# A comparison between traditional surgical technology and implant technology manufactured through 3D printing for nasal repair in patients with cleft lip

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
16/06/2024	No longer recruiting	Protocol
Registration date	Overall study status	<ul><li>Statistical analysis plan</li></ul>
21/06/2024	Completed	Results
Last Edited	Condition category	Individual participant data
21/06/2024	Genetic Diseases	<ul><li>Record updated in last year</li></ul>

## Plain English summary of protocol

Background and study aims

A cleft lip is one of the most common congenital clefts in the facial area. The nasal deformity following bilateral lip clefts has a severe and direct impact on the patient's appearance and psychological health. Many severe deformities may hinder the patient's breathing and speech, and many post-cleft nasal repair surgeries have chosen to cut cartilage grafts from the ribs (costal cartilaginous graft) because it has proven effective in obtaining excellent surgical results. In this study, the researchers attempt to avoid the disadvantages of traditional open-technique surgery in nasal repair by shortening the time and avoiding a second surgery for the donor area by using 3D printing and designing customized biocompatible silicone implants. This study will be the world's first controlled, randomized, two-group study that will compare the traditional surgical approach (rhinoplasty) with costal cartilaginous grafts and implants manufactured for nasal repair in patients with cleft lip.

# Who can participate?

Patients aged 18 years and over undergoing cleft lip closure and needing nasal repair

# What does the study involve?

Participants are randomly allocated to one of two groups. Patients in the control group will undergo rhinoplasty and receive a costal cartilaginous graft. Patients in the experimental group will undergo rhinoplasty and receive 3D-printed biocompatible silicone implants.

What are the possible benefits and risks of participating?

Possible benefits are restoring aesthetic, speech and breathing function for patients. Possible risks are on the same level as any surgical operation or procedure.

Where is the study run from? Al-Assad Hospital (Syria)

When is the study starting and how long is it expected to run for? January 2024 to April 2025

Who is funding the study? Investigator initiated and funded

Who is the main contact?

- 1. Dr Fatima Elmi, fatimaelmi14@gmail.com
- 2. Prof. Dr Bassel Brad, bassel.brad@damascusuniversity.edu.sy
- 3. PD Dr Dr Lie Li

# **Contact information**

## Type(s)

Public, Scientific, Principal investigator

#### Contact name

Dr Fatima Elmi

#### **ORCID ID**

https://orcid.org/0000-0002-3528-2779

#### Contact details

Mazzeh Highway
Damascus University
Damascus
Syria
0000
+963 (0)937371462
fatimaelmi14@gmail.com

#### Type(s)

Scientific

#### Contact name

Prof Bassel Brad

#### **ORCID ID**

https://orcid.org/0000-0002-2428-5499

#### Contact details

Mezzeh Highway Damascus Syria 0000 +963 (0)955873388 bassel.brad@damascusuniversity.edu.sy

# Additional identifiers

## Clinical Trials Information System (CTIS)

Nil known

# ClinicalTrials.gov (NCT)

Nil known

## Protocol serial number

0000

# Study information

#### Scientific Title

Comparison between the conventional surgical technique and implants manufactured by 3D printing regarding cleft lip rhinoplasty patients

# Study objectives

Null hypothesis:

The studied groups are equal, and there is no significant difference in nasal repair between the traditional surgical technique and implants manufactured by 3D printing in the research variables studied among cleft lip patients.

# Alternative hypothesis:

The groups studied are not equal, and there is a significant difference in nasal repair between the traditional surgical technique and implants manufactured by 3D printing in the research variables studied among cleft lip patients.

# Ethics approval required

Ethics approval not required

# Ethics approval(s)

Approved 14/05/2024, the medical research committee at Damascus University faculty of dental medicine, +963 (0)944703131, +963 (0)940404840, +963 (0)966195484; abeer79. aljoujou@damascusuniversity.edu.sy, Mohammad.hajeer@damascusuniversity.edu.dy, khaldoun. darwich@damascusuniversity.edu.sy), ref: DN-290424-232

# Study design

Multicenter interventional randomized clinical trial

# Primary study design

Interventional

# Study type(s)

Other, Quality of life, Treatment, Safety

# Health condition(s) or problem(s) studied

Cleft lip

# **Interventions**

Following sample enrollment and recruitment, the sample is randomly divided into two groups for this investigation via https://randomizer.org/. Patients in the control group will undergo

rhinoplasty (open technique) and receive a costal cartilaginous graft.

Patients in the experimental group will undergo rhinoplasty (open technique) and receive 3D-printed biocompatible silicone implants.

## **Intervention Type**

Procedure/Surgery

## Primary outcome(s)

- 1. Symmetry measured using geometric morphometrics-based Holistic Facial Asymmetry Score (HFAS)
- at baseline, preoperative, 1 week and 4 months postoperatively
- 2. Pain following surgical intervention is measured using the visual analogue score (VAS) at baseline, 24, 48 and 72 hours

# Key secondary outcome(s))

- 1. Surgical operation time: the duration of each surgery will be calculated in minutes by subtracting the time of leaving the OR from the time of entering the OR. Based on the scheduled duration, the calculated durations were categorized as either overestimation or underestimation. Finally, each independent variable was categorized and coded for analysis (one timepoint intraoperative).
- 2. Patient satisfaction measured using the Revised American Pain Society Patient Outcome Questionnaire (APS-POQ-R) at three timepoints: baseline, 24 and 72 hours
- 3. Bioreceptivity bioacceptance measured by examining the following:
- 3.1. Implant's biological function: by accurately assessing the implant's biological function, one can determine how well the implant interacts with the surrounding tissue. Measured at 1 week, 1 month and 3 months postoperatively.
- 3.2. Biodegradation analysis: entails assessing how a biological system interacts with the body by examining the processes of biodegradation and tissue integration. Measured at 1 week, 1 month and 3 months postoperatively.
- 3.3. Evaluation of swelling and inflammation: the degree of swelling and inflammation can be quantified as a measure of implant acceptability. Measured at 1 week, 1 month and 3 months postoperatively.
- 3.4. Cell distribution study: the distribution and kinds of cells surrounding and inside the implant can be examined to determine its biological acceptability. Measured at 1 week, 1 month and 3 months postoperatively.

# Completion date

14/04/2025

# **Eligibility**

## Key inclusion criteria

- 1. Older than 17 years old
- 2. The patient must not have a history of syndrome or any atrophy in the middle third of the face affecting the nasal structures
- 4. The patient must not have had a previous nose repair operation
- 5. The lip closure process should be performed using similar techniques
- 6. There is no case of pregnancy if the patient is female
- 7. There is no maxillofacial pain in the target area
- 8. There is no compensation or metal instrument in the body that may interfere with the resonator's magnetic field

# Participant type(s)

Patient

# Healthy volunteers allowed

No

## Age group

Adult

# Lower age limit

18 years

## Upper age limit

45 years

#### Sex

Male

#### Total final enrolment

20

# Key exclusion criteria

- 1. Younger than 18 years old
- 2. The patient has a history of syndrome
- 3. There is atrophy in the middle third of the face, which affects the nasal structures
- 4. There is any compensator or metal instrument in the body that may interfere with the field of the PCI magnet resonator

#### Date of first enrolment

20/05/2024

#### Date of final enrolment

20/02/2025

# Locations

#### Countries of recruitment

Syria

# Study participating centre Assad University Hospital

Mazzeh Highway Damascus Syria 000

# Sponsor information

#### Organisation

**Damascus University** 

#### **ROR**

https://ror.org/03m098d13

#### Organisation

University Hospital Oldenburg

# Funder(s)

#### Funder type

Other

#### Funder Name

Investigator initiated and funded

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The data-sharing plans for the current study are unknown and will be made available at a later date

# IPD sharing plan summary

Data sharing statement to be made available at a later date

# **Study outputs**

Output type Date created Date added Peer reviewed? Patient-facing? Details Participant information sheet

Participant information sheet 11/11/2025 11/11/2025 No Yes