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Randomised crossover trial to determine whether a beta blocker and an Angiotensin Converting Enzyme (ACE) inhibitor have independent effects in lowering blood pressure

Submission date
02/03/2007

Registration date
16/05/2007

Last Edited
03/05/2011

Recruitment status
No longer recruiting

Overall study status
Completed

Condition category
Circulatory System

[_] Prospectively registered
[_] Protocol
[_] Statistical analysis plan
[X] Results
[_] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

P3/04/040

Study information

Scientific Title

Acronym
CTBP (Combination Therapy Blood Pressure) Trial

Study objectives
Randomised, crossover trial to determine whether a beta blocker and an ACE inhibitor have independent effects in lowering blood pressure.

Ethics approval required
Old ethics approval format

Ethics approval(s)
East London Local Research Ethics Committee on 04/05/2004 (ref: DAI/MY/P304040)

Study design
Randomised, placebo-controlled, crossover trial.

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Not Specified

Participant information sheet

Health condition(s) or problem(s) studied
Cardiovascular disease

Interventions
All participants received each of the following interventions:

1. Atenolol 25 mg
2. Lisinopril 5 mg
3. Atenolol 25 mg + lisinopril 5 mg
4. Placebo

sequentially in a random sequence.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Systolic and diastolic blood pressure.

Secondary outcome measures
Adverse effects.

Overall study start date
14/04/2004

Completion date
14/12/2004

Eligibility

Key inclusion criteria
1. Men or women over age 40
2. Blood presssure over 100/60 mmHg

Participant type(s)
Patient

Age group
Adult

Sex
Both

Target number of participants
60

Key exclusion criteria
1. Peripheral vascular disease
2. Asthma
3. Atrial Fibrillation (AF)

Date of first enrolment
14/04/2004

Date of final enrolment
14/12/2004

Locations

Countries of recruitment
United Kingdom

Study participating centre
Wolfson Institute of Preventive Medicine
London
United Kingdom
EC1 M6BQ

Sponsor information

Organisation
Queen Mary University of London (UK)

Sponsor details
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Sponsor type
University/education

ROR
https://ror.org/026zzn846

Funder(s)

Funder type
Other

Funder Name
Investigator-funded (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2008		Yes	No