

Suicide prevention of women of Turkish origin in Berlin [Suizidprävention bei Berliner Frauen mit türkischem Migrationshintergrund]

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|--------------------------|----------------------------------|------------------------------------------------------|
| Submission date | Recruitment status | <input type="checkbox"/> Prospectively registered |
| 04/11/2010 | No longer recruiting | <input type="checkbox"/> Protocol |
| Registration date | Overall study status | <input type="checkbox"/> Statistical analysis plan |
| 18/11/2011 | Completed | <input type="checkbox"/> Results |
| Last Edited | Condition category | <input type="checkbox"/> Individual participant data |
| 21/11/2011 | Mental and Behavioural Disorders | <input type="checkbox"/> Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Andreas Heinz

Contact details

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10117

Additional identifiers

Protocol serial number

01EL0807

Study information

Scientific Title

Suicide attempt rates and suicide prevention of women of Turkish origin in Berlin [Suizidversuchsrate und Suizidprävention bei Berliner Frauen mit türkischem Migrationshintergrund]

Acronym

SPIMig

Study objectives

Studies demonstrate that suicidality in female Turkish immigrants in some European countries is higher compared to native-born women of the same age. This indicates a demand for a better understanding of suicide in this group of the society, and, based on such knowledge, specific concepts for prevention.

Through a population-based multi-modal intervention project:

1. Suicide attempt rates can be reduced
2. The mental health service use of the target population will be increased

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics Committee of Charite - University Medicine Berlin approved on the 30th June 2009 (ref: EA1/177/08)

Study design

Repeat cross-sectional controlled trial with a quasi-experimental design

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Suicide attempts

Interventions

In the intervention region (Berlin):

1. Public awareness campaign (duration: 6 months)
2. Telephone hotline in Turkish language for women in emotional crisis (duration: 9 months)
3. Training of key persons. These include teachers, social workers, general practitioners, health workers who are working with the target population (duration: 6 months).

In the control region (Hamburg):

No intervention will take place.

Scientific contact details:

Principal investigator:

Prof. Dr. med. Andreas Heinz

Department of Psychiatry and Psychotherapy

Charité - Universitätsmedizin Berlin
Campus Charité Mitte
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10117 Berlin
Germany

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Presentation of a suicide attempts in the target population in one of the participating emergency rooms:

1. The diagnosis is based on the clinical evaluation of a physician
2. Suicide attempts are classified according to International Classification of Diseases (ICD-10) criteria

Key secondary outcome(s)

In the population-based survey:

1. Changes in information about psychiatric health care services
2. Changes in mental health service use

Completion date

30/09/2011

Eligibility

Key inclusion criteria

1. Women aged 18 years or older
2. City of residence in one of the study centres (Berlin, Hamburg)
3. Turkish migration background (including: 1st, 2nd and 3rd generation)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

Female

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/07/2009

Date of final enrolment

30/09/2011

Locations

Countries of recruitment

Germany

Study participating centre

Department of Psychiatry and Psychotherapy Charité

Berlin

Germany

10117

Sponsor information

Organisation

German Centre for Aerospace (Deutsches Zentrum für Luft- und Raumfahrt e.V.) (Germany)

ROR

<https://ror.org/04bwf3e34>

Funder(s)

Funder type

Government

Funder Name

Federal Ministry for Education and Research (Bundesministerium für Bildung und Forschung [BMBF]) (Germany) (ref: 01EL0807)

Funder Name

Charité - University Medicine Berlin (Charité - Universitätsmedizin Berlin) (Germany)

Funder Name

University Medical Center Hamburg-Eppendorf (Germany)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|------------------------------------------------------|-------------------------------|--------------|------------|----------------|-----------------|
| <u>Participant information sheet</u> | Participant information sheet | 11/11/2025 | 11/11/2025 | No | Yes |