

# A pilot randomised controlled trial (RCT) assessing the effectiveness of a group-based cognitive rehabilitation programme for people with mild cognitive impairment in delaying functional and cognitive decline.

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 19/09/2017	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0038134880

# Study information

## Scientific Title

A pilot randomised controlled trial (RCT) assessing the effectiveness of a group-based cognitive rehabilitation programme for people with mild cognitive impairment in delaying functional and cognitive decline.

## Study objectives

What are the potential problems associated with the design and implementation of an RCT to examine the effectiveness of a group-based cognitive rehabilitation programme for people with mild cognitive impairment (MCI)?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Not Specified

## Health condition(s) or problem(s) studied

Mental and Behavioural Disorders

## Interventions

1. Cognitive rehabilitation programme
2. Course materials to work through in own time
3. Usual care (twice yearly assessments)

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome(s)

Repeatable battery for the Assessment of Neuropsychological Status; Bristol Activities of Daily Living Scale; Geriatric depression scale -15; State Trait Anxiety Inventory; Quality of Life (QoL); Bath Assessment of Subjective quality of Life in Dementia; General Self Efficacy Scale; Resource Utilisation Dementia Scale.

## Key secondary outcome(s))

Not provided at time of registration

**Completion date**

04/09/2004

## Eligibility

**Key inclusion criteria**

30 patients over 50 with a diagnosis of MCI recruited from the Research Institute for the Care of Elderly (RICE) (10 participants for intervention and 20 controls).

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

05/01/2004

**Date of final enrolment**

04/09/2004

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

RICE - The Research Institute for the Care of Older People

Bath

United Kingdom

BA1 3NG

## Sponsor information

**Organisation**  
Department of Health

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Avon and Wiltshire Mental Health Partnership NHS Trust (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes