

# Investigating whether topical application of a non toxic molecule improves epidermal pH and barrier function in atopic dermatitis

<b>Submission date</b> 21/10/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 21/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/09/2016	<b>Condition category</b> Skin and Connective Tissue Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Neil Gibbs

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

### Scientific Title

Investigating whether topical application of a non toxic molecule improves epidermal pH and barrier function in atopic dermatitis

### Study objectives

It is understood that the skin of people with atopic dermatitis (AD) does not act as an efficient barrier against chemicals and microbes that can enter the skin. One of the chemicals in the skin that may be important in barrier function is called Filaggrin. This study examines whether application of a naturally-occurring molecule onto the skin of people with AD may improve the barrier function of their skin.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

MREC, ref: 08/H1009/51

### Study design

Single-centre randomised interventional trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

GP practice

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

### Health condition(s) or problem(s) studied

Topic: Skin; Subtopic: Skin (all Subtopics); Disease: Dermatology

### Interventions

1. Intervention: Gel containing a naturally-occurring chemical onto the skin of one their forearms every day for 6 weeks
2. Control: On the other forearm they will be asked to apply the same cream/gel that doesn't contain any of the naturally-occurring molecule

### Intervention Type

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Filaggrin

**Primary outcome measure**

Each week volunteers will be asked to complete a short questionnaire (POEM)

**Secondary outcome measures**

1. General skin condition using a well established scoring system for AD (SCORAD)
2. Skin barrier function transepidermal water loss (TEWL), measured at monthly intervals

**Overall study start date**

01/09/2008

**Completion date**

01/01/2011

## **Eligibility**

**Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Planned sample size: 20

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/09/2008

**Date of final enrolment**

01/01/2011

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**The University of Manchester**  
Manchester  
United Kingdom  
M13 9PT

## Sponsor information

**Organisation**  
Biotechnology and Biological Science Research Council (BBSRC) (UK)

**Sponsor details**  
Colney Lane  
Colney  
Norwich  
United Kingdom  
NR4 7UA

**Sponsor type**  
Research council

**Website**  
<http://www.bbsrc.ac.uk/>

**ROR**  
<https://ror.org/00cwqg982>

## Funder(s)

**Funder type**  
Research council

**Funder Name**  
Biotechnology and Biological Sciences Research Council

**Alternative Name(s)**  
UKRI - Biotechnology And Biological Sciences Research Council, BBSRC UK, BBSRC

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration