# Prophylactic mesh in urostomies does it help to prevent stoma hernia?

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
22/10/2013	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
11/12/2013	Completed	[X] Results
<b>Last Edited</b> 19/08/2020	<b>Condition category</b> Digestive System	[] Individual participant data

#### Plain English summary of protocol

Background and study aims

Removal of the bladder (called cystectomy) is sometimes necessary, for example when serious forms of bladder cancer are diagnosed. After a bladder removal, the urine must be collected somehow. The most common way to do that is via a urostomy, when a section of the small intestine is drawn through the abdominal wall and a plastic bag is placed at the end on the skin in order to collect urine. A urostomy may cause a hernia and a 50% risk has been seen in some studies. Abdominal content (fat or small intestine) will bulge out and make the attachment of the plastic bag difficult. A hernia can also cause pain, discomfort or bowel obstruction (called ileus) and an operation will be needed. One way to prevent the formation of a hernia is to put a mesh (a plastic net) around the urostomy. The aim of the study is to assess whether using such a mesh will reduce the number of hernias.

#### Who can participate?

All patients undergoing cystectomy who are above 18 and have not had a stoma (opening of the abdomen) or hernia before.

#### What does the study involve?

Half of them will be operated the new way, with a mesh and the other half will be operated the old way, without. All patients above the age of 18 and not having a stoma or hernia before, can participate. We will check the patients with clinical examination and computed tomography (CT) 3, 6, 12 and 24 months after operation and look for hernias, complications of the mesh and evaluate how easy it is to bandage the urostomy. We want to include 200 patients in the study.

What are the possible benefits and risks of participating? Not provided at time of registration

Where is the study run from?

The study is led from Helsingborg (Sweden) and there are three sites.

When is the study starting and how long is it expected to run for? The study started in May 2012 and the aim is to include 200 patients by 2015. The final results are expected to be published in 2017-2018.

Who is funding the study? Stig and Ragna Gorthon Foundation and Thelma Zoega Foundation (Sweden).

Who is the main contact? Dr Petter Kollberg petter.kollberg@skane.se

## Contact information

#### Type(s)

Scientific

#### Contact name

Dr Mats Blackberg

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Prophylactic mest at Bricker urostmy - a prospective randomized multicenter trial regarding stoma hernia with or without mesh

#### Study objectives

Parastomal mesh lower the frequency of parastomal hernias.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics Committee Etikprövningsnämnden aprroval on 22/05/2012, reference 2012/236

#### Study design

Prospective randomized multicenter trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Prevention

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Abdominal wall hernia

#### **Interventions**

Application of a retromuscular parastomal composite net versus no net.

We randomize patients to either have a stoma mesh or not. The mesh is applied around the stoma, in the abdominal wall behind the rectus muscle. Those operated without a mesh are operated using the standard procedure.

All participants will be followed for 24 months and undergo at computerized tomography (CT) at 6, 12 and 24 months.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Number of parastomal hernia at 6, 12 and 24 months postoperatively

#### Secondary outcome measures

- 1. Infection frequency at 30 days postoperatively
- 2. Net related complications during 24 months postoperatively
- 3. Cost of stomal bandaging 24 months postoperatively

#### Overall study start date

01/06/2012

#### Completion date

# **Eligibility**

#### Key inclusion criteria

- 1. Patient planned for cystectomy with Bricker conductor
- 2. Patient age above age of 18

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

### Target number of participants

200

#### Total final enrolment

242

#### Key exclusion criteria

- 1. History of former abdominal stoma
- 2. Present abdominal stoma
- 3. Former or present abdominal wall hernia

#### Date of first enrolment

01/06/2012

#### Date of final enrolment

31/12/2015

# Locations

#### Countries of recruitment

Sweden

## Study participating centre Sodra Vallgatan 5

Helsingborg Sweden 25437

# Sponsor information

#### Organisation

Thelma Zoega Foundation (Sweden)

#### Sponsor details

Box 117 Lund Sweden 22100

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#### Sponsor type

Research organisation

# Funder(s)

#### Funder type

Research organisation

#### **Funder Name**

Stig and Ragna Gorthon Foundation (Sweden) No 86485

#### **Funder Name**

Thelma Zoega Foundation (Sweden) No 86476

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results articleresults01/11/202019/08/2020YesNo