# Acupuncture Randomised Trial in patients with Tension-Type Headache

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
11/10/2004		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
11/01/2005	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
19/08/2009	Nervous System Diseases			

# **Plain English Summary**

Not provided at time of registration

# Contact information

# Type(s)

Scientific

### Contact name

Dr Dieter Melchart

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

# Scientific Title

# Acronym

**ART-TTH** 

# Study hypothesis

Added 19/08/09:

The aim of this study is to investigate the effectiveness of acupuncture compared with minimal acupuncture and with no acupuncture in patients with tension-type headache.

As of 19/08/09 this record has been updated. To investigate the effectiveness of acupuncture compared with minimal acupuncture and with no acupuncture in patients with tension-type headache. All updates can be found under the relevant field with the above update date.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Added 19/08/09: Received from local medical ethics committies

# Study design

Multicentre randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Other

# Study type(s)

Treatment

# Participant information sheet

### Condition

Tension-type headache

### Interventions

Acupuncture versus minimal acupuncture versus waiting list

# Intervention Type

Other

# **Phase**

# **Not Specified**

# Primary outcome measure

Added 19/08/09:

Difference in numbers of days with headache between the four weeks before randomisation and weeks 9-12 after randomisation, as recorded by participants in headache diaries.

# Secondary outcome measures

Not provided at time of registration

# Overall study start date

01/03/2002

# Overall study end date

31/08/2004

# **Eligibility**

# Participant inclusion criteria

296 patients with epidosic or chronic tension-type-headache (according to the criteria of the International Headache Society)

# Participant type(s)

**Patient** 

# Age group

Adult

# Sex

Both

# Target number of participants

296

# Participant exclusion criteria

Does not match inclusion criteria

# Recruitment start date

01/03/2002

# Recruitment end date

31/08/2004

# Locations

# Countries of recruitment

Germany

# Study participating centre Centre for Complementary Medicine Research Munich Germany 80801

# Sponsor information

# Organisation

Munich Technical University, Centre for Complementary Medicine Research (Germany)

# Sponsor details

Technische Universitaet Munich Kaiserstr. 9 Munich Germany 80801 +49 (0)89 726697 11 ZnF@lrz.tu-muenchen.de

# Sponsor type

University/education

# **ROR**

https://ror.org/02kkvpp62

# Funder(s)

# Funder type

Government

### **Funder Name**

German statutory sickness funds (Ersatzkassen) (Germany)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	13/08/2005		Yes	No
<u>Protocol article</u>	treatment protocol	01/12/2005		Yes	No