

# Desensitisation: does it reduce scar sensitivity following carpal tunnel release?

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 28/04/2015	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0264120265

# Study information

## Scientific Title

Desensitisation: does it reduce scar sensitivity following carpal tunnel release?

## Study objectives

To investigate whether a short, therapy-led desensitisation programme reduces scar sensitivity following carpal tunnel release.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Nervous System Diseases: Carpal tunnel syndrome (CTS)

## Interventions

1. Evaluation plus standard care
2. Evaluation, standard care plus a desensitisation programme and advice sheet

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Not provided at time of registration

## Secondary outcome measures

Not provided at time of registration

**Overall study start date**

01/10/2002

**Completion date**

01/09/2003

## Eligibility

**Key inclusion criteria**

24 patients aged 18 to 85 with a history of uncomplicated, idiopathic carpal tunnel syndrome will be included in this study.

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

24

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/10/2002

**Date of final enrolment**

01/09/2003

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Bristol Royal Infirmary**  
Bristol  
United Kingdom  
BS2 8HW

## **Sponsor information**

### **Organisation**

Department of Health (UK)

### **Sponsor details**

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

United Bristol Healthcare NHS Trust (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration