# Effect of acupuncture using the HeSantong method on diabetic peripheral neuropathy

Submission date 27/12/2013	Recruitment status  No longer recruiting	Prospectively registered
		☐ Protocol
<b>Registration date</b> Overall study st 17/02/2014 Completed	Overall study status	Statistical analysis plan
	Completed	Results
Last Edited	Edited Condition category	Individual participant data
02/09/2020	<b>5 5</b>	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Background and study aims

Diabetic peripheral neuropathy (DPN) is a common complication of diabetes, which may lead to diabetic foot ulcers and foot or limb amputations. It is commonly treated by acupuncture. There are many published cases reports showing that acupuncture works for DPN. More in-depth research is needed and this is the aim of this study (Wentong Method of Hesantong Method based on Hesantong Method developed by Professor He Puren).

Who can participate?

Participants diagnosed with DPN.

What does the study involve?

Participants are randomly allocated to one of two groups: Wentong Method/Hesantong Method group or Shallow acupuncture at sham points group. Participants undergo a number of tests before and after the 8-week treatment.

What are the possible benefits and risks of participating?

Participants may experience infection, hematoma, syncope, discomfort after the acupuncture.

Where is the study run from?

BeiJing Hospital of Traditional Chinese Medicine affiliated to Capital Medical University (China)

When is study starting and how long is it expected to run for? August 2013 to July 2015.

Who is funding the study?

BeiJing Hospital of Traditional Chinese Medicine affiliated to Capital Medical University (China)

Who is the main contact? Professor Yi Jinghong kycyjh@sina.com

# Contact information

# Type(s)

Scientific

# Contact name

Prof Jinghong Yi

# Contact details

Beijing Hospital of Traditional Chinese Medicine affiliated to Capital Medical University 23 Mei Shu Guan Hou Jie Dong Cheng District Beijing China 100010

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

Effect of acupuncture using the HeSantong method on diabetic peripheral neuropathy: a randomised controlled trial

# **Study objectives**

- 1. The Wentong method and HeSantong method are both specific and holistic. This non-drug therapy has tremendous potential and is likely to treat diabetic peripheral neuropathy as expected.
- 2. Objective and comprehensive evaluating indexes can improve the credibility of acupuncture using the Wentong method and the HeSantong method on diabetic peripheral neuropathy.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Ethics Committee of Beijing Hospital of Traditional Chinese Medicine affiliated to Capital Medical University, 29/11/2013, ref. 2013BL-085-01

# Study design

Randomised controlled trial

# Primary study design

# Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Diabetic Peripheral Neuropathy

# **Interventions**

Patients are randomised to receive the following treatments:

1. Acupuncture using the Wentong method and the Hesantong method

Main points: Yanglingquan, Zusanli, Taixi, Ashi points

Needling method: Wentong Method and HeSantong method

Treating course: treatment given twice a week for 8 weeks as one course of treatment

2.Shallow acupuncture at sham points Points: sham meridians and points

Needling method: Shallow acupuncture at sham points

Treating course: treatment given twice a week for8 weeks as one course of treatment

# Intervention Type

Other

## Phase

Not Applicable

# Primary outcome measure

- 1. Traditional Chinese medicine (TCM) syndrome score at baseline, after treatment for 4 and 8 weeks, and after 4 weeks of completing the treatment
- 2. Nerve electrophysiological examination at baseline and after 8 weeks treatment

# Secondary outcome measures

MDNS at baseline, after treatment for 4 and 8 weeks and after 4 weeks of completing the treatment

# Overall study start date

01/08/2013

# Completion date

31/07/2015

# Eligibility

# Key inclusion criteria

- 1. Patient has diabetic peripheral neuropathy
- 2. Patient aged 18 to 70 years
- 3. Michigan diabetic neuropathy score (MDNS) of 7 to 29
- 4. Fasting blood glucose (FBG) less than or equal to 8.0mmol/L, Postprandial Plasma Glucose (PPG) less than or equal to 11.0 mmol/L
- 5. Patient providing informed consent

# Participant type(s)

Patient

# Age group

Adult

# Lower age limit

18 Years

## Sex

Both

# Target number of participants

60

# Key exclusion criteria

- 1. Patient suffering from acute complications of diabetes within one month
- 2. Patients with spinal cord injury, spinal deformity, stroke sequela and neuromuscular disorders or peripheral neuropathy caused by other factors (such as heredity, alcoholism, uremia, infection, malnutrition, drug intoxication and metal intoxication)
- 3. Patient having epilepsy or mental illness
- 4. Patient having arteriovenous disease
- 5. Patient having the following complications: serious primary diseases of other systems, abnormal liver and kidney function, overwhelming infection or advanced tumor
- 6. Dipsomanias
- 7. Drug abuse over the past five years or been exposed to chemical poisons

# Date of first enrolment

01/08/2013

# Date of final enrolment

31/07/2015

# Locations

# Countries of recruitment

China

# Study participating centre Beijing Hospital of Traditional Chinese Medicine affiliated to Capital Medical University Beijing China 100010

# Sponsor information

# Organisation

Beijing Hospital of Traditional Chinese Medicine Affiliated to Capital Medical University (China)

# Sponsor details

c/o Jinghong YI 23 Mei Shu Guan Hou Jie Dong Cheng District Beijing China 100010

# Sponsor type

Hospital/treatment centre

### **ROR**

https://ror.org/057vq6e26

# Funder(s)

# Funder type

Hospital/treatment centre

# **Funder Name**

Beijing Hospital of Traditional Chinese Medicine affiliated to Capital Medical University (China)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration