# The effect of nidotherapy on antisocial behaviour and attitudes to intervention

Submission date	Recruitment status	Prospectively registered		
15/10/2006	No longer recruiting	☐ Protocol		
Registration date 06/02/2007	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
03/05/2011	Mental and Behavioural Disorders			

### Plain English summary of protocol

Not provided at time of registration

### Contact information

### Type(s)

Scientific

#### Contact name

Prof Peter Tyrer

### Contact details

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### Additional identifiers

Protocol serial number M0007161104

## Study information

Scientific Title

### **Acronym**

NIDO-ASPD

### Study objectives

The qualitative component of the study will explore the relationship between the process of nidotherapy and the outcome measures assessed in the main project. A researcher independent of the main trial will complete a series of key informant interviews aimed at identifying themes. This will be followed by in depth interviews with patients and key workers. Eight study participants will be purposely selected ensuring that a range of demographic and clinical factors are covered (e.g. male and female service users, white and Black and Minority Ethnic [BME] service users and those who were initially treatment seeking and treatment resistant). Questioning will be structured by the researcher to ensure coverage of key themes but will also be responsive to issues that emerge from respondents accounts.

We will also collect data from non-participant observation of therapy sessions. This will help the researcher to be aware of differing views, interests and perspectives of the participants and help elucidate accounts of the process given in interviews. All interviews will be tape-recorded and verbatim transcripts made. When patients decline to give consent for interviews consent will be sought form verbatim note taking. Data will be downloaded for analysis using the NVivo computer package.

The hypotheses of this trial are:

- 1. To determine if nidotherapy is an acceptable form of treatment in forensic settings for both patients and therapists
- 2. To test whether there are changes in aggressive behaviour, engagement and functioning after nidotherapy and the time scale of such changes
- 3. To determine if resistance to change in personality is reduced by nidotherapy (as measured by change from Type R to Type S personalities)
- 4. To determine whether nidotherapy is an appropriate treatment to test in a large randomised controlled trial in forensic patients

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Brent Medical Ethics Committee on the 28/02/2005 (ref: 05/Q0408)

### Study design

Observational study with assessments at baseline and up to six months together with qualitative analysis

### Primary study design

Observational

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Antisocial personality disorder in conjunction with any major mental illness

### **Interventions**

Up to 12 sessions of nidotherapy over a six month period given by a trained nidotherapist.

### Intervention Type

Other

#### Phase

**Not Specified** 

### Primary outcome(s)

Change in scores on Modified Overt Aggression Scale (MOAS) after six months from baseline.

The primary objectives of the analysis will be:

- 1. To describe the processes involved in nidotherapy and which aspects of strategy and approach are most often used
- 2. To assess from the perspective of service users about the benefits and dis-benefits of this complex intervention and the factors that may promote successful therapy

### Key secondary outcome(s))

To measure changes in personality treatment seeking, engagement, severe episodes of aggression and social functioning after six months.

### Completion date

31/03/2007

### Eligibility

### Key inclusion criteria

All patients attending a range of local secure and assertive outreach services in the London Boroughs of Brent and Hammersmith and Fulham are considered for intervention with nidotherapy if they satisfy the following inclusion criteria:

- 1. Written informed consent for treatment, assessment and examination of case records
- 2. A diagnosis of any mental state (Axis 1) psychiatric disorder and a personality disorder after assessment using the OPCRIT system (mental state diagnosis) and personality disorder (after assessment with the Personality Assessment Schedule (PAS)
- 3. Evidence they are likely to stay in the relevant area for a period of at least six months (i.e. are not likely to have a major forced environmental change such as imprisonment)
- 4. Agreement for at least some nidotherapy treatment sessions to be audio-taped

### Participant type(s)

**Patient** 

### Healthy volunteers allowed

No

### Age group

**Not Specified** 

#### Sex

**Not Specified** 

### Key exclusion criteria

None if all above satisfied.

### Date of first enrolment

01/04/2005

### Date of final enrolment

31/03/2007

### Locations

#### Countries of recruitment

United Kingdom

England

Study participating centre
Department of Psychological Medicine

London United Kingdom W6 8RP

### Sponsor information

### Organisation

National Programme on Forensic Mental Health Research and Development (UK)

### Funder(s)

### Funder type

Research organisation

### **Funder Name**

National Programme on Forensic Mental Health Research and Development (UK) (ref: M0007161104)

### **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2010		Yes	No