# What is the effect of different incentive levels on the participation rate for a mailed survey and telephone interview?

Submission date	Recruitment status	Prospectively registered
14/08/2013	No longer recruiting	[_] Protocol
Registration date	Overall study status	Statistical analysis plan
04/10/2013	Completed	[_] Results
Last Edited	Condition category	Individual participant data
07/10/2013	Nutritional, Metabolic, Endocrine	[] Record updated in last year

#### Plain English summary of protocol

#### Background and study aims

Non-response is an important issue for studies using a written questionnaire. For different reasons, potential participants are reluctant to complete questionnaires. Our aim is to find the best possible level of incentive (when using a written questionnaire and additional telephone interview) to participate in a study.

Who can participate? Patients with diabetes who are aged 18 years or over can participate in this study.

#### What does the study involve?

Patients are randomly allocated to one of four groups. Patients are offered four different levels of incentive (either 5, 7.50, 10 or 12.50 euros, according to the group that they are allocated to) to participate in a written survey and an additional telephone interview.

What are the possible benefits and risks of participating? All patients are part of the study, even if they do not participate (as we are studying the participation rate). The benefit for those who do participate is a gift card with a value of between 5 and 12.50 euros. There are no risks involved.

Where is the study run from?

This study is run from 7 GP practices; 5 of them in the city of Arnhem and 2 in the region Achterhoek (including the towns Aalten and Gendringen), Netherlands.

When is study starting and how long is it expected to run for? Recruitment of patients started in June 2013 and will last until August 2014.

Who is funding the study?

The study is funded by the European Union, Belgium.

Who is the main contact? Mr Jan Koetsenruijter, j.koetsenruijter@iq.umcn.nl Professor Michel Wensing, m.wensing@iq.umcn.nl

# **Contact information**

**Type(s)** Scientific

**Contact name** Prof Michel Wensing

**Contact details** Geert Grooteplein 21 Nijmegen Netherlands 6500 HB

# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N/A

# Study information

#### Scientific Title

The effect of different incentive levels on the participation rate for a mailed survey and telephone interview: a randomized controlled trial

#### **Study objectives**

Higher incentives will lead to a higher response rate, but this effect is not linear. For example, the relative increase of response will become smaller as the incentive becomes higher. Moreover, we expect this curve to be different between high and low deprivation areas.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Committee on Research Involving Human Subjects (CMO) region Arnhem - Nijmegen (Commissie Mensgebonden Onderzoek [CMO] regio Arnhem Nijmegen), 08/04/2013, ref: 2013/098

#### Study design

Randomized controlled trial

#### Primary study design

Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** GP practice

**Study type(s)** Screening

#### Participant information sheet

Not available in web format, please contact j.koetsenruijter@iq.umcn.nl to request a patient information sheet

#### Health condition(s) or problem(s) studied

Participation rate within patients with type 2 diabetes

#### Interventions

Patients are randomized within a GP practice. At the GP practice the patient is handed over an anonymous and closed envelope with a specific level of incentive and a questionnaire included. Both researcher and the employee at the GP practice do not know the level of the included incentive.

Respondents are offered four different levels of incentive to participate in a written survey and an additional telephone interview. The incentives are 5, 7.50, 10 and 12.50 euros. This is the only difference between the four treatment arms. There is no follow-up planned.

#### Intervention Type

Other

**Phase** Not Applicable

#### Primary outcome measure

Participation rate will be studied within three different areas with different levels of deprivation (subgroup analysis). The participation rate is measured by the total amount of completed questionnaires and telephone interviews, divided by the total number of distributed questionnaires. This rate will be calculated for each level of incentive. There is only one time point as each participant can only complete the questionnaire once.

#### Secondary outcome measures

Not provided at time of registration

Overall study start date 01/06/2013

**Completion date** 01/08/2014

# Eligibility

#### Key inclusion criteria

- 1. Medical diagnosis of diabetes (not a patient-reported diagnosis)
- 2. Type 2 diabetes only (no type 1, but comorbidities such as cardiovascular disease are allowed)
- 3. Male and female, 18 years or over

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

**Target number of participants** 300

#### Key exclusion criteria

- 1. No established diagnosis of diabetes, but obesity or high risk for developing diabetes
- 2. Mix of type 2 and type 1 (not pure type 2 diabetes)
- 3. Pregnancy
- 4. Pregnancy-related diabetes
- 5. Recent/current major surgery or medical procedures
- 6. Severe cognitive or psychiatric handicap
- 7. Terminal illness/receiving palliative care
- 8. Absence of translators (e.g. family members) for patients with insufficient language skills

#### Date of first enrolment

01/06/2013

# Date of final enrolment 01/08/2014

# Locations

**Countries of recruitment** Netherlands

**Study participating centre Geert Grooteplein 21** Nijmegen Netherlands 6500 HB

### Sponsor information

**Organisation** Radboud University Medical Centre (Netherlands)

**Sponsor details** Postbus 9101 Nijmegen Netherlands 6500 HB

**Sponsor type** Hospital/treatment centre

Website http://www.umcn.nl

ROR https://ror.org/05wg1m734

# Funder(s)

**Funder type** Government

**Funder Name** European Union (Belgium)

# **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration