

# A pilot randomised controlled trial (RCT) assessing the effectiveness of a group-based cognitive rehabilitation programme for people with mild cognitive impairment in delaying functional and cognitive decline.

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 19/09/2017	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N0038134880

## **Study information**

### **Scientific Title**

A pilot randomised controlled trial (RCT) assessing the effectiveness of a group-based cognitive rehabilitation programme for people with mild cognitive impairment in delaying functional and cognitive decline.

### **Study objectives**

What are the potential problems associated with the design and implementation of an RCT to examine the effectiveness of a group-based cognitive rehabilitation programme for people with mild cognitive impairment (MCI)?

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Not specified

### **Study type(s)**

Not Specified

### **Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

### **Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders

### **Interventions**

1. Cognitive rehabilitation programme
2. Course materials to work through in own time
3. Usual care (twice yearly assessments)

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Repeatable battery for the Assessment of Neuropsychological Status; Bristol Activities of Daily Living Scale; Geriatric depression scale -15; State Trait Anxiety Inventory; Quality of Life (QoL); Bath Assessment of Subjective quality of Life in Dementia; General Self Efficacy Scale; Resource Utilisation Dementia Scale.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

05/01/2004

**Completion date**

04/09/2004

**Eligibility****Key inclusion criteria**

30 patients over 50 with a diagnosis of MCI recruited from the Research Institute for the Care of Elderly (RICE) (10 participants for intervention and 20 controls).

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

30

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

05/01/2004

**Date of final enrolment**

04/09/2004

**Locations**

## **Countries of recruitment**

England

United Kingdom

## **Study participating centre**

**RICE - The Research Institute for the Care of Older People**

Bath

United Kingdom

BA1 3NG

# **Sponsor information**

## **Organisation**

Department of Health

## **Sponsor details**

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

## **Sponsor type**

Government

## **Website**

<http://www.dh.gov.uk/Home/fs/en>

# **Funder(s)**

## **Funder type**

Government

## **Funder Name**

Avon and Wiltshire Mental Health Partnership NHS Trust (UK)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration