# A study to validate a method of measurement of dermal blood flow in healthy human volunteers after topical application of allyl isothiocyanate (AITC)

Submission date 25/09/2018	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 08/10/2018	<b>Overall study status</b> Completed	<ul> <li>[] Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 07/01/2022	<b>Condition category</b> Other	[] Individual participant data

#### Plain English summary of protocol

Background and study aims

Allyl Isothiocyanate (AITC) is a compound found in common foods such as mustard and horseradish. It can be dissolved in oil and applied to the skin to activate sensory nerves to produce visible, measurable reactions (such as mild irritation or redness). These reactions are due in part to an increase in blood flow to the areas of AITC application on the skin. The increase in blood flow can be measured using a method called laser speckle contrast imaging. This study aims to develop a method to reliably measure the reactions caused by AITC applied to the skin using laser speckle contrast imaging. If successful, this method can be used in future clinical trials to test the ability of new drugs to reduce these reactions.

Who can participate? Healthy volunteers of any gender aged 18-65

What does the study involve?

All participants have small volumes of AITC dissolved in mineral oil applied to their forearms during two visits, with a 2-week break between visits. The resulting reactions are examined using laser speckle contrast imaging about 1 week after each visit.

What are the possible benefits and risks of participating?

There is no clinical benefit to this trial. Possible side effects are easily treated and include mild skin redness, blistering, pain, or itching. Pain and itching are not expected to last longer than a few hours, but redness and blistering may take several weeks to subside.

Where is the study run from? Quotient Clinical, Ltd (UK)

When is the study starting and how long is it expected to run for? September 2017 to November 2018 Who is funding the study? Genentech, Inc. (USA)

Who is the main contact? global-roche-genentech-trials@gene.com, reference study ID GE40309

### **Contact information**

**Type(s)** Public

**Contact name** Dr Clinical Trials

**Contact details** 1 DNA Way South San Francisco United States of America 94080

### Additional identifiers

**EudraCT/CTIS number** 2017-003498-33

**IRAS number** 

ClinicalTrials.gov number

**Secondary identifying numbers** GE40309

# Study information

#### Scientific Title

Exploratory skin challenge study using laser speckle contrast imaging to develop and assess the reproducibility of a method for assessing changes in forearm skin blood flow in healthy human volunteers before and after topical application of allyl isothiocyanate

#### Study objectives

This study aims to demonstrate the safety and reproducibility of a topical challenge method to be used in Phase I clinical trials.

Ethics approval required

Old ethics approval format

**Ethics approval(s)** Health and Social Care Research Ethics Committee A, 03/10/2017, Board Number: 17/NI/0183

#### **Study design** Interventional single-center open-label single-group assignment

**Primary study design** Interventional

**Secondary study design** Non randomised study

**Study setting(s)** Other

#### Study type(s) Other

### Participant information sheet

Not available in web format, please use contacts details to request a participant information sheet.

#### Health condition(s) or problem(s) studied

Topical application of allyl isothiocyanate

#### Interventions

Allyl Isothiocyanate (AITC) diluted in mineral oil: Participants will receive a small volume of 10% and 15% AITC (25 microliters), to be applied to localized forearm regions defined by small O-rings placed on the skin. AITC will be applied during two visits, with an approximately 2-week washout period between visits. Follow-up will occur approximately 1 week after each visit. The resulting reactions will be examined using laser speckle contrast imaging.

#### Intervention Type

Other

#### Primary outcome measure

Reproducibility across two visits in the change in dermal blood flow after AITC challenge, measured by Laser Speckle Contrast Imaging at visits 1 and 2

#### Secondary outcome measures

1. Percentage of participants with adverse events (AEs), measured from baseline through to the end of the study (up to 24 days)

2. Pain and itch score, measured by interviewer-administered questionnaire at baseline and visits 1 and 2

### Overall study start date

01/09/2017

**Completion date** 30/11/2018

# Eligibility

#### Key inclusion criteria

1. Participants must be willing and able to communicate and participate in the whole study 2. Able to sit or lay down for up to 2 hours

#### Participant type(s)

Healthy volunteer

#### Age group

Adult

**Sex** Both

**Target number of participants** 30

30

Total final enrolment

23

#### Key exclusion criteria

1. Participants who have received any investigational medicinal product (IMP) in a clinical research study within at least 3 months of the first date of skin challenge (Visit 1)

2. Participants who are study site employees, or immediate family members of a study site or sponsor employee

3. Participants who have previously been enrolled in this study

4. History of any drug or alcohol abuse in the past 2 years

5. Regular alcohol consumption in males greater than (>) 21 units per week and females >14 units per week

6. Current smokers and those who have smoked within the last 12 months. A breath carbon monoxide reading of greater than 10 parts per million (ppm)

7. Positive drugs of abuse test result

8. History of clinically significant cardiovascular, renal, hepatic, chronic respiratory or gastrointestinal disease, or psychiatric disorder, as judged by the investigator

9. History of serious adverse reaction or serious hypersensitivity to the challenge agent (AITC), vehicle (mineral oil), or procedures

10. History of dermatographism

11. Presence of active allergy requiring treatment, as judged by the investigator

12. Presence or history of clinically significant skin disorders, as judged by the investigator

13. History of trauma or surgery to the arm but not including wrist or hand injury/surgery

14. Excessive forearm hair growth, tattoos or other physical or behavioural characteristics that may interfere with the study, as judged by the investigator

15. Participants who are taking, or have taken, any prescribed or over-the-counter drug (other than 4 grams [g] per day paracetamol, hormone replacement therapy and hormonal contraception) in the 7 days before non-investigational medicinal product (AITC) administration 16. Failure to satisfy the investigator of fitness to participate for any other reason

#### Date of first enrolment

20/10/2017

Date of final enrolment 22/03/2018

### Locations

**Countries of recruitment** England

United Kingdom

#### Study participating centre Quotient Clinical Ltd, Clinical Research Unit

Mere Way Nottingham United Kingdom NG11 6JS

### Sponsor information

#### **Organisation** Genentech, Inc

### Sponsor details

1 DNA Way South San Francisco United States of America 94080

### Sponsor type

Industry

Website www.roche.com/about\_roche/roche\_worldwide.htm

#### ROR https://ror.org/011qkaj49

# Funder(s)

Funder type Industry

Funder Name Genentech Alternative Name(s) Genentech, Inc., Genentech USA, Inc., Genentech USA

**Funding Body Type** Private sector organisation

**Funding Body Subtype** For-profit companies (industry)

**Location** United States of America

# **Results and Publications**

#### Publication and dissemination plan

Publication is planned in a peer-reviewed journal. There is no current plan to make additional study documents available.

#### Intention to publish date

20/11/2019

#### Individual participant data (IPD) sharing plan

Participant-level data will not be available because it is confidential, proprietary information. Study data will be held at Genentech, Inc.

#### IPD sharing plan summary

Not expected to be made available

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>		02/06/2020	07/01/2022	Yes	No
<u>HRA research summary</u>			28/06/2023	No	No