# An effectiveness trial examining the addition of zinc to the current case management package of diarrhoea in a primary health care setting (India)

Submission date	Recruitment status No longer recruiting	Prospectively registered		
12/09/2005		☐ Protocol		
Registration date 01/02/2006	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 28/01/2019	Condition category Signs and Symptoms	[] Individual participant data		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number NCT00278681

# Secondary identifying numbers

HNI 04008

# Study information

#### Scientific Title

Effectiveness of zinc supplementation plus oral rehydration salts compared with oral rehydration salts alone as a treatment for acute diarrhea in a primary care setting: a cluster randomized trial

#### Study objectives

Zinc supplementation together with Oral Rehydration Therapy (ORT) will:

- 1. Increase Oral Rehydration Sachet (ORS) use rates
- 2. Reduce antimicrobial use rates
- 3. Increase care seeking use rates during diarrhoea

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethcis approval received from the World Health Organization (WHO) on the 4th April 2005.

#### Study design

Evaluation-based, randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

# Health condition(s) or problem(s) studied

Diarrhoea

#### **Interventions**

Implementation of the zinc intervention (zinc and ORT versus ORT alone) at community and primary health care level (phase III) - one year. Formative research (phase I) and pilot intervention (phase II) have already been completed - one year.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Zinc

#### Primary outcome measure

- 1. Oral Rehydration Sachet (ORS) use rates per cluster
- 2. Antimicrobial use rates per cluster

#### Secondary outcome measures

- 1. Diarrhoea prevalence
- 2. Duration and severity of diarrhoeal episodes
- 3. Hospitalisation rates (overall, for diarrhoea, for Acute Respiratory Infections [ARI])

# Overall study start date

01/08/2005

#### Completion date

31/12/2006

# Eligibility

#### Key inclusion criteria

All children with diarrhoea living in the study area.

## Participant type(s)

Patient

## Age group

Child

#### Sex

Both

#### Target number of participants

6000

#### Key exclusion criteria

As this study is an effectiveness study, looking at the impact of the intervention implemented in normal conditions, there is no exclusion criteria.

#### Date of first enrolment

01/08/2005

## Date of final enrolment

31/12/2006

# Locations

### Countries of recruitment

India

Switzerland

Study participating centre World Health Organization

Geneva-27 Switzerland CH-1211

# Sponsor information

#### Organisation

The Department of Child and Adolescent Health and Development (CAH)/World Health Organization (WHO) (Switzerland)

#### Sponsor details

20, Avenue Appia Geneva-27 Switzerland CH-1211 +41 (0)22 791 28 94 fontaineo@who.int

#### Sponsor type

Research organisation

#### Website

http://www.who.int

#### ROR

https://ror.org/01f80g185

# Funder(s)

### Funder type

Research organisation

#### **Funder Name**

The Department of Child and Adolescent Health and Development (CAH)/World Health Organization (WHO) (Switzerland)

#### **Funder Name**

United Nations Children's Fund (UNICEF) - India

#### Funder Name

Department of Biotechnology - Ministry of Sciences and Biotechnology (India)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2008	28/01/2019	Yes	No