

# Individual placement and support (IPS) to improve occupational outcomes for people with severe mental illness

<b>Submission date</b> 27/05/2004	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 21/07/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 03/12/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

### Scientific Title

Randomised controlled trial of individual placement and support (IPS) to improve the occupational outcomes for people with severe mental illness in South London

### Acronym

SWAN - Supported Work And Needs

### Study objectives

After receiving the supported employment intervention, a significantly greater percentage of individuals in the experimental group will be working at all compared to those in the control group.

Secondary hypotheses are that the individuals in the experimental group will be more likely to be:

1. Working competitively
2. Working more hours each week
3. Earning a higher net income
4. Making greater contributions to the national economy
5. Having a higher quality of life
6. Having more of their needs met

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

The Joint South London and Maudsley and the Institute of Psychiatry NHS Research Ethics Committee gave approval on the 26th March 2004 (ref: 319/03)

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Treatment

### Participant information sheet

Can be found at: <http://www.iop.kcl.ac.uk/departments/?locator=342&project=10132>

**Health condition(s) or problem(s) studied**

Unemployed patients with severe mental illness

**Interventions**

Experimental group:

The experimental condition will be Individual Placement and Support (IPS), a supported employment programme integrated within community mental health teams. The IPS model involves integrating an employment specialist into the community mental health team. This model focuses on rapid placement with continued follow-up support. The IPS model also seeks to find employment opportunities that are consistent with participants' preferences, skills, and abilities. Ongoing supervision and consultation will be provided by local experts in the use of supported employment models (status employment). The duration of the treatment is up to two years.

Control group:

The comparison condition consists of existing psychosocial rehabilitation and day care programmes available in the local area, which use a sheltered vocational rehabilitation approach. Unlike IPS, the comparison services are coordinated with, but not integrated into the community mental health teams. This is therefore a Treatment As Usual (TAU) control, which we have selected after considering options for a control matched for staff intensity of input, but we have ruled this out as current day care and vocational rehabilitation options are multiple and often intensive in the study areas (Croydon and Lambeth).

Further information (as of 23rd January 2007):

An adjunctive qualitative study is due to commence in November 2006. A semi-structured questionnaire will ask clients their views on any support they may have received to help them look for work, barriers to finding work, state benefits, positive and negative aspects of working and disclosure of mental health problems at work. It is planned to interview approximately 20 participants, with the project taking approximately one year to complete.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

1. Work status (all work, competitive work)
2. Total income, net income

**Secondary outcome measures**

1. Service use, service costs and societal costs
2. Quality of life
3. Unmet needs
4. Mental state

**Overall study start date**

17/10/2004

**Completion date**

01/10/2008

# Eligibility

## Key inclusion criteria

Amended as of 30/01/2009: point one has been amended as follows:

1. Severe mental illness (duration of illness over two years, Global Assessment of Functioning score of 60 or less, and psychotic or chronic affective disorder)

Initial information at time of registration:

1. Severe mental illness (duration of illness over two years, Global Assessment of Functioning score of 50 or less, and psychotic or chronic affective disorder)
2. Receiving outpatient or community psychiatric care from local mental health services
3. Aged 18 to 65 years, either sex
4. Able to read and speak English
5. Giving informed written consent
6. Unemployed for at least three months before enrolment into the study

## Participant type(s)

Patient

## Age group

Adult

## Lower age limit

18 Years

## Sex

Both

## Target number of participants

240

## Key exclusion criteria

1. Relapse in last three months
2. Cannot read or speak English
3. Employed in previous three months

## Date of first enrolment

17/10/2004

## Date of final enrolment

01/10/2008

# Locations

## Countries of recruitment

England

United Kingdom

**Study participating centre**  
**Health Services Research**  
London  
United Kingdom  
SE5 8AF

## **Sponsor information**

### **Organisation**

King's College London (UK)

### **Sponsor details**

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### **Sponsor type**

University/education

### **Website**

<http://www.kcl.ac.uk/>

### **ROR**

<https://ror.org/0220mzb33>

## **Funder(s)**

### **Funder type**

Charity

### **Funder Name**

The Wellcome Trust (UK) (grant ref: 071272)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	recruitment difficulties results	01/01/2009		Yes	No
<a href="#">Results article</a>	results	01/05/2010		Yes	No