# KARE - Keratinocyte growth factor in acute lung injury to reduce pulmonary dysfunction

Submission date Recruitment status Prospectively registered 06/09/2010 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 23/09/2010 Completed [X] Results Individual participant data **Last Edited** Condition category 22/05/2017 Respiratory

## Plain English summary of protocol

Not provided at time of registration

# **Contact information**

## Type(s)

Scientific

#### Contact name

Prof Danny Francis McAuley

#### Contact details

Microbiology Building Royal Victoria Hospital Grosvenor Road Belfast United Kingdom BT12 6BN

# Additional identifiers

**EudraCT/CTIS number** 2010-021186-70

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers 10089DMCA-CS

# Study information

#### Scientific Title

Keratinocyte growth factor in acute lung injury to reduce pulmonary dysfunction: a randomised placebo controlled trial

#### Acronym

**KARE** 

#### **Study objectives**

The hypothesis is that treatment with palifermin will improve surrogate clinical outcomes in adult patients with acute lung injury and is safe.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Office for Research Ethics Committees Northern Ireland (ORECNI) HSC REC 2, 04/08/2010, ref: 10 /NIR02/32

#### Study design

Prospective randomised double-blind placebo-controlled phase II multi-centre trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

## Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Acute lung injury

#### **Interventions**

Patients will be randomised to palifermin 60 µg/kg or normal saline placebo daily as a bolus intravenous injection for up to 6 days. Administration will not occur through an intravenous line that has been flushed with heparin. The intravenous line will be flushed with normal saline prior to and after study drug administration. The first dose of study drug will be administered within 4 hours of randomisation and subsequent doses will be at 10 am daily starting on the following calendar day.

#### Intervention Type

Drug

#### **Phase**

Phase II

## Drug/device/biological/vaccine name(s)

Palifermin

#### Primary outcome measure

Oxygenation index (OI) at day 7 or the last available OI prior to patient discontinuation from the study. OI is a physiological index of the severity of ALI and measures both impaired oxygenation and the amount of mechanical ventilation delivered. We and others have shown OI is independently predictive of mortality in patients with ALI. We have chosen day 7 as we expect this time interval will minimise the competing effects of death and extubation, while allowing a sufficient time interval for a biological effect to occur.

OI is calculated as (mean airway pressure [cm H20] x FiO2 x 100) = PaO2 (kPa). These simple measurements are easily and routinely collected as part of standard ventilator practice.

## Secondary outcome measures

- 1. Oxygenation index (OI) at days 3 and 14
- 2. Physiological indices of acute lung injury, as measured by respiratory compliance (Crs), P/F ratio, and the pulmonary dead space fraction at days 3, 7 and 14
- 3. Change in sequential organ failure assessment (SOFA) score from baseline to day 7 and 14
- 4. Safety and tolerability as assessed by the occurrence of AEs and Suspected Unexpected Serious Reactions (SUSARs)

Although the duration of ventilation and ICU stay as well as ICU and hospital mortality and 28-day mortality will also be documented, these important clinical outcomes are not included as major outcome measures as the study is not adequately powered to assess these outcomes.

## Overall study start date

10/09/2010

## Completion date

31/12/2013

# **Eligibility**

#### Key inclusion criteria

Current inclusion criteria as of 23/01/2014:

- 1. Aged greater than 18 years, either sex
- 2. Acute lung injury (ALI) as defined by acute onset of:
- 2.1. Hypoxic respiratory failure (partial pressure of oxygen in arterial blood [PaO2]/fraction of inspired oxygen [FiO2] less than or equal to 40 kPa)
- 2.2. Bilateral infiltrates on chest X-ray consistent with pulmonary oedema
- 2.3. No clinical evidence of left atrial hypertension or if measured, a pulmonary arterial occlusion pressure (PAOP) less than or equal to 18 mmHg
- 2.4. Requirement for positive pressure mechanical ventilation via an endotracheal tube or

#### tracheostomy

All ALI criteria above must occur within the same 24-hour period. The onset of ALI is when the last ALI criterion is met. Patients must be enrolled within 72 hours of ALI onset.

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- 1. Aged greater than 18 years, either sex
- 2. Acute lung injury (ALI) as defined by acute onset of:
- 2.1. Hypoxic respiratory failure (partial pressure of oxygen in arterial blood [PaO2]/fraction of inspired oxygen [FiO2] less than or equal to 40 kPa)
- 2.2. Bilateral infiltrates on chest X-ray consistent with pulmonary oedema
- 2.3. No clinical evidence of left atrial hypertension or if measured, a pulmonary arterial occlusion pressure (PAOP) less than or equal to 18 mmHg
- 2.4. Requirement for positive pressure mechanical ventilation via an endotracheal tube or tracheostomy

All ALI criteria above must occur within the same 24-hour period. The onset of ALI is when the last ALI criterion is met. Patients must be enrolled within 48 hours of ALI onset.

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

## Target number of participants

60

#### Key exclusion criteria

Current exclusion criteria as of 23/01/2014:

- 1. Aged less than 18 years
- 2. More than 48 hours from the onset of ALI
- 3. Pregnancy
- 4. Participation in a clinical trial of an investigational medicinal product within 30 days
- 5. Consent declined
- 6. Current treatment with KGF
- 7. Known hypersensitivity to palifermin or Escherichia coli derived proteins
- 8. Previous adverse reaction to palifermin
- 9. Active history of malignancy excluding haematological malignancies
- 10. Chronic liver disease with Child-Pugh score greater than 12

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- 3. Pregnancy
- 4. Participation in a clinical trial of an investigational medicinal product within 30 days
- 5. Consent declined

- 6. Current treatment with KGF
- 7. Patients with pancreatitis
- 8. Known hypersensitivity to palifermin or Escherichia coli derived proteins
- 9. Previous adverse reaction to palifermin
- 10. History of active malignancy
- 11. Chronic liver disease with Child-Pugh score greater than 12

#### Date of first enrolment

10/09/2010

#### Date of final enrolment

31/12/2013

## Locations

#### Countries of recruitment

Northern Ireland

**United Kingdom** 

## Study participating centre Royal Victoria Hospital

Belfast United Kingdom BT12 6BN

# Sponsor information

#### Organisation

Belfast Health and Social Care Trust (UK)

#### Sponsor details

c/o Professor Ian Young
Trust Research Office
2nd Floor King Edward Building
Royal Victoria Hospitals
Grosvenor Road
Belfast
Northern Ireland
United Kingdom
BT12 6BA

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.belfasttrust.hscni.net/

#### **ROR**

https://ror.org/02tdmfk69

# Funder(s)

## Funder type

Government

#### Funder Name

Public Health Agency for Northern Ireland (UK) - HSC Research and Development Division (ref: EAT/4208/09)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	18/02/2013		Yes	No
Results article	results	01/06/2017		Yes	No
HRA research summary			28/06/2023	No	No