# Investigating whether topical application of a non toxic molecule improves epidermal pH and barrier function in atopic dermatitis

Submission date	Recruitment status	Prospectively registered
21/10/2010	No longer recruiting	[] Protocol
Registration date	Overall study status	[] Statistical analysis plan
21/10/2010	Completed	[] Results
Last Edited	Condition category	Individual participant data
30/09/2016	Skin and Connective Tissue Diseases	[_] Record updated in last year

#### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

**Contact name** Dr Neil Gibbs

#### **Contact details**

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## Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

#### Scientific Title

Investigating whether topical application of a non toxic molecule improves epidermal pH and barrier function in atopic dermatitis

#### **Study objectives**

It is understood that the skin of people with atopic dermatitis (AD) does not act as an efficient barrier against chemicals and microbes that can enter the skin. One of the chemicals in the skin that may be important in barrier function is called Filaggrin. This study examines whether application of a naturally-occuring molecule onto the skin of people with AD may improve the barrier function of their skin.

#### Ethics approval required

Old ethics approval format

Ethics approval(s) MREC, ref: 08/H1009/51

**Study design** Single-centre randomised interventional trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

**Study setting(s)** GP practice

**Study type(s)** Treatment

#### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

#### Health condition(s) or problem(s) studied

Topic: Skin; Subtopic: Skin (all Subtopics); Disease: Dermatology

#### Interventions

1. Intervention: Gel containing a naturally-occuring chemical onto the skin of one their forearms every day for 6 weeks

2. Control: On the other forearm they will be asked to apply the same cream/gel that doesn't contain any of the naturally-occuring molecule

#### Intervention Type

Drug

**Phase** Not Applicable

**Drug/device/biological/vaccine name(s)** Filaggrin

**Primary outcome measure** Each week volunteers will be asked to complete a short questionnaire (POEM)

#### Secondary outcome measures

General skin condition using a well established scoring system for AD (SCORAD)
Skin barrier function transepidermal water loss (TEWL), measured at monthly intervals

Overall study start date 01/09/2008

Completion date 01/01/2011

## Eligibility

**Key inclusion criteria** Not provided at time of registration

**Participant type(s)** Patient

Age group Not Specified

**Sex** Not Specified

**Target number of participants** Planned sample size: 20

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 01/09/2008

Date of final enrolment 01/01/2011

## Locations

Countries of recruitment

England

United Kingdom

**Study participating centre The University of Manchester** Manchester United Kingdom M13 9PT

### Sponsor information

**Organisation** Biotechnology and Biological Science Research Council (BBSRC) (UK)

#### Sponsor details

Colney Lane Colney Norwich United Kingdom NR4 7UA

**Sponsor type** Research council

Website http://www.bbsrc.ac.uk/

ROR https://ror.org/00cwqg982

## Funder(s)

**Funder type** Research council

**Funder Name** Biotechnology and Biological Sciences Research Council

#### Alternative Name(s)

UKRI - Biotechnology And Biological Sciences Research Council, BBSRC UK, BBSRC

**Funding Body Type** Government organisation

Funding Body Subtype National government

**Location** United Kingdom

## **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration