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Individual placement and support (IPS) to improve occupational outcomes for people with severe mental illness

Submission date	Recruitment status	[X] Prospectively registered
27/05/2004	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
21/07/2004	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
03/12/2012	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
071272/Z/03/Z

Study information

Scientific Title

Randomised controlled trial of individual placement and support (IPS) to improve the occupational outcomes for people with severe mental illness in South London

Acronym
SWAN - Supported Work And Needs

Study objectives
After receiving the supported employment intervention, a significantly greater percentage of individuals in the experimental group will be working at all compared to those in the control group.

Secondary hypotheses are that the individuals in the experimental group will be more likely to be:
1. Working competitively
2. Working more hours each week
3. Earning a higher net income
4. Making greater contributions to the national economy
5. Having a higher quality of life
6. Having more of their needs met

Ethics approval required
Old ethics approval format

Ethics approval(s)
The Joint South London and Maudsley and the Institute of Psychiatry NHS Research Ethics Committee gave approval on the 26th March 2004 (ref: 319/03)

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Unemployed patients with severe mental illness

Interventions
Experimental group:
The experimental condition will be Individual Placement and Support (IPS), a supported employment programme integrated within community mental health teams. The IPS model involves integrating an employment specialist into the community mental health team. This model focuses on rapid placement with continued follow-up support. The IPS model also seeks to find employment opportunities that are consistent with participants' preferences, skills, and abilities. Ongoing supervision and consultation will be provided by local experts in the use of supported employment models (status employment). The duration of the treatment is up to two years.

Control group:
The comparison condition consists of existing psychosocial rehabilitation and day care programmes available in the local area, which use a sheltered vocational rehabilitation approach. Unlike IPS, the comparison services are coordinated with, but not integrated into the community mental health teams. This is therefore a Treatment As Usual (TAU) control, which we have selected after considering options for a control matched for staff intensity of input, but we have ruled this out as current day care and voctional rehabilitation options are multiple and often intensive in the study areas (Croydon and Lambeth).

Further information (as of 23rd January 2007):
An adjunctive qualitative study is due to commence in November 2006. A semi-structured questionnaire will ask clients their views on any support they may have received to help them look for work, barriers to finding work, state benefits, positive and negative aspects of working and disclosure of mental health problems at work. It is planned to interview approximately 20 participants, with the project taking approximately one year to complete.

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
1. Work status (all work, competitive work)
2. Total income, net income

Key secondary outcome(s))
1. Service use, service costs and societal costs
2. Quality of life
3. Unmet needs
4. Mental state

Completion date
01/10/2008

Eligibility

Key inclusion criteria
Amended as of 30/01/2009: point one has been amended as follows:
1. Severe mental illness (duration of illness over two years, Global Assessment of Functioning score of 60 or less, and psychotic or chronic affective disorder)

Initial information at time of registration:
1. Severe mental illness (duration of illness over two years, Global Assessment of Functioning score of 50 or less, and psychotic or chronic affective disorder)
2. Receiving outpatient or community psychiatric care from local mental health services
3. Aged 18 to 65 years, either sex
4. Able to read and speak English
5. Giving informed written consent
6. Unemployed for at least three months before enrolment into the study

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 years

Sex
All

Key exclusion criteria
1. Relapse in last three months
2. Cannot read or speak English
3. Employed in previous three months

Date of first enrolment
17/10/2004

Date of final enrolment
01/10/2008

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Health Services Research
London
United Kingdom
SE5 8AF

Sponsor information

Organisation
King's College London (UK)

ROR

https://ror.org/0220mzb33

Funder(s)

Funder type
Charity

Funder Name
The Wellcome Trust (UK) (grant ref: 071272)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	recruitment difficulties results	01/01/2009		Yes	No
Results article	results	01/05/2010		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes