# Improving the prediction of metastatic disease in primary colorectal cancer

Submission date	<b>Recruitment status</b> No longer recruiting	[X] Prospectively registered		
10/08/2011		Protocol		
Registration date 10/08/2011	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
16/04/2025	Cancer			

### Plain English summary of protocol

Background and study aims

We are carrying out a study to see if we can improve the imaging of colorectal cancer using a type of Computed Tomography (CT) scan known as perfusion CT. This type of scan can measure blood supply to tumours and we hope to use this information to improve our understanding of how tumours may behave and so future treatment.

Who can participate?

Men and women, aged 18 years or over, with suspected or proven colorectal cancer.

### What does the study involve?

Participants will undergo an additional CT scan, which lasts approximately 2 minutes. This is carried out at the same time as the usual CT scan that participants would normally have. During the scan a dye will be administered through a needle in the participant's arm. Also, a bowel relaxant called buscopan will be given by injection to achieve a better quality scan image. Participants will continue to attend clinic visits for the first three years following the additional scan.

What are the possible benefits and risks of participating?

There may be no immediate benefit to those taking part. However the information we get from the study will help us to improve scan imaging of future patients and to possibly assess future cancer treatment. The main risk associated with the study is the increased radiation dose that comes with receiving an additional CT scan. The dye that is administered during the scan may cause mild side effects including nausea and vomiting, or a rash. An allergic reaction occurs rarely and may require drug treatment. Buscopan commonly causes a dry mouth. Other side effects are rare and include fast beating heart, shortness of breath and skin reactions.

Where is the study run from?
Bradford Royal Infirmary
Guy;s and St Thomas; Hospital, London
Western General, Edinburgh
University Hospital of North Staffordshire
Churchill Hospital, Oxford

Queen Alexandra Hospital, Portsmouth Royal Cornwall Hospital, Truro Northern General Hospital, Sheffield Southampton General Ninewells Hospital, Dundee York Hospital St James' University Hospital, Leeds

When is the study starting and how long is it expected to run for? The study began recruiting in November 2011, and participants will be enrolled for 12-15 months. Recruitment will end in early 2013.

Who is funding the study? National Institute for Health Research - Health Technology Assessment Programme

Who is the main contact? PROSPECT study team, phs.prospect@phs.scot

# **Contact information**

## Type(s)

Scientific

#### Contact name

Dr Joanna Dunlop

### Contact details

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# Additional identifiers

Protocol serial number 9423

# Study information

### Scientific Title

Improving the prediction of metastatic disease in primary colorectal cancer: prospective multicentre evaluation of a prognostic model of conventional predictive variables and novel variables derived from perfusion computed tomography

### Acronym

### **PROSPECT**

### **Study objectives**

To improve the prediction of metastatic disease in patients with colorectal cancer by developing a prognostic model based on disease free survival, that is superior to current practice, via prospective evaluation of both conventional predictive variables and novel variables derived from perfusion computed tomography (CT).

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

First MREC, 20/01/2011, ref: 10/H0713/84

### Study design

Non-randomised, interventional

### Primary study design

Interventional

### Study type(s)

Diagnostic

### Health condition(s) or problem(s) studied

Colorectal cancer

### **Interventions**

- 1. Perfusion computed tomography (CT) sequence
- 2. An additional perfusion CT sequence during the standard contrast-enhanced staging CT
- 3. Follow Up Length: 36 months

### Intervention Type

Other

#### Phase

Not Applicable

### Primary outcome(s)

- 1. To improve the prediction of metastatic disease in patients with colorectal cancer by developing a prognostic model based on disease-free survival
- 2. Measured at 3 and 5 years for each individual patient

# Key secondary outcome(s))

No secondary outcome measures

# Completion date

31/12/2020

# Eligibility

### Key inclusion criteria

- 1. Patients with suspected or proven (via optical colonoscopy and biopsy) colorectal cancer attending for pre-operative staging CT
- 2. Suspicion of colorectal cancer defined as:
- 2.1. Presence of a mass highly suspicious for colorectal cancer on barium enema, CT colonography or other imaging
- 2.2. Large bowel obstruction
- 2.3. Elevated serum CEA
- 3. Ability to provide informed written consent
- 4. Aged 18 years or over
- 5. Male or female participants

### Participant type(s)

**Patient** 

# Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

#### Sex

All

### Total final enrolment

326

### Key exclusion criteria

- 1. Inability to provide informed written consent
- 2. Pregnancy
- 3. Renal impairment defined as serum creatinine >1150mmol/L
- 4. Previous iodinated contrast allergy
- 5. Inability to cannulate
- 6. Inability to lie flat
- 7. Weight greater than 200 kg (maximum weight capacity of CT scanner is 200 kg)

### Date of first enrolment

01/11/2011

### Date of final enrolment

31/12/2012

# Locations

### Countries of recruitment

United Kingdom

Study participating centre ISD Cancer Clinical Trials Team Edinburgh United Kingdom EH12 9EB

# Sponsor information

## Organisation

King's College London

### **ROR**

https://ror.org/0220mzb33

# Funder(s)

### Funder type

Government

### **Funder Name**

NIHR - Health Technology Assessment Programme (HTA)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		05/06/2024	11/06/2024	Yes	No
Results article		16/04/2025	16/04/2025	Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes