ISRCTN96754763 https://doi.org/10.1186/ISRCTN96754763

SOS Inpatients: a pilot study of enhanced support, openness and supervision for staff working on adult mental health wards

Submission date	Recruitment status	[ ] Prospectively registered
03/09/2010	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
17/03/2011	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
17/05/2017	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Ms Anna Maratos

Contact details
CNWL Trust Head of Arts Therapies
Community Mental Health Services
7a Woodfield Road
London
United Kingdom
W9 2NW

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title
A pilot randomised controlled trial of enhanced support, openness and supervision for staff working on adult mental health wards

Acronym
SOS

Study objectives
Primary hypothesis:
One year after randomisation, staff working on mental health wards that receive interventions aimed at enhancing support, openness and supervision for staff will experience lower levels of burnout than those working on wards that do not.

Secondary hypothesis:
One year after randomisation, levels of staff turnover, staff sickness and use of agency staff will be lower on mental health wards that receive interventions aimed at enhancing support, openness and supervision for staff than on wards that do not.

Tertiary hypothesis:
One year after randomisation, the number of untoward incidents as recorded by incident report forms, will be lower on wards where staff receive enhanced support and supervision compared to wards that do not.

Ethics approval required
Old ethics approval format

Ethics approval(s)
West London Research Ethics Committee 2, 20/09/2010, ref:10/H0711/62

Study design
Pilot randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Quality of life

Participant information sheet
Not available in web format, please contact m.crawford@imperial.ac.uk to request a patient information sheet

Health condition(s) or problem(s) studied
Mental health

Interventions
A modified cognitive analytic therapy approach to clinical supervision for ward staff in groups. Entitled 'Sharing, Openness and Supervision', this aims to change ward culture so that morale is improved with a positive effect on patient care.

The treatment arm will comprise one group per week of 1.5 hours clinical supervision for the ward team including staff members from all disciplines and from the ward leadership including at least one of ward manager, consultant and modern matron. Registered will be taken to record attendance and fidelity to this model. The clinical supervision groups will be run according to a Cognitive Analytic Therapy approach, adapted to this context.

Please note that there is only one treatment arm; the control arm is not active. The duration of the intervention will be one year and data on job satisfaction will be collected from ward staff at the beginning and end of the year. There will be no follow up after the end of the intervention, but routine ward data on incidents, recruitment and retention and sickness is routinely collected and may be analysed at a future point if appropriate.

Intervention Type
Other

Phase
Not Applicable

Primary outcome measure
Staff-level data:
All staff who make up the ward establishment, from a list supplied by the ward manager, will be approached. For these staff data collection will be completed on baseline measures prior to randomisation, using:
1. Maslach Burnout Inventory: a 15-item measure to assess emotional exhaustion, depersonalisation and personal accomplishment
2. Job Content Questionnaire: a 34-item measure to assess job-related stress
3. Basic demographic data: including age, gender and number of hours worked. We will collect this using a proforma specifically designed for the study.

Secondary outcome measures
The following data will be collected from the ward and Trust databases:
1. Untoward incidents:
1.1. Total number of untoward clinical incidents on the ward including medication errors and near-misses in the 6 months prior to randomisation (March - August 2010)
2. Level of severity of clinical untoward incidents rated according to the IR1 form 5-point severity rating scale in the 6 months prior to randomisation
2. Staff costs (6 months prior to randomisation):
2.1. Agency and locum usage
2.2. Turnover of staff
2.3. Sickness rates among ward staff
2.4. Suspensions, disciplinaries

Overall study start date

01/11/2010

Completion date
31/03/2012

Eligibility

Key inclusion criteria
Staff working on acute open mental health wards in the London Borough of Kensington and Chelsea: St Charles Hospital and the South Kensington and Chelsea Centre for Mental Health.

Data will not be collected from patients at any point during the course of the study.

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
100 participants across 6 wards

Key exclusion criteria
Does not meet inclusion criteria

Date of first enrolment
01/11/2010

Date of final enrolment
31/03/2012

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
CNWL Trust Head of Arts Therapies
London
United Kingdom
W9 2NW

Sponsor information

Organisation
Central and North West London NHS Foundation Trust (UK)

Sponsor details
2nd Floor, Greater London House
Hampstead Road
Mornington Crescent
London
England
United Kingdom
NW1 7QN
+44 300 013 4799
feedback.cnwl@nhs.net

Sponsor type
Hospital/treatment centre

Website
http://www.cnwl.nhs.uk

ROR
https://ror.org/05drfg619

Funder(s)

Funder type
Government

Funder Name
Central and North West London NHS Foundation Trust (UK) - Innovation Fund

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
HRA research summary			28/06/2023	No	No