key secondary outcome(s))

Not provided at time of registration

## Completion date

31/12/2003

# **Eligibility**

## Key inclusion criteria

The patients to be involved in the study will be randomly selected households from the population of 16,500 patients registered with the Parkbury House Surgery. 800 patients will be invited to participate in each intervention arm, and all occupants of each household will be included (approximately 10% of households.)

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

## Age group

Adult

#### Sex

All

## Key exclusion criteria

Patients under the age of 16 will not be used in the random allocation process, and households in which English is not clearly understood will be excluded as the information to be used in the study is available in English only.

## Date of first enrolment

01/04/1998

### Date of final enrolment

31/12/2003

## **Locations**

## Countries of recruitment

United Kingdom

England

Study participating centre
Parkbury House Surgery
St Albans
United Kingdom
AL1 3HD

# Sponsor information

## Organisation

Department of Health

# Funder(s)

## Funder type

University/education

## Funder Name

University of Hertfordshire Research Network (HertNet) / Centre for Research in Primary and Community Care (CRIPACC) (UK)

## **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2005		Yes	No