

# Acupuncture Randomised Trial in patients with Tension-Type Headache

<b>Submission date</b> 11/10/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 11/01/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 19/08/2009	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Dieter Melchart

**Contact details**  
Centre for Complementary Medicine Research  
Technische Universitaet Munich  
Kaiserstr. 9  
Munich  
Germany  
80801  
+49 (0)89 726697 11  
Dieter.Melchart@lrz.tu-muenchen.de

## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**

**Acronym**

ART-TTH

**Study objectives**

Added 19/08/09:

The aim of this study is to investigate the effectiveness of acupuncture compared with minimal acupuncture and with no acupuncture in patients with tension-type headache.

As of 19/08/09 this record has been updated. To investigate the effectiveness of acupuncture compared with minimal acupuncture and with no acupuncture in patients with tension-type headache. All updates can be found under the relevant field with the above update date.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Added 19/08/09: Received from local medical ethics committies

**Study design**

Multicentre randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Tension-type headache

**Interventions**

Acupuncture versus minimal acupuncture versus waiting list

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Added 19/08/09:

Difference in numbers of days with headache between the four weeks before randomisation and weeks 9-12 after randomisation, as recorded by participants in headache diaries.

**Key secondary outcome(s))**

Not provided at time of registration

**Completion date**

31/08/2004

# Eligibility

## Key inclusion criteria

296 patients with episodic or chronic tension-type-headache (according to the criteria of the International Headache Society)

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Sex

All

## Key exclusion criteria

Does not match inclusion criteria

## Date of first enrolment

01/03/2002

## Date of final enrolment

31/08/2004

# Locations

## Countries of recruitment

Germany

## Study participating centre

Centre for Complementary Medicine Research

Munich

Germany

80801

# Sponsor information

## Organisation

Munich Technical University, Centre for Complementary Medicine Research (Germany)

## ROR

<https://ror.org/02kkvpp62>

# Funder(s)

## Funder type

Government

## Funder Name

German statutory sickness funds (Ersatzkassen) (Germany)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	13/08/2005		Yes	No
<a href="#">Protocol article</a>	treatment protocol	01/12/2005		Yes	No