

An evaluation of the effectiveness of delivery of Health Promotion Interventions to people with serious mental illness by their key workers

Submission date 29/09/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 29/09/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 23/04/2021	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

An evaluation of the effectiveness of delivery of Health Promotion Interventions to people with serious mental illness by their key workers

Study objectives

Can a specific programme of health promotion interviews, delivered by their key worker, to clients with serious mental illness produce meaningful health gains?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders

Interventions

Subjects will be randomised using a hidden computer generated random number programme to receive five sessions of supervised health promotion interventions in addition to their usual treatment or to receive treatment as usual from their key worker. Subjects randomised to the 'treatment as usual' group will be offered the health promotion interventions at the end of the study period. The initial measurements will be repeated after 5 sessions of health education (subjects) or 10 weeks of treatment as usual (controls). Pre and post intervention measurements will be made by the same rater who will be blind to the interviewees status in the study.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Basic health screening questionnaire and measure of height, weight, blood pressure and resting pulse. Baseline lifestyle factors (diet, exercise, smoking, alcohol and drug use) and psychological health will be measured using validated research instruments (the Hospital Anxiety and Depression (HAD) scale and SF-36 scale of subjective well being).

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/02/2006

Completion date

31/08/2006

Eligibility**Key inclusion criteria**

Key workers and patients of the West Southampton CMHT location of Hampshire Partnership Trust.

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/02/2006

Date of final enrolment

31/08/2006

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre

Cannon House
Southampton
United Kingdom
SO15 5PQ

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Sponsor details

The Department of Health, Richmond House, 79 Whitehall
London
United Kingdom
SW1A 2NL
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Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

West Hampshire Consortium (UK)

Funder Name

NHS R&D Support Funding

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article				Yes	No
Results article		01/10/2009	23/04/2021	Yes	No