

# Ibuprofen and morphine for acute pain in sickle cell disease

<b>Submission date</b> 03/04/2009	<b>Recruitment status</b> Stopped	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 08/04/2009	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 13/06/2016	<b>Condition category</b> Haematological Disorders	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

[http://www.ctu.mrc.ac.uk/research\\_areas/study\\_details.aspx?s=92](http://www.ctu.mrc.ac.uk/research_areas/study_details.aspx?s=92)

## Contact information

### Type(s)

Scientific

### Contact name

Dr Kofi Anie

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

NCT00880373

Secondary identifying numbers

## Study information

### Scientific Title

An evaluation of the effectiveness of ibuprofen and morphine for acute pain in sickle cell disease: a double-blind, placebo-controlled randomised trial

### Acronym

SWIM (Sickle With Ibuprofen and Morphine)

### Study objectives

The use of oral ibuprofen combined with morphine administered through patient controlled analgesia (PCA) will be clinically effective for acute pain crisis in adults with sickle cell disease (SCD).

More details can be found at: <http://www.hta.ac.uk/1782>

Protocol can be found at: <http://www.hta.ac.uk/protocols/200700480001.pdf>

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

London Research Ethics Committee, 27/02/2009, ref: 08/H0718/79

### Study design

Double-blind placebo-controlled randomised trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Diagnostic

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Sickle cell disease

### Interventions

Oral ibuprofen 800 mg three times daily for a total of 2400 mg per day for 4 days. There will be a matching placebo for each active drug. Participants will be randomly allocated to one of two

treatment groups:

1. Morphine by PCA and oral ibuprofen
2. Morphine by PCA and oral placebo

Follow-up is at 1 week and 4 weeks post-discharge for both treatment groups.

### **Intervention Type**

Drug

### **Phase**

Not Applicable

### **Drug/device/biological/vaccine name(s)**

Ibuprofen, morphine

### **Primary outcome measure**

PCA morphine consumption over 4 days

### **Secondary outcome measures**

1. Rapidity of pain control - time to achieve a pain score of 4 on a standard 10-point numeric rating scale within 4 days (based on assessments of patients attending Central Middlesex Hospital)
2. Mood - measured on the Hospital Anxiety and Depression Scale (HADS)
3. Adverse opioid effects - including nausea, constipation, itching, and central nervous system effects
4. Other sickle cell complications - including neurological events, and acute chest syndrome
5. Use of blood transfusions - treatment for complications during or post-discharge study period of 4 weeks
6. Health service utilisation cost - length of hospital admission, and re-admission in 7 - 14 days
7. Quality of life and utility - measured on the EuroQol (EQ-5D)
8. Patient satisfaction - patient experience at discharge

### **Overall study start date**

01/09/2009

### **Completion date**

31/08/2013

### **Reason abandoned (if study stopped)**

Participant recruitment issue

## **Eligibility**

### **Key inclusion criteria**

Adult patients with SCD of any phenotype and gender aged 16 years and over.

### **Participant type(s)**

Patient

### **Age group**

Adult

**Lower age limit**

16 Years

**Sex**

Both

**Target number of participants**

320

**Key exclusion criteria**

1. Patient has a history of allergic reaction to either morphine or ibuprofen
2. Patient has contraindications to morphine or ibuprofen, e.g. peptic ulcer disease, non-steroidal anti-inflammatory drug (NSAID)-induced asthma
3. Patient in a drug dependency programme
4. Patient is on renal dialysis
5. Stroke within the last 6 weeks
6. Platelet count less than  $50 \times 10^9/l$
7. Patient is pregnant or breastfeeding
8. Doctor unwilling to randomise the patient for other reasons
9. Previous participation in the trial

**Date of first enrolment**

01/09/2009

**Date of final enrolment**

31/08/2013

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

North West London Hospitals NHS Trust

London

United Kingdom

NW10 7NS

## **Sponsor information**

**Organisation**

North West London Hospitals NHS Trust (UK)

**Sponsor details**

Research and Development  
Northwick Park Hospital  
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+44 (0)20 8869 2011  
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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.nwlh.nhs.uk>

**ROR**

<https://ror.org/04cntmc13>

**Funder(s)****Funder type**

Government

**Funder Name**

Health Technology Assessment Programme

**Alternative Name(s)**

NIHR Health Technology Assessment Programme, HTA

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

**Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Other publications</a>	why trial was stopped:	09/06/2016		Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No