

# Back pain and Rescuer fatigue following CardioPulmonary Resuscitation by kneeling, standing on taboret, and standing postures

<b>Submission date</b> 27/11/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 18/12/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 08/04/2021	<b>Condition category</b> Signs and Symptoms	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
CLFHR9611

# Study information

## Scientific Title

Back pain and Rescuer fatigue following CardioPulmonary Resuscitation by different postures

## Acronym

BRCPR

## Study objectives

Back pain as an occupational disorder in health care providers has been well documented in the literature. But the association between back pain and Cardiopulmonary Resuscitation (CPR) was seldom studied. The objectives of this study were to determine whether different CPR postures including kneeling, standing, and standing on taboret are able to induce back pain in rescuers, and to compare differences in rescuer fatigue in three CPR postures.

## Hypothesis:

Back pain and rescuer fatigue are different among three different postures of CPR.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Institutional Review Board of Chi Mei Medical Center from 5th February 2007 to 16th February 2008 (ref: IRB09602-0011).

## Study design

Randomised, controlled, cross-over trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Rescuer fatigue for resuscitation

## Interventions

Cardiopulmonary resuscitation for 10 minutes by using kneeling, standing, and standing on taboret postures.

Since this is a prospective and cross-over trial, each of the participants should complete three different CPR posture within 3 weeks in one week apart. Therefore, each of the sequences of CPR should follow up for at least 48 hours, but the total follow-up period for each of them will be 3 weeks and two days.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Severity of back pain (by Brief Pain Inventory Short Form), measured 24 hours and 48 hours post CPR
2. Rescuer fatigue (effective compression of cardiac massage) - detected by Laerdal Resusci-Anne® Skillreporter™ mannequin, measured during 10 minutes of cardiac massage

**Secondary outcome measures**

Range of motion of elbow and back with different CPR postures (detected by flexible goniometer), measured during 10 minutes of cardiac massage.

**Overall study start date**

01/03/2007

**Completion date**

31/12/2007

**Eligibility****Key inclusion criteria**

Health care providers working at the Emergency Department that have:

1. Clinical work experience longer than 2 years
2. Experience of performing CPR for more than 20 times

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

60

**Total final enrolment**

24

**Key exclusion criteria**

Candidates with:

1. A herniated intervertebral disc
2. Previous spine surgery
3. Underlying ankylosing spondylitis or other autoimmune diseases
4. Current pregnancy

**Date of first enrolment**

01/03/2007

**Date of final enrolment**

31/12/2007

## Locations

**Countries of recruitment**

Taiwan

**Study participating centre**

201, Taikang Village

Tainan

Taiwan

736

## Sponsor information

**Organisation**

Chi Mei Foundation Medical Center (Taiwan) - Liou Ying Campus

**Sponsor details**

201, Taikang Village

Liou Ying Township

Tainan

Taiwan

736

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.chimei.org.tw/>

**ROR**

<https://ror.org/02y2htg06>

# Funder(s)

## Funder type

Hospital/treatment centre

## Funder Name

Chi Mei Foundation Medical Center (Taiwan) - Liou Ying Campus

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		01/05/2010	08/04/2021	Yes	No