

# A pilot study for a randomised controlled trial to determine if reflexology can help improve neurological damage caused by taxane chemotherapy drugs

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 09/11/2015	<b>Condition category</b> Cancer	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Ms Rebecca J Pitt

### Contact details

St Chad's Outpatients and Chemotherapy Department  
City Hospital  
Dudley Road  
Birmingham  
United Kingdom  
B18 7QH

## Additional identifiers

### Protocol serial number

N0064131831

## Study information

Scientific Title

A pilot study for a randomised controlled trial to determine if reflexology can help improve neurological damage caused by taxane chemotherapy drugs

**Study objectives**

Does reflexology help to improve the neurotoxicity (tingling and numbness) in the hands and feet experienced by some patients following cytotoxic chemotherapy with Paclitaxel and Docetaxel?

Can the benefits of using reflexology in this setting be proven by the use of nerve conduction studies? (i.e. will there be a statistical difference over time in the reflexology group compared to the control group?).

Does the use of reflexology in this context help patients to feel better in themselves? (Quality of Life questionnaire will be used for this).

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Neurotoxicity after chemotherapy

**Interventions**

Single centre, patient volunteers, prospective, controlled, therapeutic, observational, randomised, questionnaire study.

Reflexology vs no reflexology

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/06/2004

# Eligibility

## Key inclusion criteria

Not provided at time of registration

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Not Specified

## Sex

Not Specified

## Key exclusion criteria

Not provided at time of registration

## Date of first enrolment

01/06/2003

## Date of final enrolment

01/06/2004

# Locations

## Countries of recruitment

United Kingdom

England

## Study participating centre

City Hospital

Birmingham

United Kingdom

B18 7QH

# Sponsor information

## Organisation

Department of Health

# Funder(s)

## Funder type

Government

## Funder Name

Sandwell and West Birmingham Hospitals NHS Trust (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes