# Quality of life in kidney transplant recipients with Hepatitis C Virus (HCV) infection

<b>Submission date</b> 01/08/2018	<b>Recruitment status</b> No longer recruiting	Prospectively registered
		☐ Protocol
Registration date	Overall study status	Statistical analysis plan
08/08/2018	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
11/03/2019	Infections and Infestations	

# Plain English summary of protocol

Background and study aims

There is an association between kidney disease and infection with hepatitis C virus (HCV) - sometimes, patients may develop kidney disease as a result of HCV infections; sometimes, they may develop HCV infection through their kidney disease.

Recently, there has been introduction of direct anti-HCV drugs that have radically changed the course of this infection in patients with kidney disease. HCV infection can cause physical and psychological issues for patients. The aim of this study is to determine whether these anti-HCV drugs can improve quality of life for patients with HCV infection after kidney transplantation through eradication of HCV.

#### Who can participate?

Adult kidney transplant recipients who are infected with HCV and are being treated in the Nephrology and Transplant Unit of the University Federico II of Naples, Italy

#### What does the study involve?

Participants will be asked to complete 2 questionnaires about quality of life before starting anti-HCV therapy, after its completion (12 weeks after beginning therapy) and 1 year after its completion.

What are the possible benefits and risks of participating?

The benefit to participants taking part in this study is that the anti-HCV treatment will treat the infection and therefore should improve quality of life. The possible risks of participating are the minimal side effects associated with the anti-HCV therapy used, including headaches and gastrointestinal symptoms.

Where is the study run from? University Federico II, Naples, Italy

When is the study starting and how long is it expected to run for? October 2015 to February 2018

Who is funding the study? This study is self-funded

Who is the main contact? Prof Massimo Sabbatini sabbatin@unina.it

# Contact information

# Type(s)

Public

## Contact name

Prof Massimo Sabbatini

#### **ORCID ID**

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** 290/15

# Study information

### Scientific Title

Eradication of HCV in Renal Transplant Recipients and its effects on Quality of Life

# Study objectives

To test the effects of HCV eradication on quality of life (QoL) in renal transplant recipients (RTR)

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

Ethical Committee of "Federico II" University, 26/02/2016, 290/15

# Study design

Observational longitudinal case series

# Primary study design

Observational

# Secondary study design

Longitudinal study

# Study setting(s)

Hospital

# Study type(s)

Quality of life

# Participant information sheet

No participant information sheet available

# Health condition(s) or problem(s) studied

Hepatitis C Virus in long term renal transplant recipients

#### **Interventions**

Participants will be asked to complete 2 different quality of life questionnaires (36-item Short Form Survey (SF36) and Chronic Liver Disease Questionnaire (CLDQ)) at the baseline, at the end of antiviral therapy (12 weeks) and 1 year after its completion. The anti-HCV therapy will be a sofosbuvir-based regimen.

#### Intervention Type

Other

# Primary outcome measure

Improvements in the different domains (physical and emotional) of quality of life after viral eradication, assessed at the end of HCV antirviral therapy (12 weeks) and 1 year after its completion using the following:

- 1. 36-item Short Form Survey (SF36)
- 2. Chronic Liver Disease Questionnaire (CLDQ)

# Secondary outcome measures

Kidney function, assessed by the stability of calculated glomerular filtration rate (eGFR), calculated using the CKD-EPI creatinine equation at the baseline, at the end of antiviral therapy (12 weeks) and 1 year after its completion.

# Overall study start date

01/10/2015

# Completion date

10/02/2018

# Eligibility

# Key inclusion criteria

- 1. Aged 18 years or older
- 2. Stable eGFR > 30 ml/min
- 3. Moderate liver stiffness (measured by elastography)
- 4. Replicating HCV infection

# Participant type(s)

**Patient** 

# Age group

Adult

# Lower age limit

18 Years

#### Sex

Both

# Target number of participants

All the renal transplant patients of our Unit affected by C Virus Hepatitis

#### Total final enrolment

16

# Key exclusion criteria

- 1. Decompensated liver cirrhosis
- 2. Chronic hepatitis B
- 3. Human immunodeficiency virus infection
- 4. Presence of specific intercurrent clinical problems

#### Date of first enrolment

01/06/2016

#### Date of final enrolment

31/12/2017

# Locations

#### Countries of recruitment

Italy

# Study participating centre University Federico II

Via S. Pansini 5, Naples Italy 80131

# Sponsor information

# Organisation

Comitato Etico "Carlo Romano", Università Federico II di Napoli

# Sponsor details

Via S. Pansini 5 Naples Italy 80131

# Sponsor type

University/education

#### **ROR**

https://ror.org/05290cv24

# Funder(s)

# Funder type

Not defined

#### Funder Name

Investigator initiated and funded

# **Results and Publications**

# Publication and dissemination plan

We plan to publish in a monothematic issue of BioMed Research International entitled Renal Transplantation: What Has Changed In Recent Years?

# Intention to publish date

01/09/2018

# Individual participant data (IPD) sharing plan

The datasets generated and analyses during the current study are available upon reasonable request from Prof. Massimo Sabbatini (sabbatin@unina.it) for the next 12 months, for evaluation of both raw data and of statistical analysis, to discuss together. Patients gave their informed consent to anonymous divulgation of their data.

# IPD sharing plan summary

Available on request

Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Results articleresults30/08/201811/03/2019YesNo